



GLOBAL
EDUCATION
OFFICE

Welcome International Students





**What if I told you,
you are not alone!!**

International Students at UNM

Admitted Students (80 expected)

- 103 Grads
- 66 Undergrads
- 17 Exchange/Guest
- 25 Intensive English

51 Majors
48 Countries

Current Students

Approximately 1100

- 96 Countries
- Top 5 Countries Represented: India, China, Nepal, Bangladesh and Mexico

**Start Your Support
Network Now!**

ICEBREAKER!!

Find a person you don't know, who is not from your country:

Introduce yourself and tell them one goal you have for your UNM experience!

Find another person you don't know, who is not from your country:

Tell them one thing you really like about NM so far!

SHARE YOUR USER NAME WITH TWO PEOPLE



Today's Main Messages

- **Make new friends and start your support network now!**
- **Learn to be a self-advocate**
- **Take advantage of all of the great resources at UNM!!!**

SLIDES ARE HERE:

Practical Information



After today find these slides at iss.unm.edu
Under: **Coming to UNM**

PRE-ARRIVAL ORIENTATION REVIEW

How many of you:

- **Attended Zoom Meeting?**
- **Read info on teams?**
- **Viewed videos (you can get some prizes today)**



Hopefully you had many of your arrival questions answered – let's see...

Mentimeter Challenge

- Friendly competition to get you engaged (with Prizes!!)
- Everyone get out your phone or device and go to this website to participate: www.menti.com
- **Make sure to NOT CLOSE** the website
- **Test question**



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Mentimeter Challenge

1st round



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General Office Hours

Monday – Friday: 8:00 am – 5:00 pm

Front office OPEN to public 10:00 – 4:00

Phone: 505-277-4032

General E-mail: geo@unm.edu

Emergencies: 505-277-4GEO

International Advisors

Melissa Aragon



Phillip Gill



Fiore Bran Aragon



Linda Melville



Daniel Dickinson



Email: iadvisor@unm.edu

Web: iss.unm.edu

Drop-in hours to talk to advisors:

Monday – Friday 1:00 – 3:00

Or make an Appointment under

Contact ISSS

ISSS IS HERE TO HELP YOU:

- Maintain your legal non-immigrant status
- Identify campus resources
- Adjust to life in the U.S.

Current student Info

Important Links:



Social Media:

Facebook: ***UNMGlobal Community***

Instagram: ***UNMGlobal***

Information Packets

- **E-packet:** Sent via email or at ***iss.unm.edu*** under *Coming to UNM/Arrival Resources*; Info about work, driver's license and more!!!
- **Red Packet:** Check-in requirements, Arrival Checklist, getting involved info



Your TO DO List

COMPLETE TASKS ON YOUR ARRIVAL CHECKLIST!

Arrival Checklist

More Information in the E-Packet and also on our [Website](#)

Required Tasks:

Complete Check-in Requirements

- After you arrive, check-in, attend orientation and provide all check-in information, GEO will lift the GEO orientation *HOLD* and confirm your arrival with the US government in SEVIS (REQUIRED FOR YOUR STAY TO BE LEGAL!)
- To complete check-in, you will get a message to your permanent (non-UNM) email instructing you to set up your **myGEO** portal account. The **mygeo** portal is not linked to your *my.unm.edu* account, so save this password!
 - The **Personal Information** section should always have your correct US address, US telephone number, and emergency contact information. Update at mygeo.unm.edu and also with UNM at my.unm.edu every time your information changes.
 - The **Upload Documents** section should always have your most recent immigration documents (list below).
- You must provide proof of health insurance for the whole semester to complete check-in** (please do not upload temporary health insurance in the **mygeo** portal – degree-seeking students have 2 weeks to decide on a long-term plan and we will have health insurance sign up help during check-ins). Health insurance is REQUIRED (more info is in the e-packet or our [website](#)). Regardless of your insurance plan, you should go to the [Student Health Center](#) for all primary health care!

Social Security Number

Apply only **when you have a job** and
AFTER YOU COMPLETE GEO CHECK-IN!!!

BRING THESE WHEN YOU GO:

- Passport
- I-94 showing F or J status (print at www.cbp.gov/I-94)
- I-20 form for F1 Students/DS-2019 form for J1
- “UNM Employment Verification Form” signed by your employer and by GEO verifying your permission to work



GET CONNECTED

STAY UP TO
DATE



UNMGlobal



MSTeam International
Student & Scholar Services



UNMGlobal
#InternationalLobo



ISSS.UNM.EDU
Calendar of events

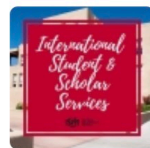


LOBO FRIEND PROGRAM

Lobo Friend is a peer mentorship program offered by UNM GEO to foster communication, friendship, and community between current domestic and international students and incoming international students.



SOCIAL ACTIVITIES



International Student &
Scholar Services

Join ISSS MS Team!

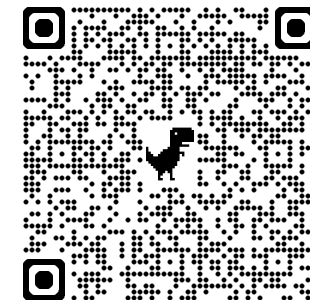
A support network is critical

Events and Workshops: Join Social Media/ GEO [Calendar](#)

Meet others: Sign up for a Lobo Friend Mentor

Volunteer: Join the International Service Corps

Trips: Explore NM and the southwest! GAGEO Getaway Adventures



Calendar Highlights

SPRING ORIENTATION EVENTS (IN RED PACKET)

Friday, 1/17

Campus and Library Tour: 12:00 – 1:30 Meet at GEO

Friday, 1/24

Lobo Friend Meet-Up, 4:00 – 6:00, Hokona Hall Cellar

International Welcome Party 6:00 – 9:00, Hokona Hall Cellar

Wednesday, 1/29

First Weekly Louie's Lounge Social Hour

Every Wednesday 4:00-6:00 for first half of semester



Submit All Check-in Info

- Complete Your Check-in Info in *myGEO* Student portal :



Already a user? Sign in with your E-mail address

Sign In

[Reset your password](#)

All missing info (address, **long-term** Health insurance, I-94, Passport, Visa, I-20/DS-2019)

FINISH BEFORE 1/24/2025!



ISSS when you haven't uploaded your required documents to mygeo portal

#BarbieTheMovie



ISSS after you've uploaded your required documents to mygeo portal



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Today's Agenda

08:30 am

Orientation Registration

- Rules and Regulations (Immigration and Other Rules)
- Can I Work in the USA?
- Health Issues
- Life Outside of Class

Lunch and Academic Issues

THEN : Check-In if you didn't do it and Health insurance

UNM GRADUATE ORIENTATION "JUMP START" IS AT 3 ON ZOOM

Thanks for Listening!





Rules and Regulations

you must know for your stay in the US!

TOPICS

- Immigration
- Travel
- Other Rules & Laws

WARNING!!!! YOU ARE RESPONSIBLE FOR KNOWING THESE RULES!!

- Consequences for violations include deportation and inability to return to the US!
- Rules are complicated, illogical, and agencies don't communicate!
- GEO MUST report in SEVIS (US Government System): enrollment, current address, current major and level, drops below full-time so keep us updated!
- Ask ISSS Advisors if you don't remember or understand
- RULES CHANGE, SO PAY ATTENTION TO EMAIL ALERTS!
- *Friends* aren't immigration advisors!!!

ATTENTION! Prizes are coming up!!!



Mentimeter Challenge

2nd round

**What do you know about
immigration rules?**



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Document Basics

(Handout In Packet)

- Always save copies of all immigration documents and tax forms for as long as you plan to remain in the US!
- Keep your documents in a safe place
- Carry immigration documents with you if you travel inside as well as outside of the US
- Key Documents (check yours):
 - Passport
 - I-20 for F1 Students or DS-2019 for J1 students
 - I-94 arrival/departure record
 - Visa



Passport Rules

- Must be valid for 6 months into the future when entering the US
- Must be valid to work
- Renew with your embassy/consulate in the US or at home
- Update *myGEO portal* when you get a new one!

I-20 or DS-2019

- Paper sent to you by the school (J1 students May have this from an organization and not the school)
- Use it to apply for a visa (F or J)
- Must be valid and correct (update if there are changes)
- End date is just an estimate; permission to stay ends when you complete program requirements!
- **MUST** renew it **BEFORE** the end date if you aren't finished!

I-20

Department of Homeland Security
U.S. Immigration and Customs Enforcement

I-20, Certificate of Eligibility for Nonimmigrant Student Status
OMB NO. 1653-0038

SEVIS ID: N0012857555

SURNAME/PRIMARY NAME [REDACTED]	SEVIS ID#	GIVEN NAME [REDACTED]	CLASS F-1 ACADEMIC AND LANGUAGE
PREFERRED NAME [REDACTED]	Student Info	PASSPORT NAME	
COUNTRY OF BIRTH [REDACTED]		COUNTRY OF CITIZENSHIP [REDACTED]	
DATE OF BIRTH [REDACTED]		ADMISSION NUMBER	
FORM ISSUE REASON INITIAL ATTENDANCE - Updated Form I-20 or Name Conversion		LEGACY NAME [REDACTED]	

SCHOOL INFORMATION

SCHOOL NAME University of New Mexico University of New Mexico	Reason for this printing	SCHOOL ADDRESS Global Education Office, MSC06 3850, Albuquerque, NM 87131
SCHOOL OFFICIAL TO CONTACT UPON ARRIVAL Linda Melville Senior Operations Manager	School Info	SCHOOL CODE AND APPROVAL DATE ELP214F00205000 22 JANUARY 2003

I-20

Program Info

PROGRAM OF STUDY

EDUCATION LEVEL

MASTER'S

MAJOR 1

Electrical and Electronics
Engineering 14.1001

MAJOR 2

None 00.0000

PROGRAM ENGLISH PROFICIENCY

Required

ENGLISH PROFICIENCY NOTES

Student is proficient

EARLIEST ADMISSION DATE

09 JULY 2019

START OF CLASSES

19 AUGUST 2019

PROGRAM START/END DATE

08 AUGUST 2019 - 14 MAY 2022

Just an estimate. Don't let it expire!

FINANCIALS

ESTIMATED AVERAGE COSTS FOR: 12 MONTHS

Tuition and Fees	\$ 20,065
Living Expenses	\$ 16,447
Expenses of Dependents (0)	\$
Other	\$

STUDENT'S FUNDING FOR: 12 MONTHS

Personal Funds	\$ 0
Assistantship	\$ 32,584
Family Funds	\$ 3,928
On-Campus Employment	\$

TOTAL \$ 36,512

TOTAL \$ 36,512

I-20

REMARKS

7b. Includes mandatory student health insurance

SCHOOL ATTESTATION

I certify under penalty of perjury that all information provided above was entered before I signed this form and is true and correct. I executed this form in the United States after review and evaluation in the United States by me or other officials of the school of the student's application, transcripts, or other records of courses taken and proof of financial responsibility, which were received at the school prior to the execution of this form. The school has determined that the above named student's qualifications meet all standards for admission to the school and the student will be required to pursue a full program of study as defined by 8 CFR 214.2(f)(6). I am a designated school official of the above named school and am authorized to issue this form.

_____ DATE ISSUED _____ PLACE ISSUED _____
SIGNATURE OF: Linda Melville, Senior Operations Manager 25 July 2015 Albuquerque, NM

School official

STUDENT ATTESTATION

I have read and agreed to comply with the terms and conditions of my admission and those of any extension of stay. I certify that all information provided on this form refers specifically to me and is true and correct to the best of my knowledge. I certify that I seek to enter or remain in the United States temporarily, and solely for the purpose of pursuing a full program of study at the school named above. I also authorize the named school to release any information from my records needed by DHS pursuant to 8 CFR 214.3(g) to determine my nonimmigrant status. ~~Parent or guardian~~ and student, must sign if student is under 18.

SIGNATURE OF: _____ DATE _____
X
NAME OF PARENT OR GUARDIAN SIGNATURE ADDRESS (city/state or province/country) DATE

Student
Signature

I-20 (p. 2)

Department of Homeland Security
U.S. Immigration and Customs Enforcement

I-20, Certificate of Eligibility for Nonimmigrant Student Status
OMB NO. 1653-0038

SEVIS ID: N0012857555 (F-1)

NAME:

EMPLOYMENT AUTHORIZATION

EMPLOYMENT STATUS

TYPE

EMPLOYMENT START DATE

EMPLOYMENT END DATE

EMPLOYER NAME

EMPLOYER LOCATION

COMMENTS

Any off-campus work must be authorized here or it is not legal

I-20 (p. 2)

CHANGE OF STATUS/CAP-GAP EXTENSION

REQUESTED VISA TYPE	REQUEST/PETITION STATUS	RECEIPT NUMBER	BENEFIT START DATE/REQUEST DATE
----------------------------	--------------------------------	-----------------------	--

EVENT HISTORY

EVENT NAME	EVENT DATE
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OTHER AUTHORIZATIONS

AUTHORIZATION	START DATE	END DATE
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Other updates are listed here

I-20 (p. 2)

TRAVEL ENDORSEMENT

This page when properly endorsed, may be used for reentry of the student to attend the same school after a temporary absence from the United States. Each certification signature is valid for one year.

SCHOOL OFFICIAL	TITLE	SIGNATURE	DATE ISSUED	PLACE ISSUED
_____	_____	X	_____	_____
_____	_____	X	_____	_____
_____	_____	X	_____	_____
_____	_____	X	_____	_____

**Need signature less than 6 months old
from ISSS advisor to reenter the US
Get this at least 1 week before you travel!**

DS-2019

Student info



U.S. Department of State

CERTIFICATE OF ELIGIBILITY FOR EXCHANGE VISITOR STATUS (J-NONIMMIGRANT)

OMB APPROVAL NO.1405-0119

09/30/2017

ESTIMATED BURDEN TIME: 45 min

*See Page 2 **SEVIS #**

1. Surname/Primary Name: _____	Given Name: _____	Gender: MALE	N0011146616 J-1	
Date of Birth (mm-dd-yyyy): _____	City of Birth: _____	Country of Birth: PAKISTAN		
		Citizenship Country Code: PK		
		Citizenship Country: PAKISTAN		
Legal Permanent Residence Country Code: PK	Legal Permanent Residence Country: PAKISTAN	Position Code: 213		
		Position: UNIVERSITY TEACHING STAFF INCLUDING R		
Primary Site of Activity: University of New Mexico 1 University of New Mexico MSC06 3850 Albuquerque, NM 87131-0001				
2. Program Sponsor: University of New Mexico				
Program Number: P-1-01853				
Participating Program Official Description: PROFESSOR; RESEARCH SCHOLAR; SHORT-TERM SCHOLAR; SPECIALIST; STUDENT ASSOCIATE; STUDENT BACHELORS; STUDENT DOCTORATE; STUDENT INTERN; STUDENT MASTERS; STUDENT NON-DEGREE				
Reason for printing				
Purpose of this form: Updated Form DS-2019 or Name Conversion				

DS-2019

Reason

Purpose of this form: Updated Form DS-2019 or Name Conversion

3. Form Covers Period:

From (mm-dd-yyyy): 08-06-2014

To (mm-dd-yyyy): 05-09-2020

Start and End Dates

4. Exchange Visitor Category:

STUDENT DOCTORATE

Program Info

Subject/Field Code:
23.1304

Subject/Field Code Remarks:

Student has been admitted to the PhD in
Communication program

5. During the period covered by this form, the total estimated financial support (in U.S. \$) is to be provided to the exchange visitor by:

The Exchange Visitor's Government : \$178,482.00
University of New Mexico- Amigo Scholarship : \$119,694.00
Personal funds : \$35,766.00
Total : \$333,942.00

Funding Info

DS-2019

6. U.S. DEPARTMENT OF STATE / DHS USE OR CERTIFICATION BY RESPONSIBLE OFFICER OR ALTERNATE RESPONSIBLE OFFICER THAT A NOTIFICATION COPY OF THIS FORM HAS BEEN PROVIDED TO THE U.S. DEPARTMENT OF STATE (INCLUDE DATE).

7. Linda Melville

Name of Official Preparing Form
Global Education Office, MSC06 3850
1 University of New Mexico
Albuquerque, NM 87131

Signature of Responsible Officer or Alternate Responsible Officer

Responsible Officer

Title

505-277-4032

Telephone Number

07-21-2015

Date (mm-dd-yyyy)

8. Statement of Responsible Officer for Releasing Sponsor (FOR TRANSFER OF PROGRAM)

Effective date (mm-dd-yyyy): _____ . Transfer of this exchange visitor from program number _____ sponsored by _____ to the program specified in item 2 is necessary or highly desirable and is in conformity with the objectives of the Mutual Educational and Cultural Exchange Act of 1961, as amended.

Signature of Responsible Officer or Alternate Responsible Officer

Date (mm-dd-yyyy) of Signature

School Official

DS-2019

PRELIMINARY ENDORSEMENT OF CONSULAR OR IMMIGRATION OFFICER REGARDING SECTION 212(e) OF THE IMMIGRATION AND NATIONALITY ACT AND PL 94-484, AS AMENDED (see item 1(a) of page 2).	TRAVEL VALIDATION BY RESPONSIBLE OFFICER <i>(Maximum validation period is 1 year*)</i>
<p>The Exchange Visitor in the above program:</p> <p>1. <input type="checkbox"/> Not subject to the two-year residence requirement.</p> <p>2. <input checked="" type="checkbox"/> Subject to two-year residence requirement based on:</p> <p>A. <input checked="" type="checkbox"/> Government financing and/or</p> <p>B. <input type="checkbox"/> The Exchange Visitor Skills List and/or</p> <p>C. <input type="checkbox"/> PL 94-484 as amended</p> <p style="text-align: center;"><i>(ALL USAID PARTICIPANTS G-2-00263 AND ALL ALIEN PHYSICIANS SPONSORED BY P-3-04510 ARE SUBJECT TO THE TWO-YEAR HOME RESIDENCE REQUIREMENT)</i></p>	<p>*EXCEPT: Maximum validation period is up to 6 months for Short-term Scholars and 4 months for Camp Counselors and Summer Work/Travel.</p> <p>(1) Exchange Visitor is in good standing at the present time</p> <p>_____</p> <p style="text-align: center;">Date (mm-dd-yyyy)</p> <p>_____</p> <p style="text-align: center;">Signature of Responsible Officer or Alternate Responsible Officer</p> <p>(2) Exchange Visitor is in good standing at the present time</p> <p>_____</p> <p style="text-align: center;">Date (mm-dd-yyyy)</p> <p>_____</p> <p style="text-align: center;">Signature of Responsible Officer or Alternate Responsible Officer</p>
<p>_____ Name</p> <p>_____ Title</p> <p>_____ Signature of Consular or Immigration Officer</p> <p>_____ Date (mm-dd-yyyy)</p> <p style="text-align: center;">THE U. S. DEPARTMENT OF STATE RESERVES THE RIGHT TO MAKE FINAL DETERMINATION REGARDING 212 (e).</p>	<p>_____ Date (mm-dd-yyyy)</p> <p>_____ Signature of Responsible Officer or Alternate Responsible Officer</p>
<p>EXCHANGE VISITOR CERTIFICATION: I have read and agree with the statement in item 2 on page 2 of this document.</p>	
<p>_____ Signature of Applicant</p>	<p>_____ Place</p> <p>_____ Date (mm-dd-yyyy)</p>

Home residency requirement

Signature from ISSS advisor or Org Advisor less than 6 months old to return

I-94

(Print at cbp.gov/I94)

- Also called an arrival/departure record
- Records your entry to the US
- DOWNLOAD a new one each time you reenter and save for your records (upload to **myGEO portal** for back-up)
- Shows your current legal non-immigrant status (required for proof of status so carry when out of ABQ)
- Shows the end date of your status
- Students should have D/S = “Duration of Status” – means no SPECIFIC end date



Most Recent I-94

Admission (I-94) Record Number: 68625822030

Most Recent Date of Entry: 2015 July 24

Class of Admission: F1

Admit Until Date: D/S

Details provided on the I-94 Information form:

Last/Surname:

First (Given) Name:

Birth Date:

Passport Number:

Country of Issuance: India

[Get Travel History](#)

► Effective April 28, 2013, DHS began automating the admission process. An alien lawfully admitted or paroled into the U.S. is no longer required to be in possession of a preprinted Form I-94. A record of admission printed from the CBP website constitutes a lawful record of admission. See 8 CFR § 1.4(d).

► If an employer, local, state or federal agency requests admission information, present your admission (I-94) number along with any additional required documents requested by that employer or agency.

► Note: For security reasons, we recommend that you close your browser after you have finished retrieving your I-94 number.

[For inquiries or questions regarding your I-94, please click here.](#)

[Accessibility](#) | [Privacy Policy](#)

I-94

US Visa

- Sticker with picture issued by US consulate
- Gives permission to ENTER the US in a specific immigration status (allowed to expire while you are here)
- Permission to ENTER the US with that visa between the date of issue and expiration (some exceptions for travel to Canada or Mexico)
- You do NOT need to leave if your visa expires, but the next time you DO leave the US, you need to get a new one to be able to RETURN!
- Update **myGEO portal** when you get a new one



To maintain student status, ALWAYS...

1. Attend the college/university on the I-20/DS-2019
2. Provide a correct residential address to GEO within 10 days of making a change
3. Maintain full-time enrollment
4. Have a correct & unexpired I-20 or DS-2019
5. Maintain a valid passport
6. Speak with GEO before transferring schools
7. Observe the grace period after completing your program
 - ▣ 60-day grace for F students
 - ▣ 30-day grace for J students

To maintain student status, **NEVER...**

8. WORK OFF CAMPUS without prior authorization on your I-20 or DS-2019
9. WORK in “ON CAMPUS EMPLOYMENT” for more than 20 hours per week while school during the semester (Fall and Spring) or after you finish your program
10. Take a leave of absence, withdraw from classes, or drop below full-time until you speak with a GEO advisor (no matter what ANYONE tells you!)

Let us know if you leave UNM!

Full-Time Study

Online Restrictions

Online Course Restrictions:

- **ONLY 3 credit hours of your minimum full-time credit requirement can be in “Online” courses (hybrid classes are NOT online”)**
- **You can take more, but only 3 credits can be counted toward the full-time minimum**

Undergraduate Students Full-Time Study

- Undergraduate students must COMPLETE each semester with 12 credit hours
(≥ 9 must be face-to-face or hybrid)
- Scholarship students must take 15 credit hours
(≥ 9 must be face-to-face or hybrid)
- There are grade restrictions that affect this “full-time minimum” number for immigration rules

Exchange Students Full-Time Study

- Exchange must COMPLETE each exchange semester with 12 credit hours
(≥ 9 must be face-to-face or hybrid)
- If you came here to only take grad classes, consult an advisor (you need to be confirmed as grad)
- There are grade restrictions that affect this “full-time minimum” number for immigration rules

Graduate Students Full-Time Study

- Graduate students **without assistantships** must COMPLETE each semester with 9 credit hours
(≥ 6 must be face-to-face or hybrid)
- Graduate Students **with assistantships** only need 6 credit hours
(≥ 3 must be face-to-face or hybrid)
- There are also grade restrictions that affect this “**full-time minimum**” number

Full-Time Study Grades that count

Courses that DO count toward full time for immigration:

- standard grade: A, B, C, D, F
- credit/no credit: C/NC
- Incomplete: I

Courses that Do NOT count toward full-time for immigration:

- “Audit” grade option
- “W” grade (W=withdraw/dropped course)

Full-Time Study Summer Vacation

- You **MUST** enroll full-time in fall and spring
- You do not need to enroll in Summer unless you begin or end studies in summer
- Tuition for summer classes is at the resident rate (unless flat rate program)

Exceptions to Full-Time

VERY FEW EXCEPTIONS EXIST !

All must be authorized IN ADVANCE by the international advisor!!!

EXCEPTION TYPES:

1. Academic (Uncommon and Common Types)
2. Medical



Exceptions to Full-Time

Academic:

Uncommon exceptions:

- Initial difficulties with English language, reading requirements or American teaching methods
- Improper course level placement

Common exceptions: (still MUST be authorized)

- Graduates completing coursework, thesis or dissertation
- Undergraduates in final semester of coursework



Exceptions to Full-Time

Medical:

- Medical excuse authorized by Medical Doctor or licensed psychologist
- Needs to recommend that you drop classes due to illness or medical condition



“Grace Period”

Only for students who **complete** the program:

F students have 60 days/J students have 30 days to...

- Leave the U.S. or
- Get a new I-20 or DS-2019 from a new institution/program or
- Apply for post-completion student work permission or
- Change to another immigration status

Students who terminate their program before completing
do NOT have a grace period!!!!

Work Following Study

- Students can apply to work after study; apply at beginning of final semester to get the work permission on time
 - F1: No job needed to apply
 - J1: Job required before the DS-2019 expires!
- After completing program requirements, you are not eligible to work on campus unless you have received post-completion work authorization



Commercial Break

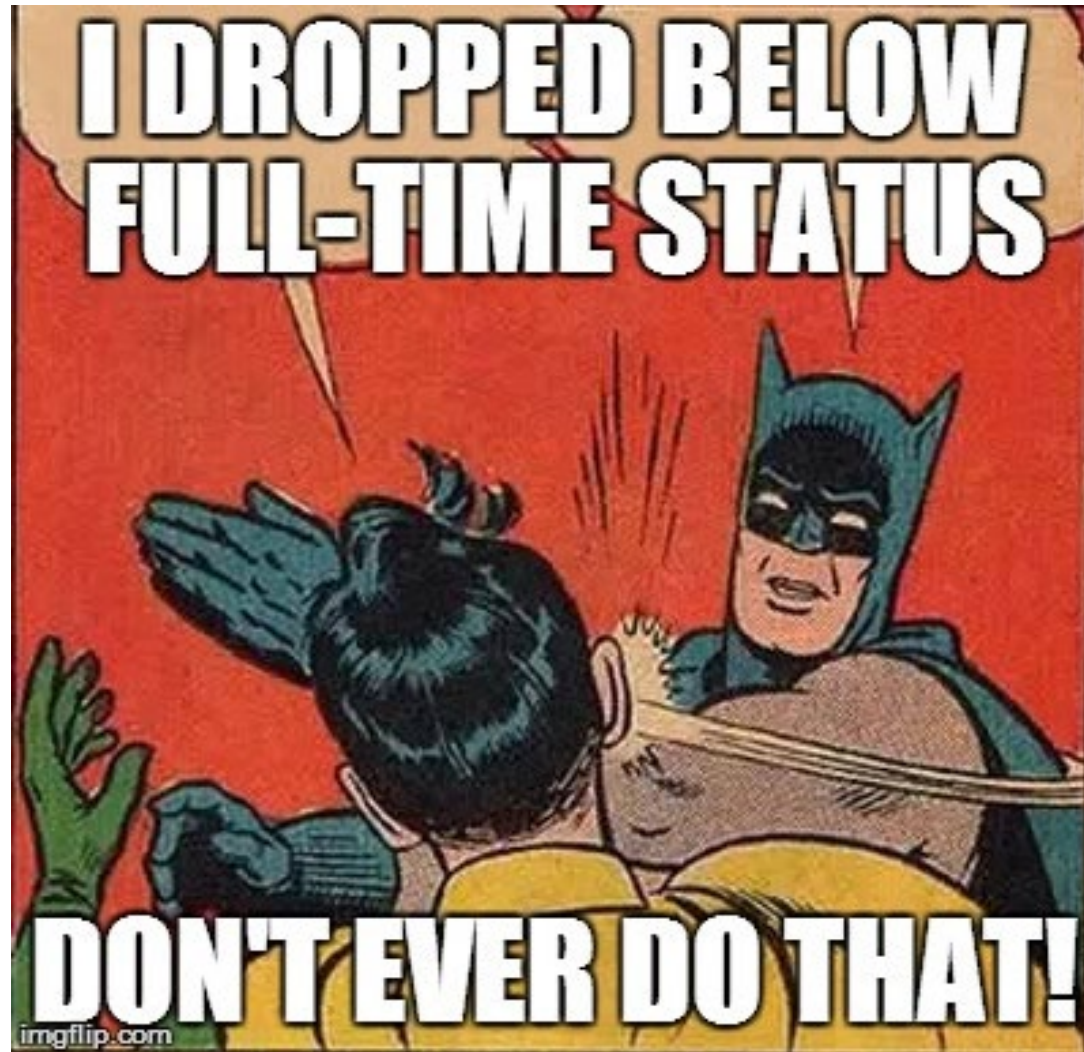
In a college far, far away, two international students are leaving class...

Professor's Office

Global Education Office

Later that day

MESSAGE?



Travel Requirements

For Travel in the US (out of ABQ)

- **Passport**
- **I-94**
- **I-20/DS-2019**
- **In ABQ e-copies should be good enough; I-94 is the actual legal requirement**



Travel Requirements

For travel out of the US and return:

- Passport (unexpired)
- US visa (unexpired); (Travel to Canada & Mexico – ask an advisor)
- ISSS advisor's signature ≤6 months old
(on pg. 2 of I-20 or pg.1 of DS-2019)
- Current financial proof
- Copy of transcript



Travel Requirements

- **Get ISSS signature 1 week before travel**
- **If you leave the U.S. AFTER you complete your program you CANNOT re-enter on your student VISA!!!!**



If you need to apply for a visa to return to the US to continue study consult an ISSS Advisor before you go

Travel Requirements

ATTENTION EXCHANGE STUDENTS!

- You have 30 days to travel around the US from the end date on your DS-2019 (grace period)
- If you leave the US during this time OR to travel for longer, you will have to take some action! – DO NOT OVERSTAY!!!

Travel Requirements

ATTENTION EXCHANGE STUDENTS!

- To travel around the US for LONGER than 30 days, do one of these things:
 - Leave the country and re-enter on a tourist visa or by registering in ESTA if you don't need a visa OR
 - Apply for a change of status by paying a \$455 fee and mailing an application to USCIS

DO NOT STAY AFTER 30 DAYS!!! WITHOUT TAKING SOME ACTION!!!

Travel Requirements

ATTENTION EXCHANGE STUDENTS!

- If you travel out of the US after you complete the exchange and you will reenter the US before you go home, you MUST reenter as a **visitor/tourist**:
 - If you come from a “visa waiver” country you will need to register in the ESTA system before you travel (<https://esta.cbp.dhs.gov/esta/>)
 - If you don't, you will have to have a tourist visa in your passport to reenter.



Tax Issues

- Tax year: January 1st to December 31st
- Taxes due April 15 for previous year
- ALL **international** students and their dependents must complete US tax forms for each year they are in the US even if NO US income!
- Tax system is complex so you will need to devote time to reading and filling out forms
- Tax information session for international students and tax help in March

Other Rules and Laws

You need to know



Mentimeter Questions

3rd round

What do you know about
rules in the US?

Campus & Cultural Rules

- No alcohol on campus (except Faculty House and Draft & Table)
- Smoking is allowed in designated areas only and NEVER inside
- Americans are sensitive to smell - wash your clothes and body often and wear deodorant to avoid judgement from others and embarrassing situations!



UNM Campus Police:

police.unm.edu

University of New Mexico Police Department

- Contact Info:
On your Lobo Card
505-277-2241
- Safety Escort Service: Walk you from one on-campus location to another
- Bike registry on website: May help if your bike is stolen.



What to do for Emergencies

- Campus Emergencies: Call **505-277-2241** # is on your Lobo card or use blue emergency phones located throughout campus
- Emergencies anywhere in US: Call **911**
- If immigration emergency after hours: Call GEO at **505-277-4GEO** (e.g. stuck at a border, consulate, etc.)



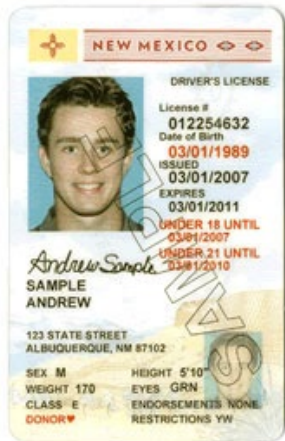
Bicycle Safety

- ALWAYS wear a helmet
- Use lights at night!
- Be careful. Some areas are not bike friendly
- Buy U locks for your bike; bike theft is common on campus– available at UNM Bicycle Shop, East Entrance to Johnson Center
- Find bike map at www.cabq.gov



Car Regulations and Safety

NEW MEXICO DRIVER'S LICENSE:



- Get a NM driver's license if you will drive regularly and will live here for more than 6 months
- If you will not drive regularly, an international license should work, but insurance is more expensive
- Driver's license or state ID is a good idea for everyone as a form of legal identification (info in e-packet and on ISSS website)
- Read the handout in the e-packet or on our website before you go!

Car Regulations and Safety

- You **MUST** have car insurance when driving
- Pay **TICKETS!** (Parking, Speeding, etc.)
- Do not make any “special request” if the police officer gives you a ticket!
- **If you are stopped by the police:** Do not get out of the car. Place your hands on the wheel where the officer can see them. Get out license, registration and insurance when asked





Car Regulations And Safety



NEVER drink and drive!
USE ALTERNATIVE TRANSPORTATION



- A** Albuquerque
- R** Rapid
- T** Transit



Consumer Related Issues

- Internet scams: Don't send anyone money you don't know!
- No government office or bank will call you on the phone and ask you to provide your SSN or payment.
- Buy insurance for any large money transactions or use services like Paypal that will refund.



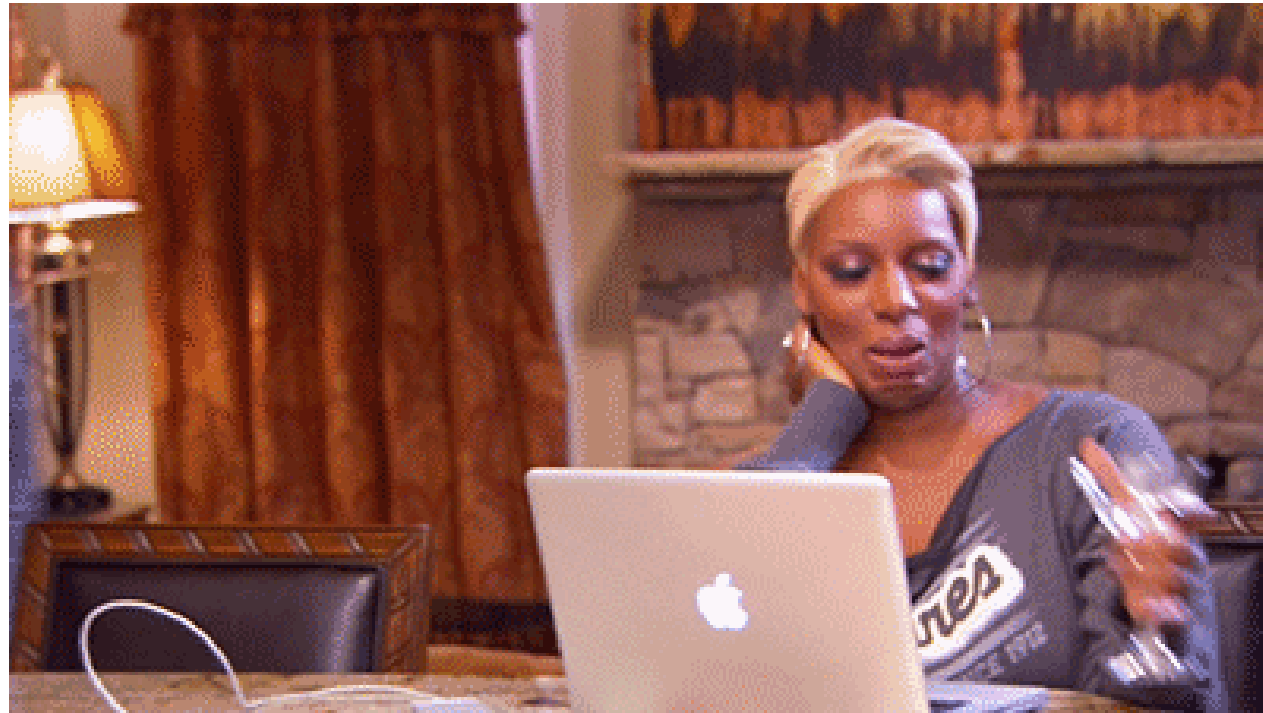
Housing Regulations

- Renters Rights:

<https://www.cabq.gov/office-of-consumer-protection/renters-rights>



**What??? You mean....
NO drinking under 21????**



Drinking Laws

- MUST be 21 to drink in the US
- Government ID is required to order alcohol or enter a bar!
- IT IS A FELONY (SERIOUS CRIME) TO GIVE ALCOHOL TO ANYONE UNDER 21!!!
- ABQ Police “Party Patrol” often raids parties in the area near campus; if you are hosting a party with alcohol, make sure guests are over 21!!!

Sex, Drugs, and Guns



- Illegal drugs are **ILLEGAL!!!**
- Even if drugs are legal by state law, it is a violation of your immigration status!
- It is illegal to own a firearm (gun) while in the US on a visa!
- Sexual misconduct is serious in the US. Consent is the most important thing and is not possible if you are not SOBER! You must understand US rules to avoid trouble!

<https://www.internationalstudentinsurance.com/explained/sexual-assault-awareness-video.php>

Sexual Misconduct

- All degree students go through sexual assault prevention training
- Confidential reporting sites exist on campus to support victims
- Be an advocate!
- Important to understand rules and laws since they may be different from home!

<https://www.internationalstudentinsurance.com/explained/sexual-assault-awareness-video.php>

Legal and Criminal Issues

- Important to know the laws that are problematic
- Avoid getting into trouble in the first place!
- Violations impact you financially and may affect your immigration status
- If you are charged with a crime or arrested, seek legal assistance and talk to a GEO advisor to understand the issues

If You are Stopped by the Police, Immigration or FBI*

- **Stay calm and be polite.** Don't run or resist. Keep your hands where the police can see them.
- **Right of refusal to search.** You have the right to refuse unless there is a warrant.
- **Ask if you are free to leave.** If the officer says yes, calmly walk away. If you are under arrest, you have a right to: remain silent, have an attorney and contact your consulate
- **Do not lie or give false statements and do not sign anything without talking to a lawyer.**

BREAK



Can I Work in the USA?

International Student Work Requirements

Photo by: Susann Kõomägi

Work Eligibility Requirements

- Meet eligibility criteria for specific type of work permission
- Maintain legal full-time student status
 - **Maintain G.P.A. of 3.0 for Grad, 2.5 for Undergrad**
 - **Must consult a GEO advisor well in ADVANCE for any off-campus work**

Work Types for F-1 and J-1

F-1 Students

“ON CAMPUS”

(For UNM only)

OTHER

OR “OFF CAMPUS”

- 1. Curricular Practical Training (“CPT”)**
- 2. Optional Practical Training (“OPT”)**
- 3. Severe Economic Hardship**

J-1 Students

“ON CAMPUS”

(For UNM only)

OTHER

OR “OFF CAMPUS”

- 1. Academic Training (“AT”)**

On-Campus Work

How Many Hours Can I work?

- 20 hours per week:
During the Semester (MUST be taking classes)
(US students can work 30 hours, so don't get confused!)
- More than 20 is allowed during semester breaks
(summer/winter break) IF you plan to continue your studies at UNM
(# of hours depends on type of work and enrollment)

Types of On-campus Work

Assistantships: (TA, RA, GA, PA)

Only international students in **graduate degree programs**
ARE ELIGIBLE

Student Employment Jobs:

All International students **ARE ELIGIBLE**

US STUDENTS ONLY  **Work Study Jobs:** International students are **NOT ELIGIBLE** – Listed in job description

Graduate Assistantships

Assistantships:

Need to communicate how your skills benefit the department, not financial need.

Search in Your Department

Search on OAP website: <https://oap.unm.edu/graduate-student-assistantships/assistantship-opportunities2/assistantship-opportunities.html>

On-Campus Employment Paperwork Process

Students with on-campus jobs need to complete work procedures

F-1 students do not need special permission from GEO to work on campus, but need to show passport, I-20, I-94 for processing paperwork and get an SSN letter from GEO to apply for SSN at beginning of employment

J-1 students need a form from GEO **BEFORE** they can begin work

Note: **J-1 students must also notify GEO if there is a change of employment.** Your employment information **MUST** be entered in SEVIS every year and when you change jobs!

UNMJobs.unm.edu



Are you a current
UNM Employee?
Retiree?
Hiring Coordinator or Approver?
Log in here!

I would like to...

Search for a Job

Check on my Application

Sign my Offer Letter

Complete Onboarding Tasks

Need Help?



**Staff
Careers**

**Faculty
Careers**

**Student
Jobs**

**Temp
Assignments**

Explore Career Opportunities

Q Enter a job title or keyword

Search

Filters

Reset

Date Posted

- Within 1 day (15)
- Within 3 days (28)
- Within 7 days (53)
- Within 15 days (76)
- Within 30 days (139)
- Anytime (214)

Current Openings

Student x

Afterschool Program Attendant
Albuquerque, NM, United States
8/10/2022

Planetarium Assistant
Albuquerque, NM, United States
8/10/2022

Community Liaison
Albuquerque, NM, United States
8/10/2022

Campus

Q

- Main - Albuquerque, NM (169)
- Health Sciences Center (HSC) - Albuquerque, NM (17)
- Gallup (13)
- Valencia (14)
- Taos (1)

Afterschool Program Attendant

Albuquerque, NM, United States | req21396



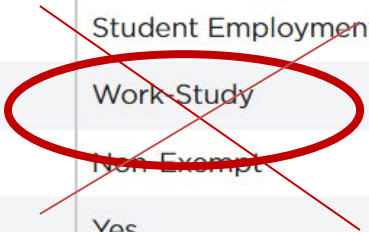
Apply Now

Share

Save Job

[Back to Search](#)

Student Intermediate Level

Requisition ID	req21396
Working Title	Afterschool Program Attendant
Pay	\$15.00 Hourly
Campus	Main - Albuquerque, NM
Department	Off Campus Work Study (454F) 
Employment Type	Student Employment 
Student Type	Work-Study  
Status	Non-Exempt
Background Check Required	Yes
For Best Consideration Date	8/17/2022
	Organization: Southwest Preparatory Learning Center Location: 10301 Candelaria Rd NE, Albuquerque, New Mexico 87112

Off Campus Work F-1 STUDENTS

**There are three types of
F1 “off- campus” work:**

ONLY after one academic year of full-time enrollment!

- CURRICULAR PRACTICAL TRAINING (CPT)
- OPTIONAL PRACTICAL TRAINING (OPT)
- SEVERE ECONOMIC HARDSHIP

NEVER work off-campus without an ISSS advisor’s written authorization!

Department of Homeland Security
U.S. Immigration and Customs Enforcement

I-20, Certificate of Eligibility for Nonimmigrant Student Status
OMB NO. 1653-0038

SEVIS ID: N0012857555 (F-1)

NAME:

EMPLOYMENT AUTHORIZATION

EMPLOYMENT STATUS

TYPE

EMPLOYMENT START DATE

EMPLOYMENT END DATE

EMPLOYER NAME

EMPLOYER LOCATION

COMMENTS

Any off campus work must be authorized here or it is not legal

Off Campus Work J-1 STUDENTS

J1 “off- campus” work

ONLY after one academic semester of full-time enrollment

- “Academic Training”
- Amount of Time Eligible to Work depends on length of study

J-1 Academic Training



U.S. Department of State

CERTIFICATE OF ELIGIBILITY FOR EXCHANGE VISITOR (J-1) STATUS

OMB APPROVAL NO.1405-0119
EXPIRES: 07-31-2011
ESTIMATED BURDEN TIME: 45 min
*See Page 2

1. Family Name: [REDACTED]		First Name: [REDACTED]	Middle Name:	Gender: FEMALE	NO006383176
Date of Birth (mm-dd-yyyy): [REDACTED]	City of Birth: Suncheon	Country of Birth: SOUTH KOREA	Citizenship Country Code: KS	Citizenship Country: SOUTH KOREA	
Legal Permanent Residence Country Code: KS	Legal Permanent Residence Country: SOUTH KOREA	Position Code: 215	Position: UNIVERSITY UNDERGRADUATE STUDENTS		
Primary Site of Activity: 115 Montclair SE Albuquerque, NM 87106					
2. Program Sponsor: University of New Mexico		Exchange Visitor Program Number: P-1-01853			
Participating Program Official Description: PROFESSOR; RESEARCH SCHOLAR; SHORT-TERM SCHOLAR; SPECIALIST; STUDENT ASSOCIATE; STUDENT BACHELORS; STUDENT DOCTORATE; STUDENT INTERN; STUDENT MASTERS; STUDENT NON-DEGREE					
Purpose of this form: Amend a previous form; Academic Training Added					
3. Form Covers Period: From (mm-dd-yyyy): 08-19-2009 To (mm-dd-yyyy): 08-31-2010		4. Exchange Visitor Category: STUDENT NON-DEGREE Subject/Field Code: 45.1001 Subject/Field Code Remarks: Exchange student in Political Science			
5. During the period covered by this form, the total estimated financial support (in U.S. \$) is to be provided to the exchange visitor by: Personal funds : \$14,339.00 Total : \$14,339.00				Academic Training: Organizing for America - (05/16/2010 - 08/31/2010)	

Social Security Number

- **F-1 and J-1 students who work MUST obtain a Social Security Number (SSN)** (you can't get one if you don't work)
- **YOU HAVE TO GO TO THE US GOVERNMENT SOCIAL SECURITY OFFICE DOWNTOWN** and you must take:
 - Original passport
 - I-20/DS-2019
 - I-94
 - UNM employment verification form signed by an ISSS advisor

Social Security Number

The Social Security Administration is a Government Office that is located **OFF** campus. To apply for a Social Security Number you must take:

- Original passport
- I-20/DS-2019
- I-94
- UNM employment verification form signed by GEO

Note: Applications are provided at the Social Security Administration Office.

Need more information?

- **Attend *Working as an International Student, Friday, January 31st***
- **Ask an international advisor**
- **Check the ISSS website**
- **Read email messages sent from iadvisor@unm.edu regarding immigration and work issues!!!!**





Health Issues

Photo by: Susann Kõomägi

Your Health is Important!

- **No one expects to get sick!**
- **If it happens, you need to understand the US system, where to go, and how to use your insurance**



HEALTH INSURANCE AT UNM

Health insurance is **MANDATORY** for international students at UNM!!!

- Students with Assistantships, Athletic scholarship students, and Government sponsored students have special requirements.
- **ALL OTHER International Students need to buy US-based health insurance coverage for their ENTIRE STAY in the US!**

HEALTH INSURANCE AT UNM

Health insurance is **MANDATORY!!!**

➤ **Exchange students must buy US-based insurance from ISI at:**

<https://www.internationalstudentinsurance.com/schools/university-new-mexico.php>

➤ **This policy still requires you to pay the deductible and file claim forms before it will cover expenses**

HEALTH INSURANCE AT UNM

FOR DEGREE STUDENTS

Two Types of Plans Available for those who have to buy:

1. “Emergency” or “Illness – only” Plans designed for International Students (i.e., the ISI plan on website)

OR

2. US Marketplace Plans sold at bewellnm.com (or Medicaid if under 21)



International Student Plans

International Plans DO NOT:

- Cover pre-existing conditions
- Cover preventative care
- Have unlimited benefits
- Have their claims processed directly by the UNM Student Health Center
- Cover things that are not medically necessary

International Plans DO

- Cover new illnesses and injuries
- Cover medical evacuation and repatriation of remains (required for J1 visa holders)
- Have limits on how much they will cover and what they will cover
- Will require you to file claim forms if you visit the UNM student health center and want them to pay
- Charge more for those over 24

US Marketplace Plans

US Marketplace Plans DO NOT:

- Allow you to sign up at any time
(You MUST sign up when you first move here or in November for the next year)
- Have an easy sign-up process

US Marketplace Plans DO

- Allow pre-existing conditions
- Allow coverage for preventative care (medical only – no dental or vision)
- Provide subsidies to students according to income
- Cover an illness without a dollar limit
- Require you to file a special tax form at which time you MAY have to pay back some of the subsidy

MARRIED STUDENTS MUST PAY THE GOVERNMENT BACK SO IF YOU ARE MARRIED YOU NEED TO PICK DIFFERENT INSURANCE!!! ASK AT INSURANCE HELP AT 1:15

Medicaid

Degree Students under 21 ONLY!

- Free for degree students under 21 who qualify
- Medicaid Sign-Up help is at 1:15 after lunch today!
- **MUST track your emails and respond to questions or denials**

Health Insurance

To Decide: Read the information on our website, THEN

Think about your personal situation:

- Are you over 24?
- Do you have any current or recurring medical issues (“pre-existing conditions”)
- Do you take any regular medications?
- How much are you willing to RISK a huge financial bill?
- Are you willing to take the time to apply for the US marketplace insurance and continuously update your info on the website?
- Are you prepared to file taxes and pay back some of cost of the insurance if required?

**STAY FOR THE INSURANCE SESSION TODAY IF YOU DO NOT
HAVE ASSISTANTSHIP INSURANCE!**

HEALTH INSURANCE

After you buy OR ENROLL:

1. Upload coverage info at *myGEO portal* – (PAGE WITH NAME AND DATES ONLY); if you sign up for Marketplace or Medicaid print a screen shot showing your enrollment portal even if you have not received final approval.
2. Print an insurance card when approved– Carry this in your wallet!
3. Do not have a gap in your health insurance (even if you will leave the US for vacation). If you have a gap your policy is considered NEW and NOT continuing which is a problem.
4. Fill out claim forms for any charges within the time limit (usually 2 months) – Do this even for health center charges so that you are adding up dollars toward meeting your “deductible”

**SO...WHERE
SHOULD YOU
GO WHEN YOU
GET SICK?**



STUDENT HEALTH & COUNSELING

- Called **SHAC**
- Open Weekdays 8-5
(Tuesday 9-5) – NO
WEEKENDS OR HOLIDAYS!
- Medical and Counseling
Services for Students:
 - Appointments & Same Day
 - Pharmacy
 - Lab and X-Ray
 - Specialties
 - Health Education



Can call after hours for
emergency advice

GO TO SHAC FOR ALL ROUTINE CARE!!!



- All currently enrolled students can be seen at SHAC
- Cost is MUCH lower than elsewhere
- Care is offered by experienced doctors, advanced practice providers, and nurses
- Same-day appointments are available

**Best place to go when you get sick!!!
BUT NOT OPEN ON WEEKENDS!**

Where to go if SHAC can't help

- If SHAC is closed and you have an urgent need, you will need to go to an “Urgent Care” facility or the hospital Emergency Room.
- Contact your insurance provider to go somewhere “in network” for the cheapest price
- **DO NOT USE THE EMERGENCY ROOM FOR NON-EMERGENCIES**



When to Use the Emergency Room

- Heart Attack
- Fractures/broken bones
- Seizures
- Severe pain
- Stroke
- Uncontrollable Bleeding
- Unconsciousness
- Childbirth



When to Use Urgent Care

- Allergies
- Sinus infections
- Cold
- Cough
- Flu-like symptoms
- Sore throat
- Dizziness
- Ear aches
- Fever
- Insect bites
- Minor cuts
- Back pain
- Minor Burns
- Sprains
- Strains
- Rashes
- Upset Stomach
- Vomiting
- Diarrhea



Mental Health Issues

What to remember

- Please seek help if you need it!
- There is no shame in needing someone to talk to while away from home!!!
- It's confidential
- Most resolve their issues!!!

What to do:

- Seek an individual consultation at SHAC.unm.edu
- Attend one of the self-help workshops

Mentimeter Questions

Final Round

Again: What do I do if I get sick?

- Unless it is a medical emergency, you should always seek help from SHAC first
- If SHAC can't help go to an ***In-Network*** provider for the lowest cost
- Students are responsible for their insurance “*deductible*” and any “*co-insurance*”
- You will have to fill out a “claim form” if the provider does not take your insurance

Again: What do I do about insurance?

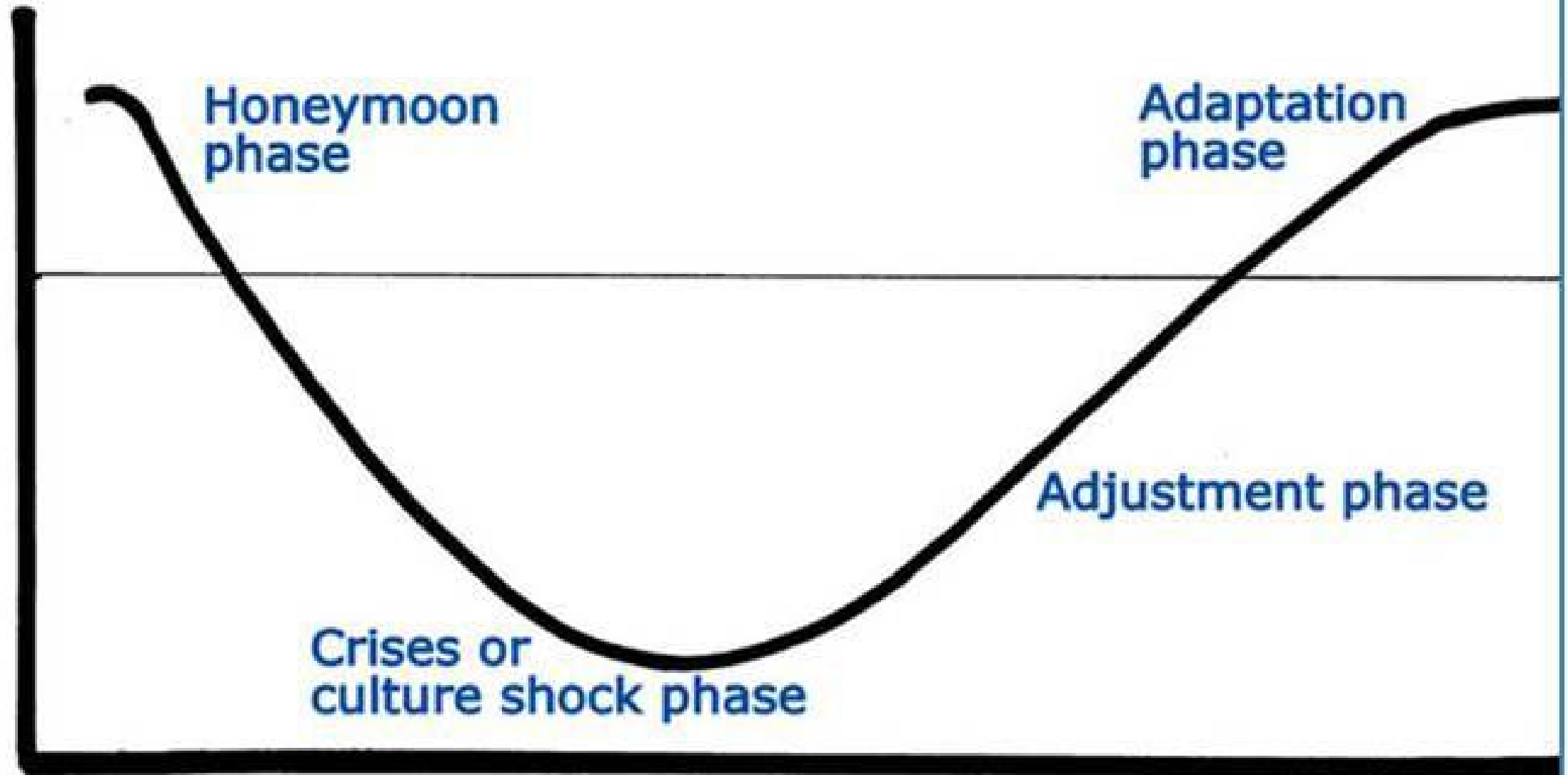
- Read the Health Insurance Information
- Attend insurance sign-up TODAY if you don't have long-term insurance!



Overcoming Culture Shock

Culture Shock U curve

By Brian Hennessy



3-6 months ^



A Word on Cultural Adjustment

IT HAPPENS TO EVERYONE!!!

[Experiences and Advice from your fellow students](#)

How to Overcome Culture Shock

- Expect ups and downs (extremes in feelings)
- Keep busy and active; take time to socialize, play sports, do hobbies
- Make American friends as well as international friends
- Learn all you can about the culture and language and think about the parts you really like
- Do the things that make you feel good at home
- Keep a sense of humor and be ready to laugh at yourself
- Realize that *everyone* who moves to a foreign culture experiences culture shock

Life Outside of Class





RECREATIONAL SERVICES

THE UNIVERSITY OF NEW MEXICO
Recreational Services

1102 Johnson Center, UNM, 505.277.0178

recservices.unm.edu

Division of Student Affairs
Some programs & services paid for by UNM Student Fees

UNM JOHNSON CENTER
FACILITIES:



**OLYMPIC POOL
JOHNSON POOL
THERAPY POOL**



**CARDIO & WEIGHT
ROOM**



GYMNASIUM



RECREATIONAL SERVICES



SPRING 2025 Fitness Classes:

NMT
RECREATIONAL SERVICES

**SPRING 2025 PACKFIT
FITNESS SCHEDULE
COMING SOON!**

**CLASSES START
JANUARY 21, 2025!**

**PILATES
CORE
AQUA
JOGGING
SELF-DEFENSE
YOGA**

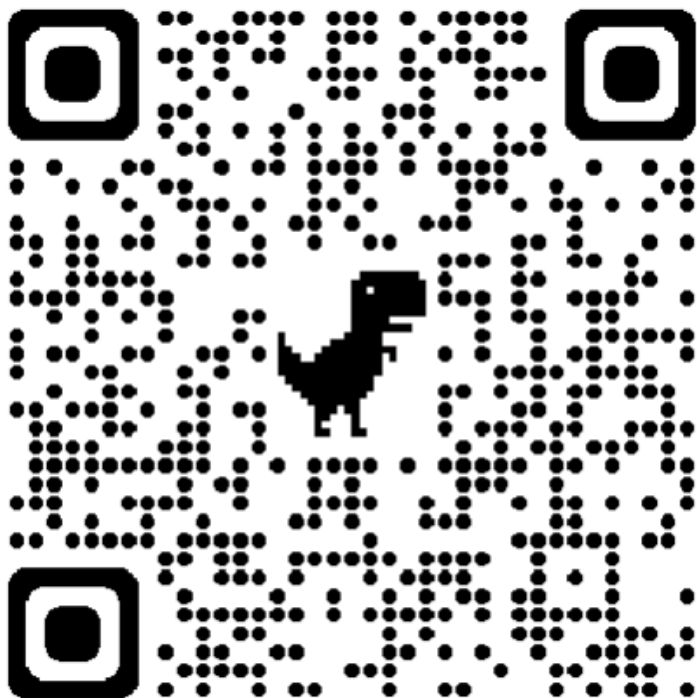
**CIRCUIT
TRAINING
SOUL
FUSION
AND MORE!**

**JOIN PACKFIT
IN 2025!**

The poster features a dark teal background with a woman in black athletic wear performing a handstand on a large blue ball. The text is arranged around her, listing various fitness classes in bold, red, slanted letters. The NMT logo and 'RECREATIONAL SERVICES' are in the top left, and the event title 'SPRING 2025 PACKFIT FITNESS SCHEDULE COMING SOON!' is in the top right. The start date 'CLASSES START JANUARY 21, 2025!' is centered below the title. The class names are listed on the left and right sides, and the call to action 'JOIN PACKFIT IN 2025!' is at the bottom right.

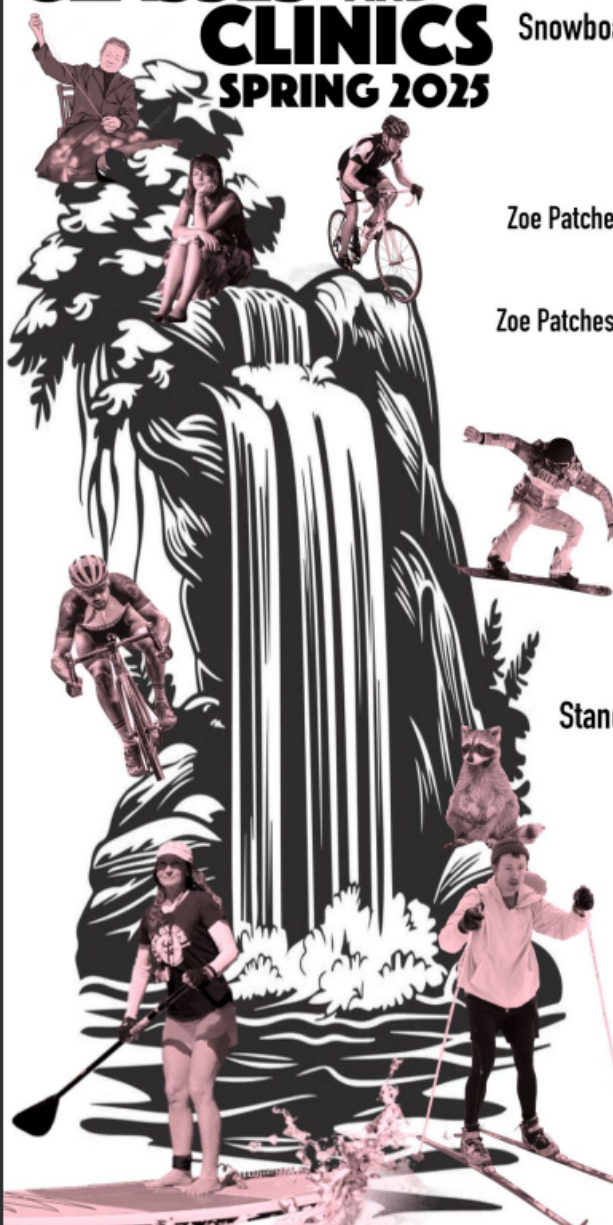


Getaway Adventures



UNM RECREATIONAL SERVICES
OUTDOOR ADVENTURE CENTER SPRING 2025

CLASSES AND CLINICS SPRING 2025



SOLO Wilderness
First Responder Class

JANUARY 3-11

Snowboard/Ski Tuning Workshop

JANUARY 23

FEBRUARY 27

Zoe Patches Sewing Class Session I

FEBRUARY 6

Zoe Patches Sewing Class Session II

MARCH 6

Bike Tune-Ups

FEBRUARY 19

MARCH 26

APRIL 16

Stand-Up Paddleboard YOGA

FEBRUARY 20

MARCH 20

APRIL 17

**REGISTER AT THE UNM
OUTDOOR ADVENTURE
CENTER OR ONLINE:
recservices.unm.edu**

THE UNIVERSITY OF NEW MEXICO
Recreational Services
1102 Johnson Center, UNM, 505.277.0178
recservices.unm.edu

Division of Student Affairs
Some programs & services apply for the UNM Student Fee.

Outdoor Adventure Center

Latest News

No latest news

 [Reservations](#)





Social Activities & Community Engagement

Welcome Party: Friday, January 24th

- Hokona Hall. [2600 Campus Blvd NE, Albuquerque, NM 87106](#)
- 6:00 – 10:00 pm
- Food & drinks, Music, dancing and games
- Free



Louie's Lounge: Wednesdays Jan 29 to March 12

- Weekly gathering starting January 29th
- 4:00 to 6:00 pm
- Student Union Building, 1st Floor (by the Supermarket)
- Games, snacks, fun!
- Free
- Bring friends!



Other Awesome Activities



- Friday, Feb. 28 – San Antonio Springs
- Monday, March 17th- Trip to Bandelier NM
- Saturday, April 26th- Gathering of Nations Pow Wow



Find the full calendar of events here:



ISSS Social Activities Spring 2025

Louie's Lounge Social
Wednesdays 01/29 to 03/12
Student Union Building
4 pm - 6 pm

Welcome Back Social
Friday, January 24th
Hokona Hall Ballroom
Starting at 6 pm

Superbowl Watch Party
Sunday, February 9th
Starting at 4 pm

**San Antonio Hot Springs Snowshoeing
with Getaway Adventures**
Saturday, March 1st

**Hiking at Bandelier
National Monument**
Monday, March 17th

**Gathering of Nations
PowWow**
Saturday, April 26th
Noon

**Global get-down
Talent show and party**
Saturday, April 19th

International Festival & Culture Nights
Celebrate the Chinese New Year,
Indian Holi and other international
traditions with GEO
Various Dates

Questions?
Email us at ladvisor@unm.edu
Find our Calendar of events at
iss.unm.edu



How to stay connected with UNM and ABQ community?

LOBO FRIENDS PROGRAM



INTERNATIONAL SERVICE CORPS



LOBO FRIENDS PROGRAM



Benefits for Mentors

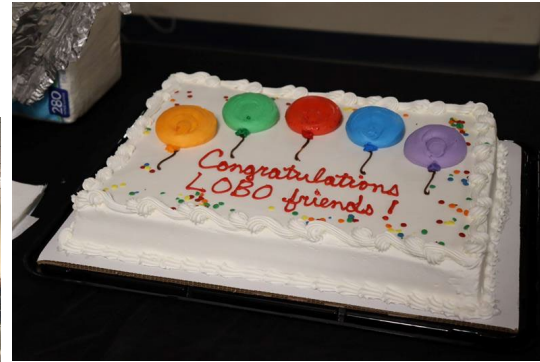
- **Personal Growth:** Develop leadership, communication, and interpersonal skills.
- **Cultural Exchange:** Gain insights into different cultures and perspectives.
- **Networking:** Build connections with diverse individuals.
- **Fulfillment:** Experience the satisfaction of helping others succeed.

Benefits for Mentees

- **Guidance:** Receive support in navigating a new academic and social environment.
- **Cultural Adjustment:** Learn about local customs and practices.
- **Academic Support:** Get tips and resources for academic success.
- **Social Integration:** Make friends and feel more connected to the community.



ACTIVITIES WE DO TOGETHER



JOIN US



INTERNATIONAL SERVICE CORPS



- **Forge Valuable Connections:** Build meaningful relationships for future career opportunities in your field.
- **Enhance Your Resume:** Join the International Service Corps to gain practical experience and strengthen your resume.
- **Earn a Certificate of Appreciation:** Receive recognition for your contributions at the end of the semester.
- **Promote Intercultural Interaction:** Contribute to enriching interactions between students and the Albuquerque community.

Invite your friends to join!



CERTIFICATE OF APPRECIATION

- Participants who do 10 hrs. of volunteer work throughout the semester will be given a certificate of appreciation
- You will also be invited to join us for a certification ceremony and dinner celebration

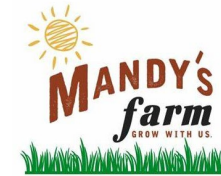


Our volunteer work

- Speakers at cultural presentations for schools
- Packing lunches and clothes for City shelters
- Serve as translators for local refugee organizations
- Plant trees and participate on nature restoration events at local wildlife refuges
- Support local conferences and cultural events in town



Our Community partners



BE A VOLUNTEER!



WELCOME TO THE LOBO FAMILY!



WHAT'S NEXT???

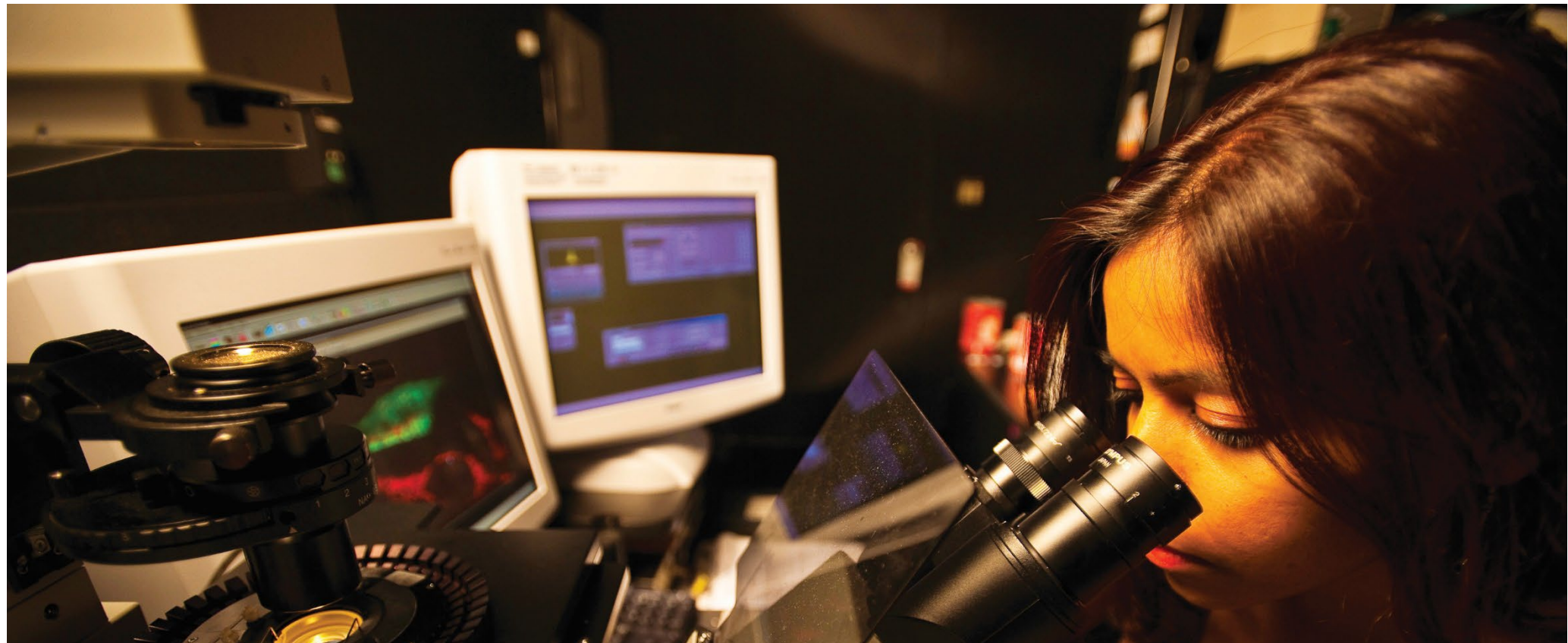
- We are going to Break Up into groups by level
- In our groups we will talk about academic and other issues by level while eating lunch.
- If you did NOT attend check-in at GEO, Melissa will come to get you from your breakout room around 12:45.
- If you do NOT have long-term health insurance, we will get you for health insurance sign up at about 1:15
- If you have already checked in AND you have LONG-TERM health insurance, you will be free to go at around 1:30
- Remember to complete all your check-in items and join us on Friday, January 24th for the Welcome Party!
- Grads will Break out and leave now; ugrad and exchange stay SEATED!

A photograph of a desert landscape with white sand dunes and sparse vegetation. A semi-transparent blue rectangular overlay covers the middle portion of the image, serving as a background for the text.

LUNCH!!!

Important Question:
Chicken or Veggie?

**You will need to choose one
when your group leaves the
room!**



Academic Life



WELCOME LOBOS

In this presentation we will cover:

For All:

- Colleges and programs at UNM
- Academic Expectations
- Registration for classes
- Academic Integrity & Use of AI
- Resources at UNM

For Degree Students Only:

- Case Studies
- How to succeed in your program
- Expectations for your academic advisor
- Tools to check your degree progress



UNM Colleges & Schools

Undergraduate programs at UNM are offered through *colleges* or *schools*. Each has different *departments, programs* and *advisement units* where you go for questions.

- College of Arts & Sciences – A&S Center for Academic Success
- School of Engineering – School of Engineering Academic Advisement
- Pre-health majors – University College Advisement Center (UCAC)

Undergraduate Degrees

College of Arts & Sciences

College of Arts & Sciences
Africana Studies (B.A.)
American Studies (B.A.)
Anthropology (B.A. or B.S.)
Astrophysics (B.S.)
Biochemistry (B.A. or B.S.)
Biology (B.A. or B.S.)
Chemistry (B.A. or B.S.)
Chicana and Chicano Studies (B.A.)
Classical Studies (B.A.)
Communication (B.A.)
Comparative Literature and Cultural Studies (B.A.)
Criminology (B.A.)
Earth and Planetary Sciences (B.A. or B.S.)
East Asian Studies (B.A.)
Economics (B.A.)
English Studies (B.A.)
English-Philosophy (B.A.)
Environmental Science (B.S.)
French (B.A.)
Geography and Environmental Studies (B.A. or B.S.)
German (B.A.)
History (B.A.)
Latin American Studies (B.A.)
Linguistics (B.A.)
Mathematics (B.S.)
Native American Studies (B.A.)
Philosophy (B.A.)
Physics (B.S.)
Physics and Astrophysics (B.A.)
Political Science (B.A.)
Portuguese (B.A.)
Psychology (B.A. or B.S.)
Religious Studies (B.A.)
Russian (B.A.)
Signed Language Interpreting (B.S.)
Sociology (B.A.)
Spanish (B.A.)
Speech and Hearing Sciences (B.A.)
Statistics (B.S.)
Women, Gender, and Sexuality Studies (B.A.)
Health, Medicine and Human Values (B.A.)
International Studies (B.A.)
Journalism and Mass Communication (B.A.)
Languages (B.A.)

College of Education & Human Sciences

Elementary Education (B.S.)
Family and Child Studies (B.S.Ed.)
Physical Education (B.S.Ed.)
Secondary Education (B.A.Ed. Or B.S.Ed.)
Special Education (B.S.Ed.)
Community Health Education (B.S.)
Exercise Science (B.S.)
Family and Child Studies (B.S.)
Nutrition and Dietetics (B.S.)

College of Pharmacy

Pharmaceutical Sciences (B.S.)

College of Population Health

Population Health (B.S.)

Honors College

Honors Interdisciplinary Liberal Arts (B.A.)

Anderson School of Management

Business Administration (B.B.A.)

School of Architecture and Planning

Architecture (B.A.A.)
Environmental Planning and Design (B.A.E.P.D.)

School of Engineering

Chemical Engineering (B.S.Ch.E.)
Computer Science (B.S.C.S.)
Computer Engineering (B.S.Cp.E.)
Civil Engineering (B.S.C.E.)
Construction Engineering (B.S.Cn.E.)
Construction Management (B.S.C.M.)
Electrical Engineering (B.S.M.E.)
Mechanical Engineering (B.S.M.E.)
Nuclear Engineering (B.S.N.E.)

School of Medicine

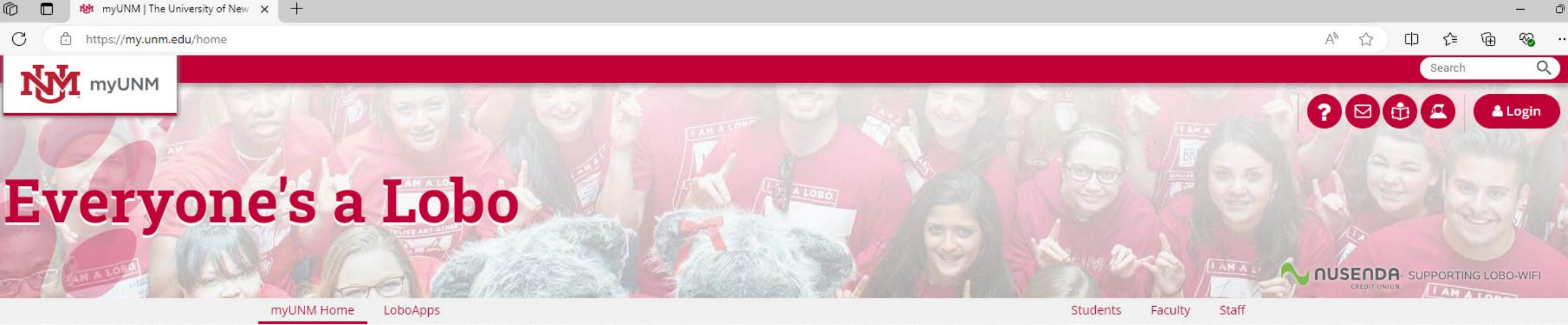
Dental Hygiene (B.S.D.H.)
Emergency Medical Services (B.S.)
Medical Laboratory Sciences (B.S.M.L.)
Radiologic Sciences (B.S.)

University College

Liberal Arts (B.A.)
Integrative Studies & Innovation (B.I.S.I.)

College of Fine Arts

Art Education (B.A.)
Art History (B.A.)
Art Studio (B.A or B.F.A.)
Dance (B.A.)
Film and Digital Arts (B.A. or B.F.A.)
Interdisciplinary Arts (B.A.)
Music (B.A. or B.M.)
Music Education (B.M.E.)
Theater (B.A.)
Design and Technology for Performance (B.F.A.)



Your program information

LoboWeb is the portal where UNM students register for classes, view holds and final grades, run degree audits, make payments, etc.

To access LoboWeb and see your program information:

- Go to my.unm.edu (LoboWeb)
- Log in with your NetID and password
- Click the big **RED** button that says **“Enter Loboweb”**)
- Student Menu – **Student Profile**
- You will be able to see your program information (degree, college, major, minor, and catalog term).
- Exchange students are “Non-degree” at UNM

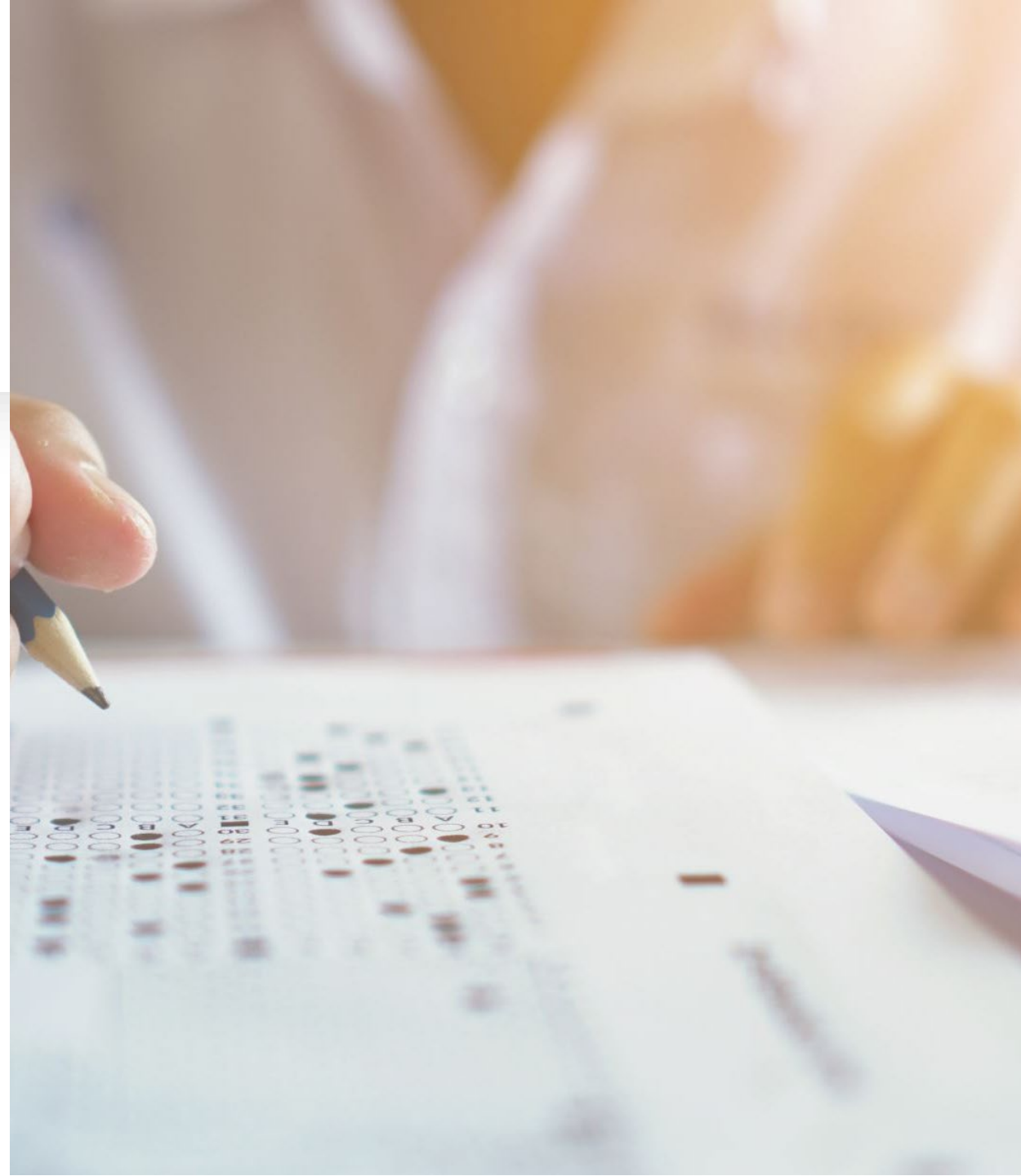
Academic development is

YOUR RESPONSIBILITY

You are the only one responsible for:

- ❖ Meeting degree requirements
- ❖ Registering for classes
- ❖ Completing all course requirements on time
- ❖ Communicating with your professors and advisors
- ❖ Submitting forms and work on time
- ❖ Complying with academic integrity policies
- ❖ Completing your program

No one else will do the job for you!



Registration for classes

- Registration for Spring begins in November, and for Fall in April
- Resolve all HOLDS before your registration appointment date (types: pre-requisite, advisor, international admissions, etc.)
- Degree-seeking students **MUST** meet with an academic advisor before registration to plan their schedule and remove advisement holds
- Your appointment date to register for classes is based on the number of credits you have earned. Registration Dates are here: (<https://registrar.unm.edu/>)
- Register for classes on your appointment date
- Registration opens at 7 am. Register ASAP as classes fill up very quickly!
- Contact your academic advisor if you have any issues with registration. Most advisement offices have drop-in hours during registration week.



Academic Integrity

Academic standards and rules vary are different from your country. YOU must know the rules and meet expectations. Failure can have severe consequences for your academic and immigration status in the U.S.

Academic dishonesty definition at UNM includes: “... dishonesty in quizzes, tests, or assignments; claiming credit for work not done or done by others; hindering the academic work of other students; misrepresenting academic or professional qualifications within or outside the University; and nondisclosure or misrepresentation in filling out applications or other University records.” (<https://pathfinder.unm.edu>).

Regulations and policies at UNM:

- [The Pathfinder - UNM Student Handbook - https://pathfinder.unm.edu](https://pathfinder.unm.edu)
- [UNM Academic Catalog - Scholastic Regulations – https://catalog.unm.edu](https://catalog.unm.edu)
- Student Conduct and Grievance Procedures (Faculty Handbook D175, D176) - <https://handbook.unm.edu>

Using Artificial Intelligence in College

- AI is useful, but if you use it to complete schoolwork for you it WILL impact your student status.
 - Using AI's work as your own is considered **plagiarism**.
- How to use AI ethically and adhere to academic integrity standards:
 - Check with your instructors to ask what is allowed in each course
 - If using AI is allowed, use it only as permitted
 - Disclose all AI usage

Issues with AI



AI tools are not independently intelligent. They can't replicate human creativity and critical thinking skills when writing and analyzing information.



Information provided may be decontextualized, biased, false, or inaccurate.



Content generated can be linguistically correct but scientifically impossible.



AI can generate citations that don't exist or attribute content to the wrong author.



Privacy considerations

How to talk about AI usage for class

- Before you ask questions, review the syllabus.
- If the use of AI isn't clear in the syllabus, here are some questions you can ask:
 - *I am wondering what the AI policy for the course is?*
 - *Can you share your perspective on using AI, like ChatGPT or other tools for our assignments?*
 - *If I can use AI, how would I disclose my use?*
 - *Can I use Grammarly** or other tools that use AI for my paper? (Be ready to explain to your instructor what the tool does).*

** Grammarly's premium version includes a generative AI feature; make sure to clarify which part of Grammarly you may be allowed to use!

TL;DR about AI?

- Check in about AI use policies before using it
- Understand the limitations of AI
- **NEVER** submit AI's work as your own; **ALWAYS** disclose usage of AI
- When writing something, consider a platform that can track your editing history (as a precaution)
- Think of AI as your conversation buddy for a brainstorm your final product (not as a tool to create the final product!)

Resources at UNM

- **Accessibility Resource Center (ARC)** – accommodations for disabilities
- **Center for Teaching and Learning (CTL)** – workshops, tutoring, proofreading, etc.
- **UNM Libraries** - Zimmerman, Centennial, Fine Arts (borrow books and materials, reserve study rooms, talk to a librarian, computers, etc.)
- **UNM AI Resources Website**
- **Career Services** – support with resumes, cover letters, interview preparation
- **Student Centers** – ISSS/GEO, El Centro de la Raza, African American Student Services, Asian American Pacific Islander Resource Center, LGBTQ Resource Center, Women’s Resource Center
- **LoboRespect Advocacy Center**
- **TimelyCare** and SHAC healthcare for students
- **Lobo Food Pantry**

pla·gia·rism



Is it plagiarism or not?

Scenario #1

You are writing your final paper for one of your classes and you find a good article online, so you decide to copy and paste a paragraph that includes data about your research topic.

Yes, this is plagiarism. You must cite work done by others including text, data, images, etc.

Scenario #2

You paraphrase an idea from an article using your own words and writing style while citing the author in the text and including the full source (author, article, year, page, etc.) in your bibliography.

No, this is not plagiarism. The intellectual work of the original author has been acknowledged and the full source included.

Scenario #3

One of your assignments includes replying to a post on an online discussion board. You read one of your classmates' posts, but you don't know what to reply so you decide to use ChatGPT to create a response. You change a few words and submit the response as your own.

Yes, this is plagiarism. Presenting someone else's work (even work generated by AI) as your own work is a form of academic dishonesty.

Scenario #4

While writing a mid-term paper, you include the authors of the articles you used in the body of your paper, but you forget to include the rest of the citation (title, year, page, etc.) in the bibliography. You also use an AI tool to develop the conclusions section but do not mention the use of AI.

Yes, this is plagiarism. Even if you include the author in your text, you must include the full source. Moreover, presenting AI-generated work as your own is considered academic dishonesty.

ALWAYS give credit to the author and include the full source.

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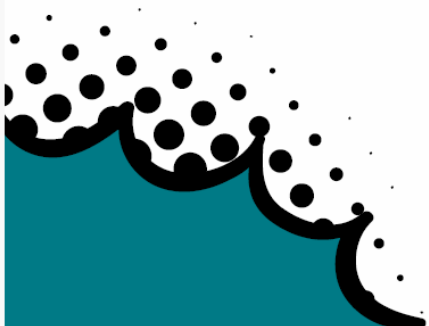


CENTER FOR TEACHING & LEARNING

STUDENT LEARNING ASSISTANCE

HELPS WITH:

- TUTORING
- WORKSHOPS
- ONLINE SUPPORT
- OWL (ONLINE WRITING LAB)



Breakout

DEGREE-SEEKING

- Degree-seeking students

Take all your belongings and quickly exit through the back of the room

EXCHANGE:

- Please wait.
- Get out Transcript Request form (to give to GEO staff at lunch)



REQUIREMENTS FOR EXCHANGE STUDENTS

ARRIVAL FORMS

- Many of you have forms from your universities that you need signed as proof of arrival.
- Please come see us as soon as possible to have your arrival forms signed!
- We can sign and stamp them during walk-in hours from 1pm to 3pm.

TUITION AND FEES

- If you have any charges you feel are not correct on your account, let us know.
- You are always responsible for paying COURSE FEES (listed in the schedule of classes) and the “Immigration Processing Fee.”
- There are late registration and late payment fees so pay attention to deadlines!
- If you have PENDING PAYMENT at the end of the semester, you will not receive an official transcript from UNM.
- To pay your bill, visit the Bursar’s Office OR pay online using LoboWeb.

OFFICIAL TRANSCRIPTS

- We email one official transcript to the International Office at your home university. These are sent by February 1st for Fall term (if you end the exchange in fall) and July 1st for Spring term (if you end in spring)
- Unless your school requests otherwise, an electronic transcript will be sent. Please notify your home school to look for the transcripts near the send date.
- You should order a second copy, for your own records. To do this you have to wait until all grades have been posted, then log in to your **Parchment account** and order on-line.
- Be sure to pay any fees before you leave or you will not receive your transcript!!!

UNM HOUSING ISSUES

- If you have issues with your roommate, let your Resident Assistant (RA) know immediately and they will help you! Come to us if you do not get help from the RA
- Do you still need a place to stay? Talk to us after the orientation 😊

REGISTERING FOR CLASSES

- You can add and drop courses during the first two weeks of the semester. Those changes will not show on your transcript.
- If you are unable to register for a course because it is full, get on the waitlist and then try to contact the professor via email or go to class on the first day to explain that you are an exchange student trying to add.
- If you are unable to register for a course because you do not have the prerequisites, go to the advisor for that department or the professor of the class and explain that you are an exchange student. They will ask you to show a paper copy of your transcript. You may need a course description from your home school catalogue.