

Tell us about
your Admission
Experience!

International Admissions
Orientation Survey





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Welcome International Students

A group of five teenagers from the movie 'The Hot Chick' are standing in a hallway at night. In the center is the main character, a girl with brown hair tied in a high ponytail with a yellow scrunchie, wearing a dark blue shirt with colorful splatters. To her left are two boys: one in a yellow and red striped polo shirt, and another in a teal polo shirt. To her right are a girl in a purple hoodie and a boy in a white and red striped shirt with a white cap. They all have serious expressions. A semi-transparent teal banner with white text is overlaid across the middle of the image.

**What if I told you,
you are not alone!!**

International Students at UNM

New Students with Visas: 266

- 117 Grads
- 93 Undergraduates
- 52 Exchange/Guest
- 4 Intensive English

69 Majors/Programs
59 Countries

Current Students Approximately 1100 on campus:

- 101 Countries
- Top 5 Countries
Represented: India,
Nepal, China,
Bangladesh and
Vietnam

**Start Your Support
Network Now!**

ICEBREAKER!!

Find a person you don't know, who is not from your country:

Introduce yourself and tell them one story about your journey to UNM!

Find another person you don't know, who is not from your country:

Tell them how the US/New Mexico has or has not met the stereotypes you have had of the US!

SHARE YOUR CONTACT INFO WITH TWO PEOPLE



Today's Main Messages

- **Make new friends and start your support network now!**
- **Learn to be a self-advocate**
- **Take advantage of all the great resources at UNM!!!**

Practical Information



After today find these slides at iss.unm.edu
Under: *Coming to UNM*

PRE-ARRIVAL ORIENTATION REVIEW

How many of you attended:

- **2 meetings?**
- **1 meeting?**
- **No meetings?**
- **Read info on teams**
- **Viewed videos (you can get some prizes today)**



Hopefully you had many of your arrival questions answered – let's see...

Mentimeter Challenge

- Friendly competition to get you engaged (with Prizes!!)
- Everyone get out your phone or device and go to this website to participate: www.menti.com
- Make sure to **NOT CLOSE** the website
- **Test question**

Mentimeter Challenge

1st round



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Practical Information



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Pre-Arrival Orientation Review

How many of you attended:

- 2 meetings?**
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Hopefully, you had many of your arrival questions answered – let's see...

Mentimeter Challenge

- Friendly competition to get you engaged (with Prizes for the top 5!!)
- Everyone get out your phone or device and go to this website to participate: www.menti.com
- Make sure to **NOT CLOSE** the website
- **Test question**

Mentimeter Challenge

1st round



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GEO General Office Hours

Monday – Friday: 8:00 am – 5:00 pm

Front office OPEN to public 10:00 – 4:00

Phone: 505-277-4032

Emergencies: 505-277-4GEO

International Advisors

Melissa Aragon



Phillip Gill



Fiore Bran Aragon



Linda Melville



Miguel Sabol



Email: iadvisor@unm.edu

Web: iss.unm.edu

Drop-in hours to talk to advisors:

Monday – Friday 1:00 – 3:00

Or make an Appointment under

Contact ISSS

ISSS Is Here to Help You:

- Maintain your legal non-immigrant status
- Identify campus resources
- Adjust to life in the U.S.

Current student Info

Important Links:



Social Media:

Facebook: ***UNMGlobal Community***

Instagram: ***international.lobos***

Information Packets

- **E-packet:** In MS Team or at ***iss.unm.edu*** under *Coming to UNM/Arrival Resources*; Info about work, driver's license and more!!!
- **Red Packet:** Check-in requirements, Arrival Checklist, getting involved info



Your TO DO List

COMPLETE TASKS ON YOUR ARRIVAL CHECKLIST!

Arrival Checklist

More Information in the E-Packet and also on our [Website](#)

Required Tasks:

☐ Complete Check-in Requirements

- ☐ After you arrive, check-in, attend orientation and provide all check-in information, GEO will lift the GEO orientation *HOLD* and confirm your arrival with the US government in SEVIS (REQUIRED FOR YOUR STAY TO BE LEGAL!)
- ☐ To complete check-in, you will get a message to your permanent (non-UNM) email instructing you to set up your **myGEO** portal account. The **mygeo** portal is not linked to your **my.unm.edu** account, so save this password!
 - The **Personal Information** section should always have your correct US address, US telephone number, and emergency contact information. Update at mygeo.unm.edu and also with UNM at my.unm.edu every time your information changes.
 - The **Upload Documents** section should always have your most recent immigration documents (list below).
- ☐ **You must provide proof of health insurance for the whole semester to complete check-in** (please do not upload temporary health insurance in the **mygeo** portal – degree-seeking students have 2 weeks to decide on a long-term plan and we will have health insurance sign up help during check-ins). Health insurance is REQUIRED (more info is in the e-packet or our [website](#)). Regardless of your insurance plan, you should go to the [Student Health Center](#) for all primary health care!

Social Security Number

Apply only **when you have a job** and
AFTER YOU COMPLETE GEO CHECK-IN!!!

BRING THESE WHEN YOU GO:

- Passport
- I-94 showing F or J status (print at www.cbp.gov/I-94)
- I-20 form for F1 Students/DS-2019 form for J1
- “UNM Employment Verification Form” signed by your employer and by GEO verifying your permission to work



Get Connected



Social activities

Welcome events, trips in the southwest, social events, activities, and international cultural events featuring food and entertainment.



Lobo Friend Program

Lobo Friend is a GEO peer mentor program to promote friendship, and community between domestic and new international students.



ISSS Workshop

Workshops are offered each semester on work, culture, travel, and practical issues affecting international students



International Student &
Scholar Services

Join ISSS MS Team!

A support
network is
critical

Events and Workshops: Join
Social Media/ GEO Calendar

Meet others: Sign up for a
Lobo Friend Mentor

Volunteer: Join the
International Service Corps

Trips: Explore NM and the
southwest! GAGEO Getaway
Adventures



Calendar of Orientation Events for Students - August

Calendar Highlights

Friday, 8/15

Campus Tour 9-10

Library Tour 10-11

Friday, 8/15


Sandia Peak Tram Trip and Hike:

2:00 - 8:00 pm, **Sign-Up and Pay in advance**

Saturday, 8/16

International Welcome Picnic: 1:00

– 4:00 pm, Duck Pond (near Zimmerman)



SANDIA PEAK TRAMWAY & HIKE

Enjoy the beautiful Sandias and spectacular views of the Rio Grande Valley at sunset


Friday, August 15, 2025

Departing at 2:00 pm

Includes transportation from and to main campus, and Tramway tickets

Cost: \$28.00

Sign up now 



Submit All Check-in Info

- Complete Your Check-in Info in *myGEO* Student portal :



Already a user? Sign in with your E-mail address

Sign In

[Reset your password](#)

All missing info (address, **Semester of Health insurance, I-94, Passport, Visa, I-20/DS-2019)**

FINISH BEFORE 8/22/2025!



**ISSS when you haven't uploaded your
required documents to mygeo portal**

#BarbieTheMovie



ISSS after you've uploaded your required documents to mygeo portal

#BarbieTheMovie

Today's Agenda



- Rules and Regulations (Immigration and Other Rules)
- Can I Work in the USA?
- Health Issues
- Life Outside of Class
- Academic Expectations

FREE LUNCH!!! With Your Pack

OR: Lunch Check-In if you didn't do check-in

- Lobo Pack Adventure
- Reception and Games at Louie's Lounge



Rules and Regulations

you must know for your stay in the US!

TOPICS

- Current Climate & Rules
- Immigration
- Travel
- Other Rules & Laws

Current Political Climate and Rule Following



- Current administration has a zero-tolerance policy for any kind of mistakes/violations/failure to follow the rules!
- **To have a smooth stay you must avoid ALL FORMS OF NON-COMPLIANCE!**
- You MUST take responsibility for:
 - Reporting Requirements (address, program & personal changes/updates)
 - Enrollment Requirements
 - Work Requirements
 - Travel Requirements
 - Documents you must carry
 - Knowing how to avoid unlawful behavior
 - Health insurance
 - Tax filing requirements

WARNING!!!! **YOU ARE RESPONSIBLE FOR KNOWING THE RULES!!**

- Consequences include deportation and inability to return to the US!
- Rules are complicated, illogical and agencies don't communicate!
- GEO MUST report in SEVIS: enrollment, current address, current major & level, drops below full-time, work, end of program - so keep us updated!
- **Ask ISSS Advisors if you don't remember or understand!!!**
- RULES CHANGE, SO PAY ATTENTION TO EMAIL ALERTS!
- *Friends* aren't immigration advisors!!!

ATTENTION! Prizes are coming up!!!



Mentimeter Challenge

2nd round

What do you know about
immigration rules?



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Document Basics

(Check your handout)

- Save ALL copies of all immigration documents and tax forms for as long as you remain in the US!
- Keep ORIGINALS in a safe place AND have copies on your phone
- Carry ALL immigration documents with you if you travel outside of ABQ; **carry paper I-94 with you in ABQ**
- Key Documents (check yours):
 - Passport
 - I-20 for F1 Students or DS-2019 for J1 students
 - I-94 arrival/departure record
 - Visa



Passport Rules

- Must be valid for 6 months into the future when entering the US
- Must be valid to work
- Renew with your embassy/consulate in the US or at home
- Update *myGEO portal* when you get a new one!

I-20 or DS-2019

- Paper sent to you by the school (J1 students May have this from an organization and not the school)
- Use it to apply for a visa (F or J)
- Must ALWAYS be valid and correct (update if changes)
- End date is an estimate; student status and work end the day you complete program requirements! (unless you apply for work following study)
- MUST renew it BEFORE the end date if you aren't finished!

I-20

SEVIS ID: N0035642401

SURNAME/PRIMARY NAME [REDACTED]		GIVEN NAME [REDACTED]	Class of Admission F-1 ACADEMIC AND LANGUAGE
PREFERRED NAME [REDACTED]	Student Info	PASSPORT NAME	
COUNTRY OF BIRTH [REDACTED]		COUNTRY OF CITIZENSHIP GHANA	
CITY OF BIRTH Kumasi		DATE OF BIRTH 18 JANUARY 1991	
FORM ISSUE REASON INITIAL ATTENDANCE		ADMISSION NUMBER	

Reason for this printing

SCHOOL INFORMATION

SCHOOL NAME University of New Mexico University of New Mexico	School Info	SCHOOL ADDRESS Global Education Office, MSC06 3850, 1 University of New Mexico, Albuquerque, NM 87131
SCHOOL OFFICIAL TO CONTACT UPON ARRIVAL Mary Phibbs International Admissions and Recruitment Specialist		SCHOOL CODE AND APPROVAL DATE ELP214F00205000 22 JANUARY 2003

I-20

Program Info

PROGRAM OF STUDY

EDUCATION LEVEL

MASTER'S

MAJOR 1

Health Teacher Education 13.1307

MAJOR 2

None 00.0000

PROGRAM ENGLISH PROFICIENCY

Required

ENGLISH PROFICIENCY NOTES

Student is proficient

EARLIEST ADMISSION DATE

08 JULY 2025

START OF CLASSES

18 AUGUST 2025

PROGRAM START/END DATE

07 AUGUST 2025 - 15 MAY 2027

Just an estimate. Don't let it expire!

FINANCIALS

ESTIMATED AVERAGE COSTS FOR: 12 MONTHS

Tuition and Fees	\$	23,887
Living Expenses	\$	26,850
Expenses of Dependents (1)	\$	8,000
Other	\$	
TOTAL	\$	58,737

STUDENT'S FUNDING FOR: 12 MONTHS

Personal Funds	\$	0
Amigo Scholarship	\$	15,097
Family Funds	\$	43,640
On-Campus Employment	\$	
TOTAL	\$	58,737

Source of funds – Update if it changes!

I-20

SCHOOL ATTESTATION

I certify under penalty of perjury that all information provided above was entered before I signed this form and is true and correct. I executed this form in the United States after review and evaluation in the United States by me or other officials of the school of the student's application, transcripts, or other records of courses taken and proof of financial responsibility, which were received at the school prior to the execution of this form. The school has determined that the above named student's qualifications meet all standards for admission to the school and the student will be required to pursue a full program of study as defined by 8 CFR 214.2(f)(6). I am a designated school official of the above named school and am authorized to issue this form.

<input checked="" type="checkbox"/>	DATE ISSUED	PLACE ISSUED
SIGNATURE OF: Mary Phibbs, International Admissions and Recruitment Specialist	04 April 2025	Albuquerque, NM
School official		

STUDENT ATTESTATION

I have read and agreed to comply with the terms and conditions of my admission and those of any extension of stay. I certify that all information provided on this form refers specifically to me and is true and correct to the best of my knowledge. I certify that I seek to enter or remain in the United States temporarily, and solely for the purpose of pursuing a full program of study at the school named above. I also authorize the named school to release any information from my records needed by DHS pursuant to 8 CFR 214.3(g) to determine my nonimmigrant status. **Parent or guardian, and student, must sign if student is under 18.**

<input checked="" type="checkbox"/>	Student Signature	DATE
SIGNATURE OF: [Redacted]		
<input checked="" type="checkbox"/>	Parent or Guardian Signature	DATE
NAME OF PARENT OR GUARDIAN	SIGNATURE	ADDRESS (city/state or province/country)
		DATE

I-20 (p. 2)

Department of Homeland Security
U.S. Immigration and Customs Enforcement

I-20, Certificate of Eligibility for Nonimmigrant Student Status
OMB NO. 1653-0038

SEVIS ID: N0012857555 (F-1)

NAME:

EMPLOYMENT AUTHORIZATION

EMPLOYMENT STATUS

TYPE

EMPLOYMENT START DATE

EMPLOYMENT END DATE

EMPLOYER NAME

EMPLOYER LOCATION

COMMENTS

Any off-campus work must be authorized here or it is not legal

I-20 (p. 2)

TRAVEL ENDORSEMENT

This page when properly endorsed, may be used for reentry of the student to attend the same school after a temporary absence from the United States. Each certification signature is valid for one year.

SCHOOL OFFICIAL	TITLE	SIGNATURE	DATE ISSUED	PLACE ISSUED
		X		
		X		
		X		
		X		

**Need signature less than 6 months old
from ISSS advisor to reenter the US
Get this at least 1 week before you travel!**

DS-2019

Student info



U.S. Department of State

CERTIFICATE OF ELIGIBILITY FOR EXCHANGE VISITOR STATUS (J-NONIMMIGRANT)

OMB APPROVAL NO.1405-0119

09/30/2017

ESTIMATED BURDEN TIME: 45 min

*See Page 2 **SEVIS #**

1. Surname/Primary Name:	Given Name:	Gender:	N0011146616 J-1		
		MALE			
Date of Birth (mm-dd-yyyy):	City of Birth:	Country of Birth:		Citizenship Country Code:	Citizenship Country:
		PAKISTAN		PK	PAKISTAN
Legal Permanent Residence Country Code:	Legal Permanent Residence Country:	Position Code:		Position:	
PK	PAKISTAN	213	UNIVERSITY TEACHING STAFF INCLUDING R		
Primary Site of Activity: University of New Mexico					
1 University of New Mexico					
MSC06 3850					
Albuquerque, NM 87131-0001					
2. Program Sponsor: University of New Mexico			Program Number: P-1-01853		
Participating Program Official Description: PROFESSOR; RESEARCH SCHOLAR; SHORT-TERM SCHOLAR; SPECIALIST; STUDENT ASSOCIATE; STUDENT BACHELORS; STUDENT DOCTORATE; STUDENT INTERN; STUDENT MASTERS; STUDENT NON-DEGREE					
Purpose of this form: Updated Form DS-2019 or Name Conversion			Reason for printing		

DS-2019

Purpose of this form: **Begin new program; accompanied by number (0) of immediate family members.**

Reason

3. Form Covers Period:

Start and End Dates

From (mm-dd-yyyy): **08-11-2025**

To (mm-dd-yyyy): **05-16-2026**

4. Exchange Visitor Category:

STUDENT NON-DEGREE

Program Info

Subject/Field Code:

45.1001

Subject/Field Code Remarks:

Exchange student in Political Science

5. During the period covered by this form, the total estimated financial support (in U.S. \$) is to be provided to the exchange visitor by:

Personal funds : \$15,000.00

Total : \$15,000.00

Funding Info

DS-2019

7. Melissa Aragon	Alternate Responsible Officer
Name of Official Preparing Form	Title
1 UNIVERSITY OF NEW MEXICO Global Education Office, MSC06 3850 ALBUQUERQUE, NM 87131	505-277-4032
Address of Responsible Officer or Alternate Responsible Officer	Telephone Number
Signature of Responsible Officer or Alternate Responsible Officer	04-20-2025 Date (mm-dd-yyyy)



School Official

DS-2019

PRELIMINARY ENDORSEMENT OF CONSULAR OR IMMIGRATION OFFICER REGARDING SECTION 212(e) OF THE IMMIGRATION AND NATIONALITY ACT AND PL 94-484, AS AMENDED (see item 1(a) of page 2).		TRAVEL VALIDATION BY RESPONSIBLE OFFICER (Maximum validation period is 1 year*)	
The Exchange Visitor in the above program:		*EXCEPT: Maximum validation period is up to 6 months for Short-term Scholars and 4 months for Camp Counselors and Summer Work/Travel.	
1. <input type="checkbox"/> Not subject to the two-year residence requirement.		(1) Exchange Visitor is in good standing at the present time	
2. <input checked="" type="checkbox"/> Subject to two-year residence requirement based on:		_____	
A. <input checked="" type="checkbox"/> Government financing and/or		Date (mm-dd-yyyy)	
B. <input type="checkbox"/> The Exchange Visitor Skills List and/or		_____	
C. <input type="checkbox"/> PL 94-484 as amended		Signature of Responsible Officer or Alternate Responsible Officer	
		(2) Exchange Visitor is in good standing at the present time	

		Date (mm-dd-yyyy)	

		Signature of Responsible Officer or Alternate Responsible Officer	
Name _____ Title _____			
Signature of Consular or Immigration Officer _____ Date (mm-dd-yyyy) _____			
THE U. S. DEPARTMENT OF STATE RESERVES THE RIGHT TO MAKE FINAL DETERMINATION REGARDING 212 (e).			
EXCHANGE VISITOR CERTIFICATION: I have read and agree with the statement in item 2 on page 2 of this document.			
Signature of Applicant _____		Place _____ Date (mm-dd-yyyy) _____	

Home residency requirement

Signature from ISSS advisor or Org Advisor less than 6 months old to return

I-94

(Print at cbp.gov/I94)

- Also called an arrival/departure record
- Records your entry to the US (keep copies!)
- **DOWNLOAD a new one each time you reenter** and save for your records (upload to **myGEO portal** for back-up)
- Shows your current legal non-immigrant status (**CARRY IN YOUR WALLET FOR PROOF OF STATUS!**)
- Shows the end date of your status
- Students should have D/S = “Duration of Status” – means no SPECIFIC end date – **THIS MAY CHANGE!!!**

I-94

**IF you changed status
in the U.S., the
Approval Notice is
your I-94**



U.S. Customs and Border Protection

Securing America's Borders

Most Recent I-94

Note to employers, local, state or federal agency granting benefits:

Please visit the CBP I-94/I-95 Website and click on the tab for "Get Most Recent I-94/I-95" to perform a search for the applicant to confirm that the biographic and travel information displayed on this I-94/I-95 printout matches the "Get Most Recent I-94/I-95" returned results for this applicant. Reference the CBP I-94/I-95 Website FAQs.

Admission I-94 Record Number: 649960190A4

Arrival/Issued Date: 2025 July 31

Class of Admission: F1

Admit Until Date: D/S

Details provided on the I-94 Information form:

Last/Surname: [REDACTED]

First (Given) Name: [REDACTED]

Birth Date: [REDACTED]

Document Number: [REDACTED]

Country of Citizenship: Bangladesh

- ▶ Effective April 26, 2013, DHS began automating the admission process. An alien lawfully admitted or paroled into the U.S. is no longer required to be in possession of a preprinted Form I-94/I-95. A record of admission printed from the CBP website constitutes a lawful record of admission. See 8 CFR § 1.4(d).
- ▶ What to do if someone requests your admission info: If an employer, local, state or federal agency requests admission information, present your admission (I-94/I-95) number along with any additional required documents requested by that employer or agency.
- ▶ For security, close your browser after retrieving your I-94/I-95 number.

US Visa

- Sticker with picture issued by US consulate
- Gives permission to ENTER the US in a specific immigration status (can expire while you are here!)
- Permission to ENTER is for that visa type between the date of issue and expiration for number of entries allowed
- You do NOT need to leave if your visa expires, but the next time you DO leave the US, you need to get a new one to be able to RETURN!
- Update **myGEO portal** when you get a new one



To maintain student status, ALWAYS...

1. Attend the college/university on the I-20/DS-2019
2. Provide a correct residential address to **GEO** within 10 days of making a change (we MUST update SEVIS!)
3. Maintain full-time enrollment
4. Have a correct & unexpired I-20 or DS-2019
5. Maintain a valid (unexpired) passport
6. Speak with GEO before transferring schools
7. Observe the grace period after completing your program
 - ▣ 60-day grace for F students
 - ▣ 30-day grace for J students

To maintain student status, **NEVER...**

8. WORK OFF CAMPUS without prior authorization on your I-20 or DS-2019
9. WORK in “ON CAMPUS EMPLOYMENT” for more than 20 hours per week while school is in session (Fall and Spring) or after you finish your program
10. Take a leave of absence, withdraw from classes, or drop below full-time until you speak with a GEO advisor (no matter what ANYONE tells you!)

Let us know if you will leave UNM!

Full-Time Study

Online Restrictions

Online Course Restrictions:

- ONLY 3 credit hours of your minimum full-time credit requirement can be in “Online” courses (hybrid classes are NOT online”)
- You can take more, but only 3 credits can be counted toward the full-time minimum

Undergraduate Students Full-Time Study

- Undergraduate students must COMPLETE each semester with 12 credit hours
(≥ 9 must be face-to-face or hybrid)
- Scholarship students must take 15 credit hours
(≥ 9 must be face-to-face or hybrid)
- There are grade restrictions that affect this “full-time minimum” number for immigration rules

Exchange Students Full-Time Study

- Exchange must COMPLETE each exchange semester with 12 credit hours
(≥ 9 must be face-to-face or hybrid)
- If you came here to only take grad classes, consult an advisor (you need to be confirmed as grad)
- There are grade restrictions that affect this “full-time minimum” number for immigration rules

Full-Time Study Grades that count

Courses that DO count toward full time for immigration:

- standard grade: A, B, C, D, F
- credit/no credit: C/NC
- Incomplete: I

Courses that Do NOT count toward full- time for immigration:

- “W” grade (W=withdraw/dropped course)
- “Audit” grade option

The Professor can withdraw you if you don't attend or fail to meet requirements!

Full-Time Study Summer Vacation

- You **MUST** enroll full-time in fall and spring
- You do not need to enroll in Summer unless you begin or end studies in summer
- Tuition for summer classes is at the resident rate

Exceptions to Full-Time

VERY FEW EXCEPTIONS EXIST !

All must be authorized IN ADVANCE by the international advisor!!!

EXCEPTION TYPES:

1. Academic (Uncommon and Common Types)
2. Medical



Exceptions to Full-Time

Academic:

Uncommon exceptions:

- Initial difficulties with English language, reading requirements or American teaching methods
- Improper course level placement



Common exceptions: (still MUST be authorized)

- Undergraduate degree students (NOT exchange) in final semester of study (need fewer credits to graduate)

Exceptions to Full-Time

Medical:

- Medical excuse authorized by Medical Doctor or licensed psychologist
- Needs to recommend that you drop classes due to illness or medical condition



“Grace Period”

Only for students who **complete** the program:

F students have 60 days to J Students have 30 days to...

- Leave the U.S. or
- Get a new I-20/DS-2019 from a new institution/program or
- Apply for post-completion student work permission or
- Change to another immigration status

**Students who terminate their program before completing
do NOT have a grace period!!!!**

Work Following Study

- Students can apply to work after study; apply at beginning of final semester to get the work permission on time
 - F1: No job needed to apply
 - J1: Job required before the DS-2019 expires!
- After completing program requirements, you are not eligible to work on campus unless you have received post-completion work authorization



Commercial Break

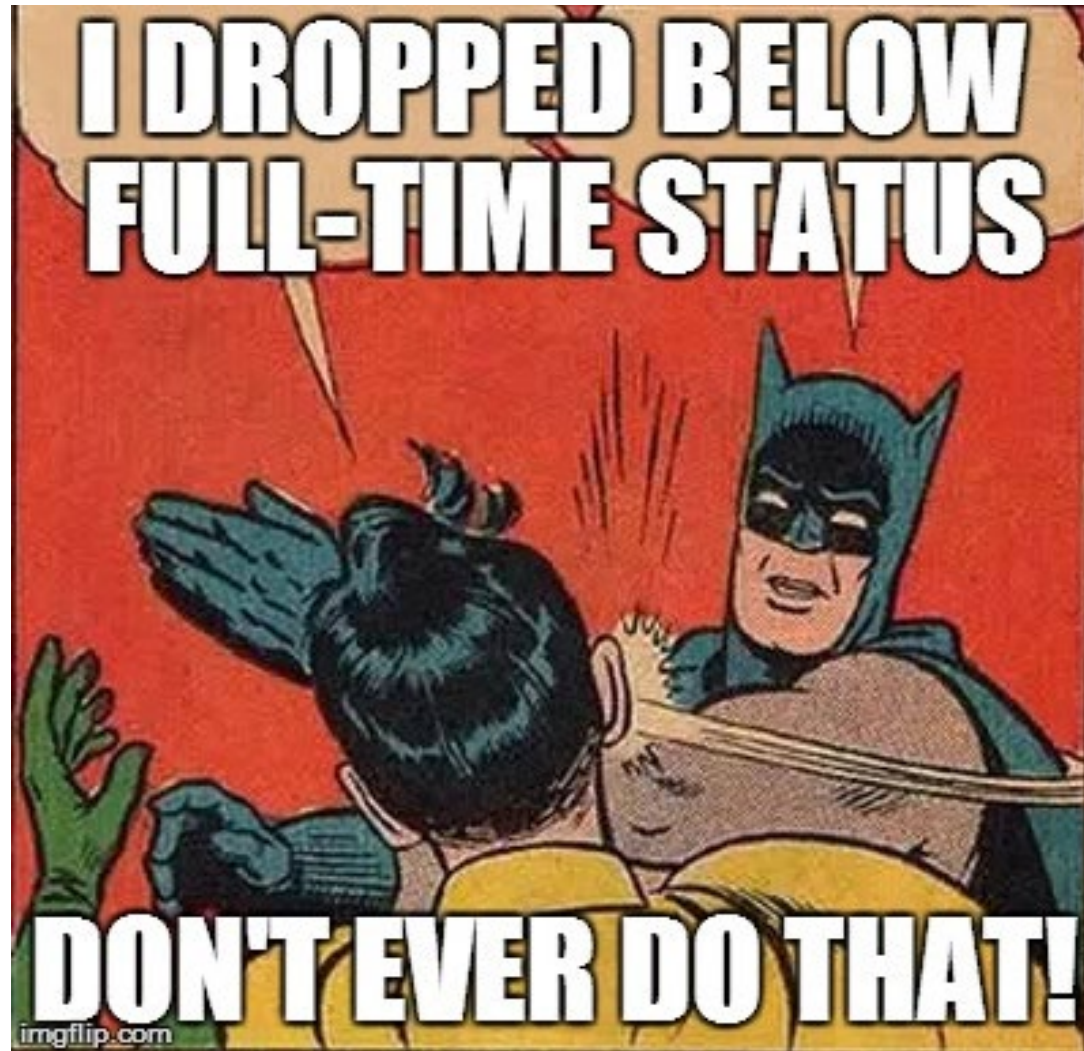
In a college far, far away, two international students are leaving class...

Professor's Office

Global Education Office

Later that day

MESSAGE?



Travel Requirements

For Travel in the US (out of ABQ)

- Passport
- I-94
- I-20/DS-2019
- **BRING THE PAPER/Originals!!!!**



In ABQ: I-94 paper and digital copies of I-20, visa and passport

Travel Requirements

For travel out of the US and return:

- Passport (unexpired)
- US visa (unexpired)
- ISSS advisor's signature less than 6 months old (on pg. 2 of I-20 or pg.1 of DS-2019)
- Current financial proof
- Copy of transcript



Travel Requirements

- Get ISSS signature 1 week before travel
- If you leave the U.S. AFTER you complete your program you CANNOT re-enter on your student VISA!!!!



**Need a new visa to return to the US?
Consult an ISSS Advisor before you
go! New requirements include in-
person interviews and checks on
social media accounts!**

Travel Requirements

ATTENTION EXCHANGE STUDENTS!

- If you want to travel around the US for LONGER than 30 days, you MUST do one of these things:
 - Leave the country and re-enter on a tourist visa or by registering in ESTA if you don't need a visa OR
 - Apply for a change of status by paying a \$420 fee and filing an application to USCIS

DO NOT STAY AFTER 30 DAYS!!! WITHOUT TAKING SOME ACTION!!!



Tax Issues

- Tax year: January 1 to December 31
- Taxes due: April 15 for prior year
- ALL **international** students and dependents must complete US tax forms for each year they are in the US even if NO US income!
- Tax system is complex so you will need to devote time to reading and filling out forms.
- Tax advising for international students happens in March as you don't have all forms you need until then (DON'T do it BEFORE!)

Other Rules and Laws

You need to know



Mentimeter Questions

3rd round

What do you know about
rules in the US?

Campus & Cultural Rules

- No alcohol on campus (outside of Faculty House and Draft & Table)
- Smoking is allowed in designated areas only and NEVER inside
- Americans are sensitive to smell - wash your clothes and body often and wear deodorant to avoid judgement from others and embarrassing situations!



UNM Campus Police:

police.unm.edu

University of New Mexico Police Department

- Contact Info:

On your Lobo Card

505-277-2241

- Safety Escort Service: Walk you from one on-campus location to another

- Bike registry: May help if your bike is stolen.



What to do for Emergencies

- Campus Emergencies: Call **505-277-2241**
is on your Lobo card or use blue emergency phones located throughout campus
- Emergencies anywhere in US: Call **911**
- If immigration emergency after hours: Call GEO at **505-277-4GEO (436)**
(e.g. stuck at a border/entry, arrested, etc.)



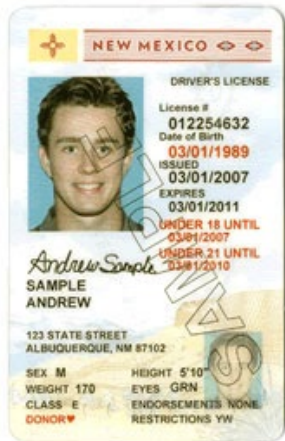
Bicycle Safety

- ALWAYS wear a helmet
- Use lights at night!
- Be careful. Some areas are not bike friendly
- Buy U locks for your bike; bike theft is common on campus– available at UNM Bicycle Shop, North Entrance to Johnson Center
- Find bike map at www.cabq.gov



Car Regulations and Safety

NEW MEXICO DRIVER'S LICENSE:



- Get a NM driver's license if you will drive regularly and will live here for more than 6 months
- If you will not drive regularly, an international license should work, but insurance is more expensive
- Driver's license or state ID is a good idea for everyone as a form of legal identification (info in e-packet and on ISSS website)
- Read the handout in the e-packet or on our website before you go!

Car Regulations and Safety

- You MUST have car insurance when driving
- Pay TICKETS! (Parking, Speeding, etc.)
- Do not make any “special request” if the police officer gives you a ticket!
- **If you are stopped by the police while driving:** Do not get out of the car. Place your hands on the wheel where the officer can see them. Get out license, registration and insurance when asked







Car Regulations And Safety

NEVER drink and drive!
USE ALTERNATIVE TRANSPORTATION



Consumer Related Issues

- Internet scams: Don't send anyone money you don't know!
- No government office or bank will call you on the phone and ask you to provide your SSN or payment.
- Buy insurance for any large money transactions or use services like Paypal that will refund.

**CONTACT GEO BEFORE YOU GIVE
ANY MONEY!!!**



Housing Regulations

- Renters Rights:
<https://www.cabq.gov/office-of-consumer-protection/renters-rights>



**What??? You mean.....
NO drinking under 21????**



Drinking Laws

- You MUST be 21 to drink in the US!
- Government ID is required to order alcohol or enter a bar!
- IT IS A FELONY (SERIOUS CRIME) TO GIVE ALCOHOL TO ANYONE UNDER 21!!!
- ABQ Police “Party Patrol” often raids parties in the area near campus; if you are hosting a party with alcohol, make sure guests are over 21!!!

Sex, Drugs, and Guns



- Illegal drugs are **ILLEGAL!!!**
- Even if drugs are legal by state law, it is a violation of your immigration status!
- It is illegal to own a firearm (gun) while in the US on a visa!
- Sexual misconduct is serious in the US. Consent is the most important thing and is not possible if you are not SOBER! You must understand US rules to avoid trouble!

WHAT IS CONSENT????

[It's like TEA??!!](#)



Sexual Misconduct

- Students who work at UNM go through sexual assault prevention training
- Confidential reporting sites exist on campus to support victims (LGBTQ, SHAC)
- **Be an advocate!**
- Important to understand rules and laws since they may be different from home!

<https://www.internationalstudentinsurance.com/explained/sexual-assault-awareness-video.php>

Legal and Criminal Issues

- Important to know the laws that are problematic
- Avoid getting into trouble in the first place!
- Violations impact you financially and affect your immigration status!
- **If you are charged with a crime, arrested, or have an interaction with the police, seek legal assistance and talk to a GEO advisor to understand the issues**

If You are Stopped by the Police, Immigration or FBI*

- **Stay calm and be polite.** Don't run or resist. Keep your hands where the police can see them.
- **Right of refusal to search.** You have the right to refuse unless there is a warrant.
- **Ask if you are free to leave.** If the officer says yes, calmly walk away. If you are under arrest, you have a right to: remain silent, have an attorney and contact your consulate
- **Do not lie or give false statements and do not sign anything without talking to a lawyer.**

BREAK

Be back in 10 minutes!!!



Can I Work in the USA?

International Student Work Requirements

Photo by: Susann Kõomägi

Work Eligibility Requirements

- Meet eligibility criteria for specific type of work permission
- Maintain legal full-time student status
 - **G.P.A requirements:**
 - **3.0 for Grads**
 - **2.5 for Undergrads**
 - **Must consult a GEO advisor well in ADVANCE for any off-campus work**

Work Types for F-1 and J-1

F-1 Students

“ON CAMPUS”

(For UNM only)

OTHER (after 1 year)

- 1. Curricular Practical Training (“CPT”)**
- 2. Optional Practical Training (“OPT”)**
- 3. Severe Economic Hardship**

J-1 Students

“ON CAMPUS”

(For UNM only)

OTHER (after 1 semester)

- 1. Academic Training (“AT”)**

On-Campus Work

How Many Hours Can I work?

- 20 hours per week:
During the Semester (MUST be enrolled full-time)
(US students can work 30 hours, so don't get confused!)
- More than 20 is allowed during semester breaks
(summer/winter break) IF you plan to continue your studies at UNM
(# of hours depends on type of work and enrollment)

Types of On-campus Work

Student Employment Jobs:

All International students **ARE ELIGIBLE**

US STUDENTS ONLY **Work Study Jobs:** International students are **NOT ELIGIBLE** – Listed in job description



On-Campus Employment Paperwork Process

Students with on-campus jobs need to complete work procedures

F-1 students do not need special permission from GEO to work on campus (only 20 hours during the school year), but need to show passport, I-20, I-94 for processing paperwork and get an SSN (Social Security Number) handout from GEO to apply for SSN at beginning of employment.

J-1 students **need a form from GEO BEFORE they can begin work**

Note: **J-1 students must also notify GEO if there is a change of employment.** Your employment information **MUST** be entered in SEVIS every year and when you change jobs!

UNMJobs.unm.edu



Are you a current
UNM Employee?
Retiree?
Hiring Coordinator or Approver?
Log in here!

I would like to...

Search for a Job

Check on my Application

Sign my Offer Letter

Complete Onboarding Tasks

Need Help?



**Staff
Careers**



**Faculty
Careers**



**Student
Jobs**



**Temp
Assignments**

Explore Career Opportunities

 Enter a job title or keyword

Search

Filters

Reset

Date Posted

- ☐ Within 1 day (15)
- ☐ Within 3 days (28)
- ☐ Within 7 days (53)
- ☐ Within 15 days (76)
- ☐ Within 30 days (139)
- ☒ Anytime (214)

Current Openings

Student x

Afterschool Program Attendant
Albuquerque, NM, United States
8/10/2022

Planetarium Assistant
Albuquerque, NM, United States
8/10/2022

Community Liaison
Albuquerque, NM, United States
8/10/2022

Campus






- ☒ Main - Albuquerque, NM (169)
- ☐ Health Sciences Center (HSC) - Albuquerque, NM (17)
- ☐ Gallup (13)
- ☐ Valencia (14)
- ☐ Taos (1)

Afterschool Program Attendant

Albuquerque, NM, United States | req21396

[Apply Now](#)[Share ▼](#)[Save Job](#)[◀ Back to Search](#)

Student Intermediate Level

Requisition ID	req21396
Working Title	Afterschool Program Attendant
Pay	\$15.00 Hourly
Campus	Main - Albuquerque, NM
Department	Off Campus Work Study (454F) 
Employment Type	Student Employment 
Student Type	Work Study 
Status	Non-Exempt
Background Check Required	Yes
For Best Consideration Date	8/17/2022
	Organization: Southwest Preparatory Learning Center Location: 10301 Candelaria Rd NE, Albuquerque, New Mexico 87112

Off Campus Work F-1 STUDENTS

There are three types of
F1 “off- campus” work:

ONLY after one academic year of full-time enrollment!

- CURRICULAR PRACTICAL TRAINING (CPT)
- OPTIONAL PRACTICAL TRAINING (OPT)
- SEVERE ECONOMIC HARDSHIP

NEVER work off-campus without an ISSS advisor’s written authorization!

Department of Homeland Security
U.S. Immigration and Customs Enforcement

I-20, Certificate of Eligibility for Nonimmigrant Student Status
OMB NO. 1653-0038

SEVIS ID: N0012857555 (F-1)

NAME:

EMPLOYMENT AUTHORIZATION

EMPLOYMENT STATUS	TYPE
EMPLOYMENT START DATE	EMPLOYMENT END DATE
EMPLOYER NAME	EMPLOYER LOCATION
COMMENTS	

Any off-campus work must be authorized in your I-20 or it is not legal

Off Campus Work J-1 STUDENTS

J1 “off- campus” work

ONLY after one academic semester of full-time enrollment

- “Academic Training”
- Number of months Eligible to Work depends on length of study

J-1 Academic Training



U.S. Department of State

CERTIFICATE OF ELIGIBILITY FOR EXCHANGE VISITOR (J-1) STATUS

OMB APPROVAL NO.1405-0119

EXPIRES: 07-31-2011

ESTIMATED BURDEN TIME: 45 min

*See Page 2

1. Family Name: [REDACTED]		First Name: [REDACTED]	Middle Name:	Gender: FEMALE	NO006383176
Date of Birth (mm-dd-yyyy): [REDACTED]		City of Birth: Suncheon	Country of Birth: SOUTH KOREA	Citizenship Country Code: KS	
				Citizenship Country: SOUTH KOREA	
Legal Permanent Residence Country Code: KS		Legal Permanent Residence Country: SOUTH KOREA	Position Code: 215	Position: UNIVERSITY UNDERGRADUATE STUDENTS	
Primary Site of Activity: 115 Montclair SE Albuquerque, NM 87106					
2. Program Sponsor: University of New Mexico				Exchange Visitor Program Number: P-1-01853	
Participating Program Official Description: PROFESSOR; RESEARCH SCHOLAR; SHORT-TERM SCHOLAR; SPECIALIST; STUDENT ASSOCIATE; STUDENT BACHELORS; STUDENT DOCTORATE; STUDENT INTERN; STUDENT MASTERS; STUDENT NON-DEGREE					
Purpose of this form: Amend a previous form; Academic Training Added					
3. Form Covers Period: From (mm-dd-yyyy): 08-19-2009 To (mm-dd-yyyy): 08-31-2010		4. Exchange Visitor Category: STUDENT NON-DEGREE Subject/Field Code: 45.1001 Subject/Field Code Remarks: Exchange student in Political Science			
5. During the period covered by this form, the total estimated financial support (in U.S. \$) is to be provided to the exchange visitor by: Personal funds : \$14,339.00 Total : \$14,339.00		Academic Training: Organizing for America - (05/16/2010 - 08/31/2010)			

Social Security Number

- **F-1 and J-1 students who work MUST obtain a Social Security Number (SSN)** (you can't get one if you don't work)
- **YOU HAVE TO GO TO THE US GOVERNMENT SOCIAL SECURITY OFFICE IN DOWNTOWN**, and you must take:
 - Original passport
 - I-20/DS-2019
 - I-94
 - UNM employment verification form signed by an ISSS advisor and your job supervisor!



Commercial Break

In a college far, far away, two international students are leaving class...

Need more information?

- Attend *Working as an International Student*
Friday, Aug 29th
- Ask an international advisor
- Check the info at isss.unm.edu
- Read email messages sent from
iadvisor@unm.edu regarding immigration
and work issues!!!!





Health Issues

Photo by: Susann Kõomägi

YOUR HEALTH IS IMPORTANT!

- No one expects to get sick!
- You need to understand the U.S. system, where to go, and how to use your insurance



HEALTH INSURANCE ISSUES

Health insurance is **MANDATORY** for international students at UNM!!!

- Students with Athletic scholarships, home government sponsorship, or parent/spouse U.S. Employer insurance can have insurance through those sources.
- **ALL OTHER** International Students need to buy U.S.-based health insurance coverage for their **ENTIRE STAY** in the US!
- **Not having insurance can result in financial, health and legal problems, so you MUST take responsibility for this requirement!**

HEALTH INSURANCE AT UNM

A LAW PASSED IN JULY:

- Prevents international students from receiving government money for U.S. Marketplace Insurance
- Threatens penalties for people who have it this year (2025) who do not correctly report income
- Creates work requirements for Medicaid that will conflict with immigration requirements
- **DO NOT SIGN UP FOR MARKETPLACE OR MEDICAID EVEN IF YOUR FRIENDS TELL YOU TO!**



HEALTH INSURANCE AT UNM

- We are currently working with the UNM Student Health Center on a student insurance plan to begin in January
- For NOW, those who are not covered on other insurance must buy an **International student plan** from here:
<http://www.internationalstudentinsurance.com/schools/university-new-mexico.php>
- There are 5 plans on the website to choose from
- Buy a plan from NOW until January 18, 2026



If you are over 30 or are here with spouse/children talk to Linda about your options!

International Student Plans

International Plans DO NOT:

- Cover pre-existing conditions
- Cover preventative care
- Have unlimited benefits
- Have their claims processed directly by the UNM Student Health Center
- Cover things that are not medically necessary

International Plans DO

- Cover new illnesses and injuries
- Cover medical evacuation and repatriation of remains (required for J1 visa holders)
- Have limits on how much they will cover and what they will cover
- Will require you to file claim forms if you visit the UNM student health center and want them to pay
- Charge more for those over 24

HEALTH INSURANCE

After you buy:

1. Upload coverage info at *myGEO portal* – (PAGE WITH NAME AND DATES)
2. Print an insurance card – Carry this in your wallet!
3. Do not have a gap in your health insurance (even if you will leave the US for vacation). If you have a gap your policy is considered NEW and NOT continuing which is a problem.
4. Fill out claim forms for any charges within the time limit (usually 2 months) – Do this even for ALL charges so that you are adding up dollars toward meeting your “deductible”

**SO...WHERE
SHOULD YOU
GO WHEN YOU
GET SICK?**



STUDENT HEALTH & COUNSELING

- Called **SHAC**
- **Open** Weekdays 8-5
(Tuesday 9-5) – NO
WEEKENDS OR HOLIDAYS!
- Medical and Counseling
Services for Students:
 - Appointments & Same Day
 - Pharmacy
 - Lab and X-Ray
 - Specialties
 - Health Education



Can call after hours for
emergency advice

GO TO SHAC FOR ALL ROUTINE CARE!!!



- All currently enrolled students can be seen at SHAC
- Cost is MUCH lower than elsewhere
- Care is offered by experienced doctors, advanced practice providers, and nurses
- Same-day appointments are available

**Best place to go when you get sick!!!
BUT NOT OPEN ON WEEKENDS!**

Where to go if SHAC can't help

- If SHAC is closed and you have an urgent need, you will need to go to an “Urgent Care” facility or the hospital Emergency Room.
- Contact your insurance provider to go somewhere “in network” for the cheapest price
- Do NOT USE THE EMERGENCY ROOM FOR NON-EMERGENCIES



When to Use the Emergency Room

- Heart Attack
- Fractures/broken bones
- Seizures
- Severe pain
- Stroke
- Uncontrollable Bleeding
- Unconsciousness
- Childbirth



When to Use Urgent Care

- Allergies
- Sinus infections
- Cold
- Cough
- Flu-like symptoms
- Sore throat
- Dizziness
- Earaches
- Fever
- Insect bites
- Minor cuts
- Back pain
- Minor Burns
- Sprains
- Strains
- Rashes
- Upset Stomach
- Vomiting
- Diarrhea



Mental Health Issues

What to remember

- Please seek help if you need it!
- There is no shame in needing someone to talk to while away from home!!!
- It's confidential
- Most resolve their issues!!!

What to do:

- Seek an individual consultation at SHAC.unm.edu
- Attend one of the self-help workshops

Mentimeter Questions

Final Round

**Again:
What do I
do if I get
sick?**

- Unless it is a medical emergency, you should always seek help from SHAC first
- If SHAC can't help go to an ***In-Network*** provider for the lowest cost
- Students are responsible for their insurance ***“deductible” and any “co-insurance”***
- You will have to fill out a “claim form” if the provider does not take your insurance

**Again: What
do I do about
insurance?**

- Buy until January 18 here:
- If over 30 or married see Linda
- Upload proof of insurance to your **mygeo** portal Health Insurance Information

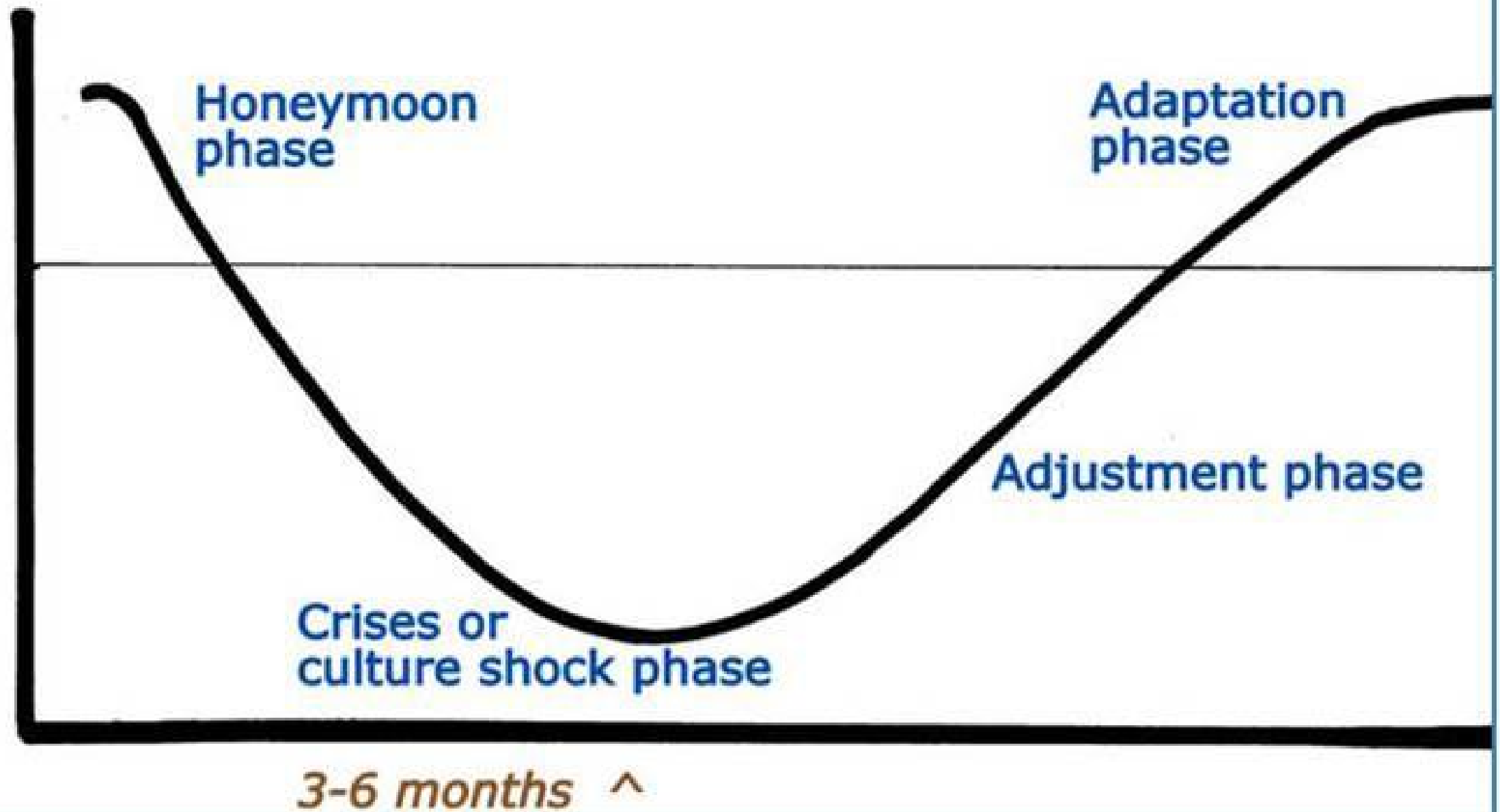




Overcoming Culture Shock

Culture Shock U curve

By Brian Hennessy



A vibrant outdoor festival scene with people in the foreground and background. In the foreground, a young man with blonde hair and a beard is smiling and waving his right hand. To his left, a young woman with blonde hair and sunglasses is smiling. To his right, a young woman with dark hair is smiling. In the background, there are other people, including a man in a red shirt and a woman in a red cap. There are also some vehicles, including a white van and a red car. The scene is set on a grassy area with trees in the background.

A Word on Cultural Adjustment

IT HAPPENS TO EVERYONE!!!

Experiences and Advice from your fellow students

How to Overcome Culture Shock

- Expect extreme ups and downs
- Keep busy: socialize, play sports, do hobbies
- Make American friends AND international friends
- Learn about the culture and language and think about the parts you really like
- Do the things that make you feel good at home
- Keep a sense of humor and be ready to laugh at yourself
- Realize that *everyone* who moves to a foreign culture experiences culture shock

Life Outside of Class





RECREATIONAL SERVICES

THE UNIVERSITY OF NEW MEXICO
Recreational Services

1102 Johnson Center, UNM, 505.277.0178

recservices.unm.edu

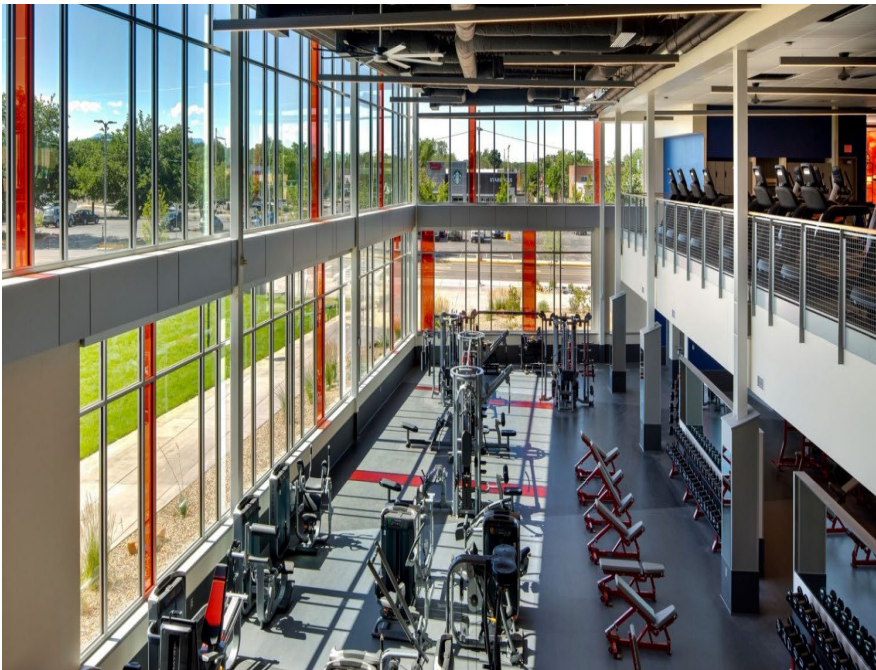
Division of Student Affairs
Some programs & services paid for by UNM Student Fees

UNM JOHNSON CENTER FACILITIES:



**OLYMPIC POOL
JOHNSON POOL
THERAPY POOL**

Some facilities are closed due to renovations.
Contact UNM Rec Services for Additional information



**CARDIO & WEIGHT
ROOM**



GYMNASIUM

NM RECREATIONAL SERVICES

FALL 2025 Fitness Classes TBA
Stay tuned!



NM RECREATIONAL SERVICES **SUMMER 2025** **UNM PackFit** **JUNE 2 - AUGUST 8, 2025**

MONDAY

CIRCUIT TRAINING

Maidelys V
12:00pm-1:00pm
JC Functional Training Room

YOGA

Felisha M
12:00pm-1:00pm
Fitness Room

SELF DEFENSE

Marcus B
12:00pm-1:00pm
Dance Room

AQUA JOGGING

Marty M
6:30pm-7:30pm
UNM Olympic Pool

TUESDAY

PILATES

Alisha R
12:00pm-1:00pm
JC Dance Room

CIRCUIT TRAINING

Maidelys V
12:00pm-1:00pm
JC Functional Training Room



\$100.00

UNM FACULTY, STAFF & COMMUNITY

WEDNESDAY

CIRCUIT TRAINING

Maidelys V
12:00pm-1:00pm
JC Functional Training Room

YOGA

Hallee N
12:00pm-1:00pm
Fitness Room

DEEP WATER AEROBICS

Marty M
12:00pm-1:00pm
UNM Olympic Pool

THURSDAY

PILATES

Alisha R
12:00pm-1:00pm
JC Dance Room

CIRCUIT TRAINING

Maidelys V
12:00pm-1:00pm
JC Functional Training Room

AQUA JOGGING

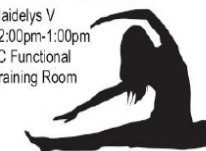
Marty M
6:30pm-7:30pm
UNM Olympic Pool



FRIDAY

CIRCUIT TRAINING

Maidelys V
12:00pm-1:00pm
JC Functional Training Room



THE UNIVERSITY OF NEW MEXICO
RECREATIONAL SERVICES
1102 Johnson Center, UNM, 505.277.0179
recservices.unm.edu

The "PackFit" Pass is valid for all classes on the SUMMER 2025 "PackFit" Schedule. **NO CLASSES: JUNE 19, JULY 4, 2025.** All classes, times, names, dates, instructors, and locations are subject to change or cancellation at any time. Please check with the UNM Recreational Services office to register and/or for changes in the schedule prior to the beginning of class. These classes are not available for academic credit. UNM Tuition Remission benefits are now available for full time UNM Faculty and Staff.

Please visit our website for the current updates on the PackFit Schedule.



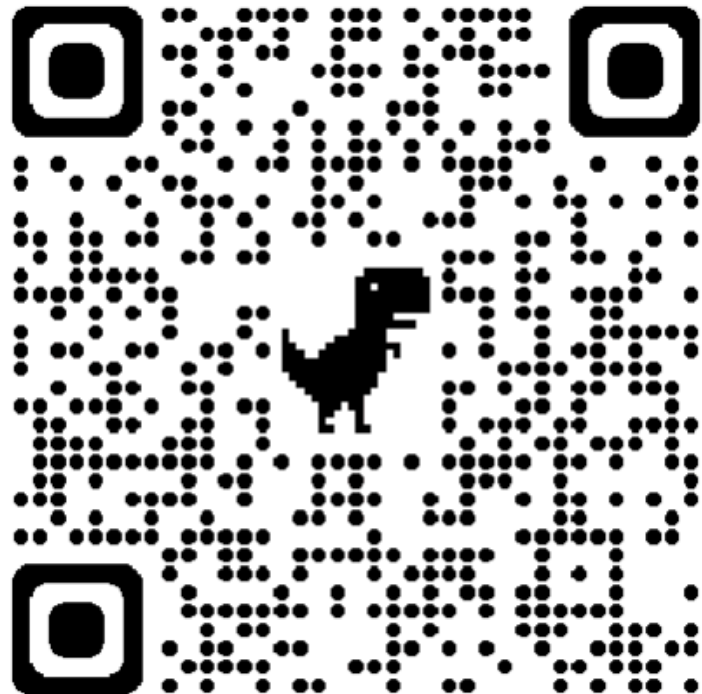
SUMMER 2025 FITNESS SCHEDULE

UNM PackFit



Getaway Adventures

Register for upcoming trips using the QR code!



**RECREATIONAL SERVICES**
UNM OUTDOOR ADVENTURE CENTER
SUMMER 2025
GETAWAY ADVENTURES



The background of the right page is a vibrant illustration of a blue river winding through a landscape with green trees and bushes. A yellow raft with several people is shown on the river. The word 'Getaway' is written in large, stylized letters across the river.

Bike in Coffee
Summer Bosque
Bike Ride
JUNE 14

Float the Rio!
JUNE 21

Taos White Water Rafting Adventure
JUNE 28 or
JULY 12

Mt. Taylor Summit Hike
JULY 19

Santa Fe Traditional Spanish Market
JULY 26

Honduras Adventure with the Scuba Company
JULY 19

Santa Fe Indian Market
AUGUST 16

Register at the **UNM OUTDOOR ADVENTURE CENTER**
Room G1520 Johnson Center or online:



Call 277-8182 for more information on trips. Tuition Remission is eligible for Full and Part Time UNM Faculty, Staff, UNM Retirees.

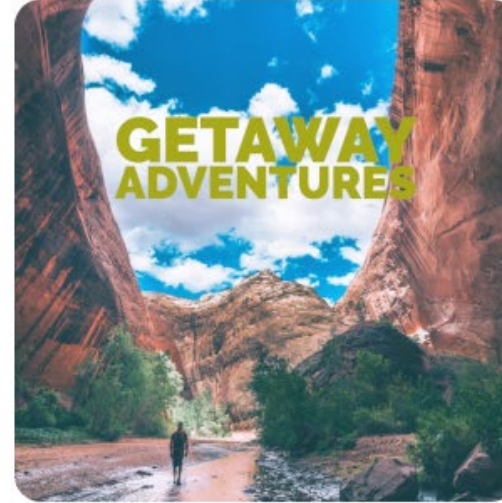
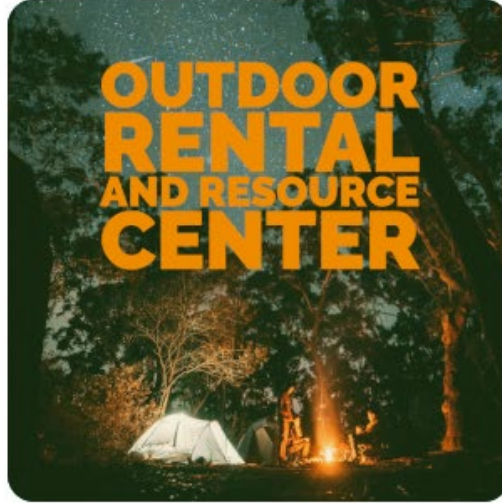
Outdoor Adventure Center

Latest News

No latest news



Reservations



GEO Social Activities & Community Engagement



Welcome Trip to the Sandia Mountains



SANDIA PEAK TRAMWAY & HIKE

Enjoy the beautiful Sandias and spectacular views of the Rio Grande Valley at sunset

Friday, August 15, 2025

Departing at 2:00 pm

Includes transportation from and to main campus, and Tramway tickets

Cost: \$28.00

Sign up now 



- Spots are limited!
- Sign up now! Registration deadline: Wednesday, 08/13.

- Join GEO and friends to celebrate the beginning of the school year and welcome our incoming international students and scholars to UNM!
- Date and time: Saturday, Aug. 16 from 1 to 4 pm
- Location: UNM Duck Pond
- Free food, drinks, and games! Bring a friend!
- No RSVP required



Louie's Lounge: Thursdays from August 21 to October 2

- Weekly gathering starting Thursday, August 21st
- 4:00 to 6:00 pm
- Student Union Building, 1st Floor (by the Supermarket)
- Games, snacks, fun!
- Free
- Bring friends!





Other Awesome Activities



- **Saturday, Sept. 13th**– Bird watching and Hike at Rio Grande Nature Center
- **Saturday, Sept. 20th**- Globalquerque Music Festival
- **Wednesday, Oct. 8th**- Flight of Nations at Balloon Fiesta




Find the full calendar of events here:

ISSS SOCIAL ACTIVITIES FALL 2025

 <p>LOUIE'S LOUNGE GAME NIGHTS THURSDAYS - AUG 21 - OCT 2 4 PM - 6 PM AT THE SUB GAMES AND FUN CRAFTS WITH OTHER INTERNATIONAL STUDENTS. INVITE YOUR FRIENDS OR MAKE NEW ONES!</p>	 <p>SANDIA CREST TRAMWAY & HIKE AUGUST 15 TAKE THE TRAM UP TO THE TOP OF THE SANDIA MOUNTAIN AND HIKE THROUGH THE LUSH FOREST TO KIWANIS CABIN</p>
 <p>RIO GRANDE BIRD WATCHING HIKE SEPTEMBER 13 GET TO KNOW NEW MEXICO'S DIVERSE AVIAN WILDLIFE ON OUR BIRD WATCHING HIKE AT THE RIO GRANDE NATURE CENTER</p>	 <p>GLOBALQUERQUE MUSIC & CULTURE FEST SEPTEMBER 20 ATTEND ALBUQUERQUE'S ANNUAL CELEBRATION OF INTERNATIONAL MUSIC AND CULTURE AT THE CIVIC PLAZA</p>

 <p>BALLOON FIESTA FLIGHT OF NATIONS OCTOBER 8 WITNESS THE WORLD'S LARGEST HOT AIR BALLOON FESTIVAL, WITH BALLOONS FROM ALL OVER THE WORLD</p>	 <p>SANTA FE GROWERS AND ARTISTS MARKETS OCTOBER 28 TAKE THE TRAIN UP TO SANTA FE AND GET TO KNOW THE DOWNTOWN RAILYARD'S VIBRANT MARKETS</p>
 <p>STONEAGE ROCK CLIMBING FRIENDSGIVING NOVEMBER 14 CELEBRATE THANKSGIVING BY ROCK CLIMBING WITH FRIENDS</p>	 <p>END OF SEMESTER & HOLIDAY CELEBRATION DECEMBER 6 CELEBRATE THE END OF THE SEMESTER AND WINTER HOLIDAYS WITH FOOD, WINTER DRINKS, AND THE TWINKLE LIGHT PARADE</p>



**GLOBAL
EDUCATION
OFFICE**

Questions?
Email us at iadvisor@unm.edu
Find our calendar of events at
iss.unm.edu



How to stay connected with UNM and ABQ community?

LOBO FRIENDS PROGRAM



INTERNATIONAL SERVICE CORPS



INTERNATIONAL SERVICE CORPS



- Forge Valuable Connections
- Enhance Your Resume
- Earn a Certificate of Appreciation
- Promote Intercultural Interaction

Invite your friends to join!



CERTIFICATE OF APPRECIATION

- 10 Hours of volunteering gets you a certificate of appreciation
- You will also be invited to join us for a certification ceremony and dinner celebration



Our volunteer work

- Cultural presentations for schools
- Packing lunches and clothes for City shelters
- Translators for local refugee organizations
- Plant trees and participate on nature restoration events at local wildlife refuges
- Support local conferences and cultural events in town



Our Community partners



What to expect this semester:

- Mandy's Farm – September 12th
- UVNR – September 20th
- Tres Hermanas Farm – September 27th
- Crossroads for women – October 10th
- Nex Gen High school - TBD



Register for ISC here

BE A VOLUNTEER!



LOBO FRIENDS PROGRAM

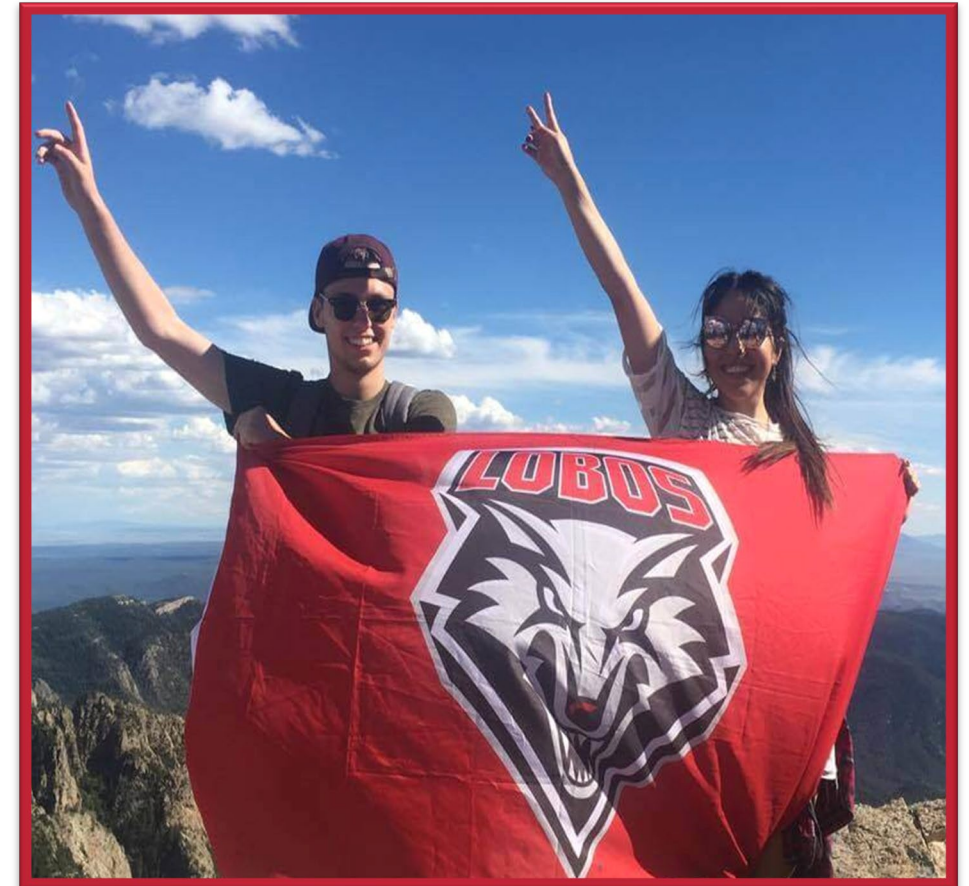


Benefits for Mentors

- **Personal Growth:** Develop leadership, communication, and interpersonal skills.
- **Cultural Exchange:** Gain insights into different cultures and perspectives.
- **Networking:** Build connections with diverse individuals.
- **Fulfillment:** Experience the satisfaction of helping others succeed.

Benefits for Mentees

- **Guidance:** Receive support in navigating a new academic and social environment.
- **Cultural Adjustment:** Learn about local customs and practices.
- **Academic Support:** Get tips and resources for academic success.
- **Social Integration:** Make friends and feel more connected to the community.



ACTIVITIES WE DO TOGETHER



Lobo Friend Mentees

JOIN US



A woman with dark hair is looking through a black microscope in a laboratory setting. In the background, there are two computer monitors displaying data. The scene is dimly lit, with a warm glow from the microscope's light source. A semi-transparent blue banner is overlaid at the bottom of the image.

Academic Expectations

HOW TO SUCCEED IN YOUR ACADEMIC LIFE?

Anushee Senthil And Zaina Naru



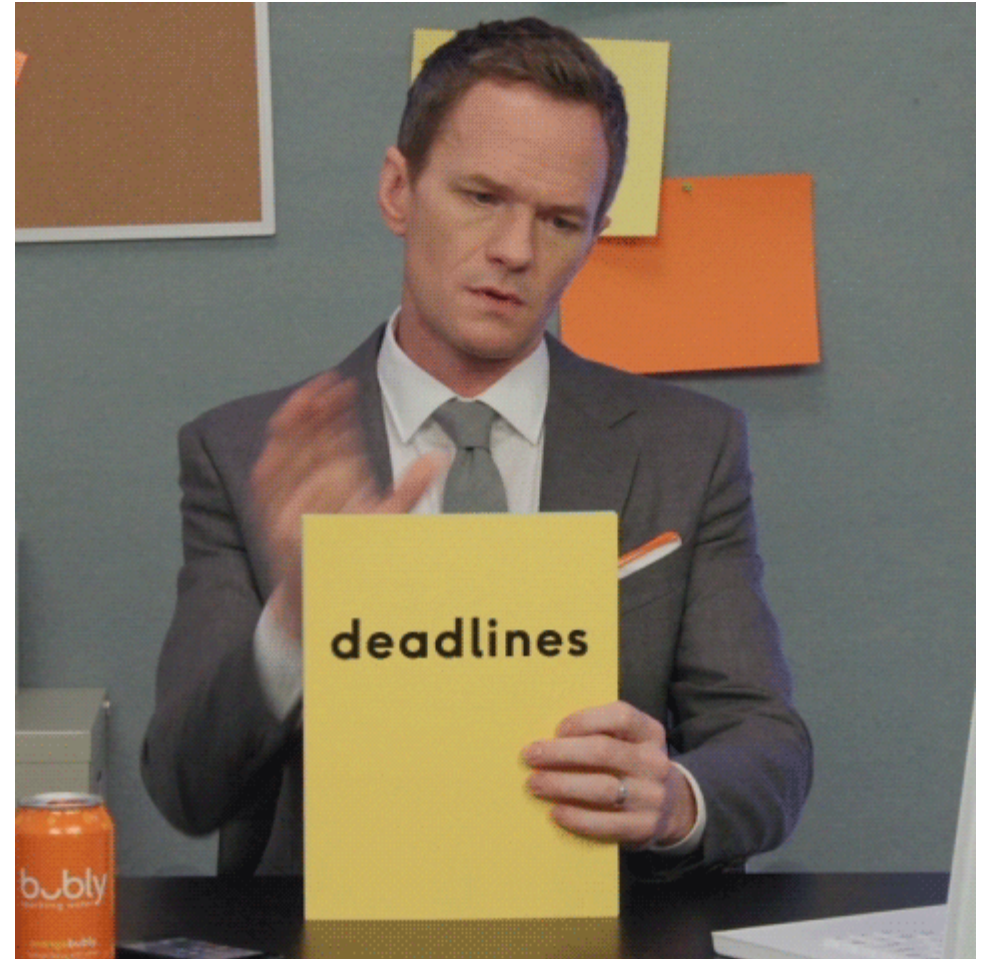
YOU FELL ASLEEP?

COMMUNICATION

- Frequently communicate with your professors and peers(in and out of class) about every element:
 - Homework
 - Projects
 - Deadlines
 - Medical issues (illness, etc.)
 - Personal problems
 - IT IS OKAY TO ASK FOR HELP!

THERE ARE ALWAYS DEADLINES

- Assignments
- Exams
- Class registration
- Advisement
- Dropping a class
- Enrollment



TIME MANAGEMENT

- This is very important!!!
- Read your syllabus
- Get a planner
- Set reminders
- Avoid unnecessary time wasters



MAKE CONNECTIONS



[This Photo](#) by Unknown Author is licensed under [CC BY](#)

- Become friends with other students
- Team up with them for projects
- Utilize all the available resources
- Attend study sessions
- Attend class and engage in class discussions!

SELF CARE

- Settling into a completely new environment can be overwhelming, don't forget to make time to de-stress.
- Eat good food and drink lots of water.
- YOU WILL BE FINE, JUST TAKE ONE DAY AT A TIME 😊





UNM Colleges & Schools

Undergraduate programs at UNM are offered through *colleges* or *schools*. Each has different *departments, programs* and *advisement units* where you go for questions.

- College of Arts & Sciences – A&S Center for Academic Success
- School of Engineering – School of Engineering Academic Advisement
- Pre-health majors – University College Advisement Center (UCAC)

Undergraduate Degrees

College of Arts & Sciences

College of Arts & Sciences	Latin American Studies (B.A.)
Africana Studies (B.A.)	Linguistics (B.A.)
American Studies (B.A.)	Mathematics (B.S.)
Anthropology (B.A. or B.S.)	Native American Studies (B.A.)
Astrophysics (B.S.)	Philosophy (B.A.)
Biochemistry (B.A. or B.S.)	Physics (B.S.)
Biology (B.A. or B.S.)	Physics and Astrophysics (B.A.)
Chemistry (B.A. or B.S.)	Political Science (B.A.)
Chicana and Chicano Studies (B.A.)	Portuguese (B.A.)
Classical Studies (B.A.)	Psychology (B.A. or B.S.)
Communication (B.A.)	Religious Studies (B.A.)
Comparative Literature and Cultural Studies (B.A.)	Russian (B.A.)
Criminology (B.A.)	Signed Language Interpreting (B.S.)
Earth and Planetary Sciences (B.A. or B.S.)	Sociology (B.A.)
East Asian Studies (B.A.)	Spanish (B.A.)
Economics (B.A.)	Speech and Hearing Sciences (B.A.)
English Studies (B.A.)	Statistics (B.S.)
English-Philosophy (B.A.)	Women, Gender, and Sexuality Studies (B.A.)
Environmental Science (B.S.)	Health, Medicine and Human Values (B.A.)
French (B.A.)	International Studies (B.A.)
Geography and Environmental Studies (B.A. or B.S.)	Journalism and Mass Communication (B.A.)
German (B.A.)	Languages (B.A.)
History (B.A.)	

College of Education & Human Sciences

Elementary Education (B.S.)
Family and Child Studies (B.S.Ed.)
Physical Education (B.S.Ed.)
Secondary Education (B.A.Ed. Or B.S.Ed.)
Special Education (B.S.Ed.)
Community Health Education (B.S.)
Exercise Science (B.S.)
Family and Child Studies (B.S.)
Nutrition and Dietetics (B.S.)

College of Pharmacy

Pharmaceutical Sciences (B.S.)

College of Population Health

Population Health (B.S.)

Honors College

Honors Interdisciplinary Liberal Arts (B.A.)

Anderson School of Management

Business Administration (B.B.A.)

School of Architecture and Planning

Architecture (B.A.A.)
Environmental Planning and Design (B.A.E.P.D.)

School of Engineering

Chemical Engineering (B.S.Ch.E.)
Computer Science (B.S.C.S.)
Computer Engineering (B.S.Cp.E.)
Civil Engineering (B.S.C.E.)
Construction Engineering (B.S.Cn.E.)
Construction Management (B.S.C.M.)
Electrical Engineering (B.S.M.E.)
Mechanical Engineering (B.S.M.E.)
Nuclear Engineering (B.S.N.E.)

School of Medicine

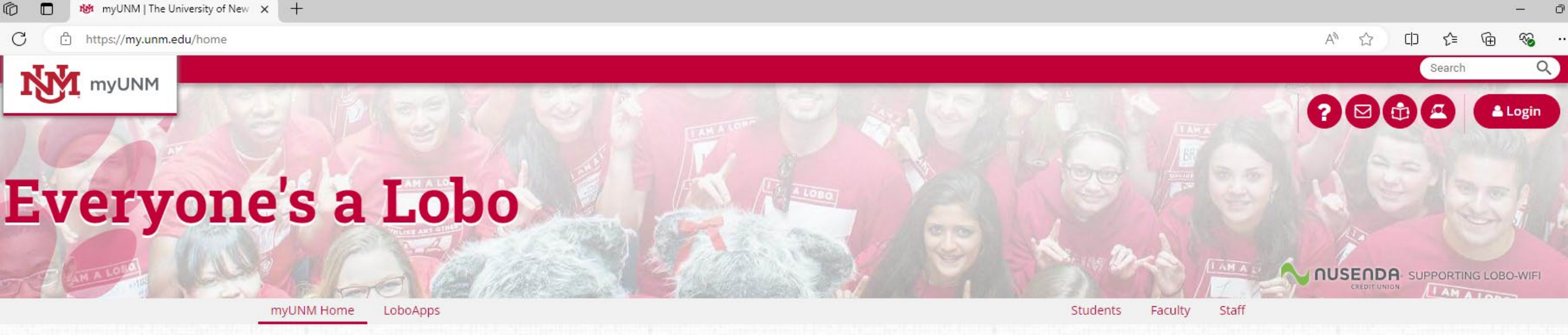
Dental Hygiene (B.S.D.H.)
Emergency Medical Services (B.S.)
Medical Laboratory Sciences (B.S.M.L.)
Radiologic Sciences (B.S.)

University College

Liberal Arts (B.A.)
Integrative Studies & Innovation (B.I.S.I.)

College of Fine Arts

Art Education (B.A.)
Art History (B.A.)
Art Studio (B.A or B.F.A.)
Dance (B.A.)
Film and Digital Arts (B.A. or B.F.A.)
Interdisciplinary Arts (B.A.)
Music (B.A. or B.M.)
Music Education (B.M.E.)
Theater (B.A.)
Design and Technology for Performance (B.F.A.)



Your program information

LoboWeb is the portal where UNM students register for classes, view holds and final grades, run degree audits, make payments, etc.

To access LoboWeb and see your program information:

- Log in with your NetID and password at **my.unm.edu**
- Click the big **RED** button that says ***“Enter Loboweb”***)
- Student Menu – **Student Profile**
- You will be able to see your program information (degree, college, major, minor, and catalog term).
- Exchange students are “Non-degree” at UNM

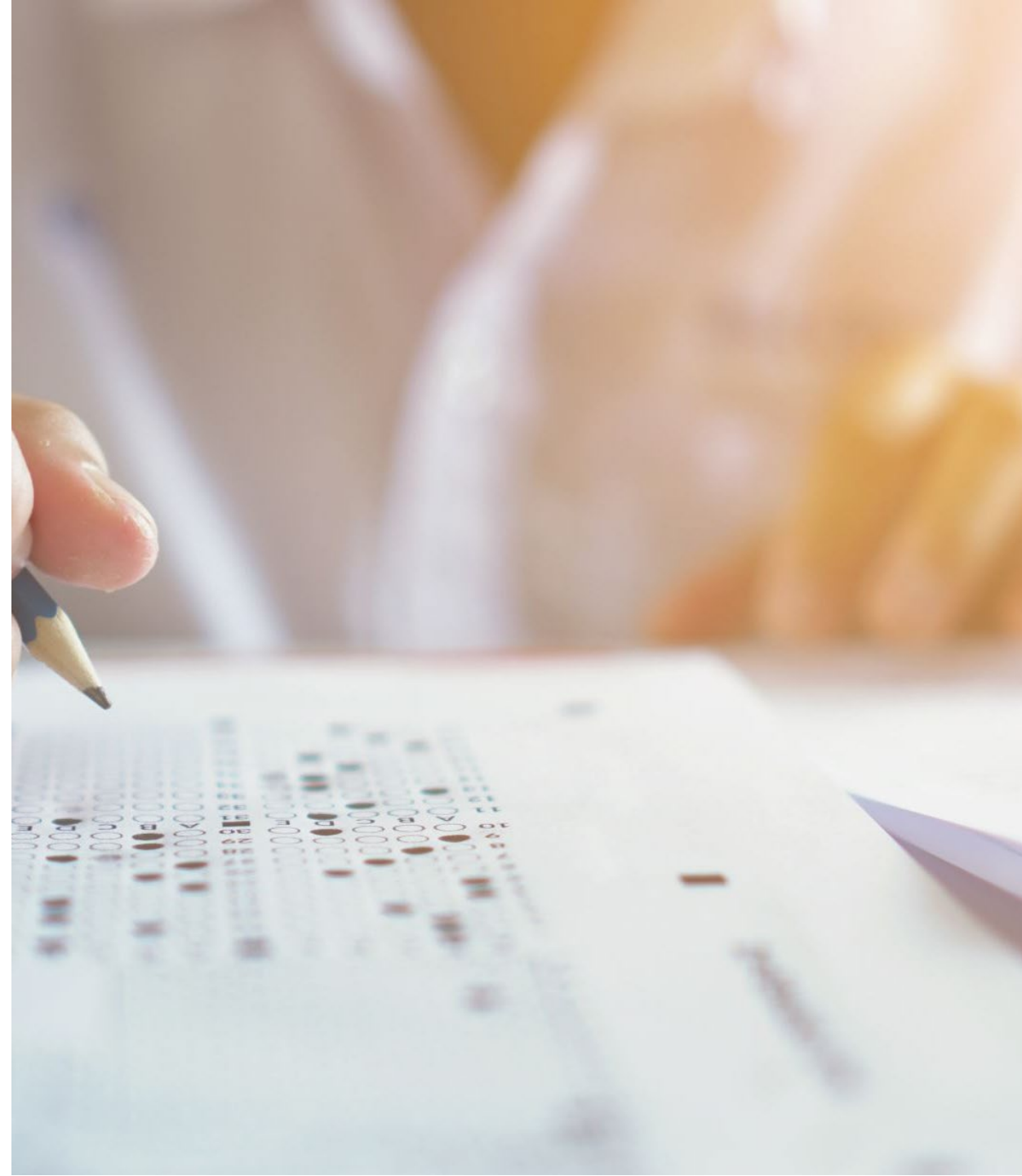
Academic development is

YOUR RESPONSIBILITY

You are the only one responsible for:

- ❖ Meeting degree requirements
- ❖ Registering for classes
- ❖ Completing all course requirements on time
- ❖ Communicating with your professors and advisors
- ❖ Submitting forms and work on time
- ❖ Complying with academic integrity policies
- ❖ Completing your program

No one else will do the job for you!



Registration for classes

- Registration for Spring begins in November, and for Fall in April
- Resolve all HOLDS before your registration appointment date (types: pre-requisite, advisor, international admissions, etc.)
- Degree-seeking students **MUST** meet with an academic advisor before registration to plan their schedule and remove advisement holds
- Your appointment date to register for classes is based on the number of credits you have earned. Registration Dates are here: (<https://registrar.unm.edu/>)
- Register for classes on your appointment date
- Registration opens at 7 am. Register ASAP as classes fill up very quickly!
- Contact your academic advisor if you have any issues with registration. Most advisement offices have drop-in hours during registration week.



Required Class for **SOME** Scholarship Students



Some Freshman scholarship students have a REQUIRED course for the scholarship. YOU WILL GET EMAIL “REQUIRED COURSE FOR YOUR SCHOLARSHIP”



If you received the email, you must register for this course as soon as all your registration holds are lifted **FYEX 1110.001 - *CRN 73200*, Intro to UNM for International Students**



If you did not receive the email, you are welcome to enroll for the course on a voluntary basis.

Meeting your Academic Advisor

Meet with your academic advisor at least once a semester before registration opens to:

- Discuss requirements for your degree
- Adjust your schedule if needed (first 2 weeks of the semester to add or drop classes)
- Talk about your academic and career goals
- Submit academic forms
- Change your major if desired
- Remove advisement holds
- Always use your UNM email to communicate with your advisor. Academic advisors do not respond to non-UNM emails.

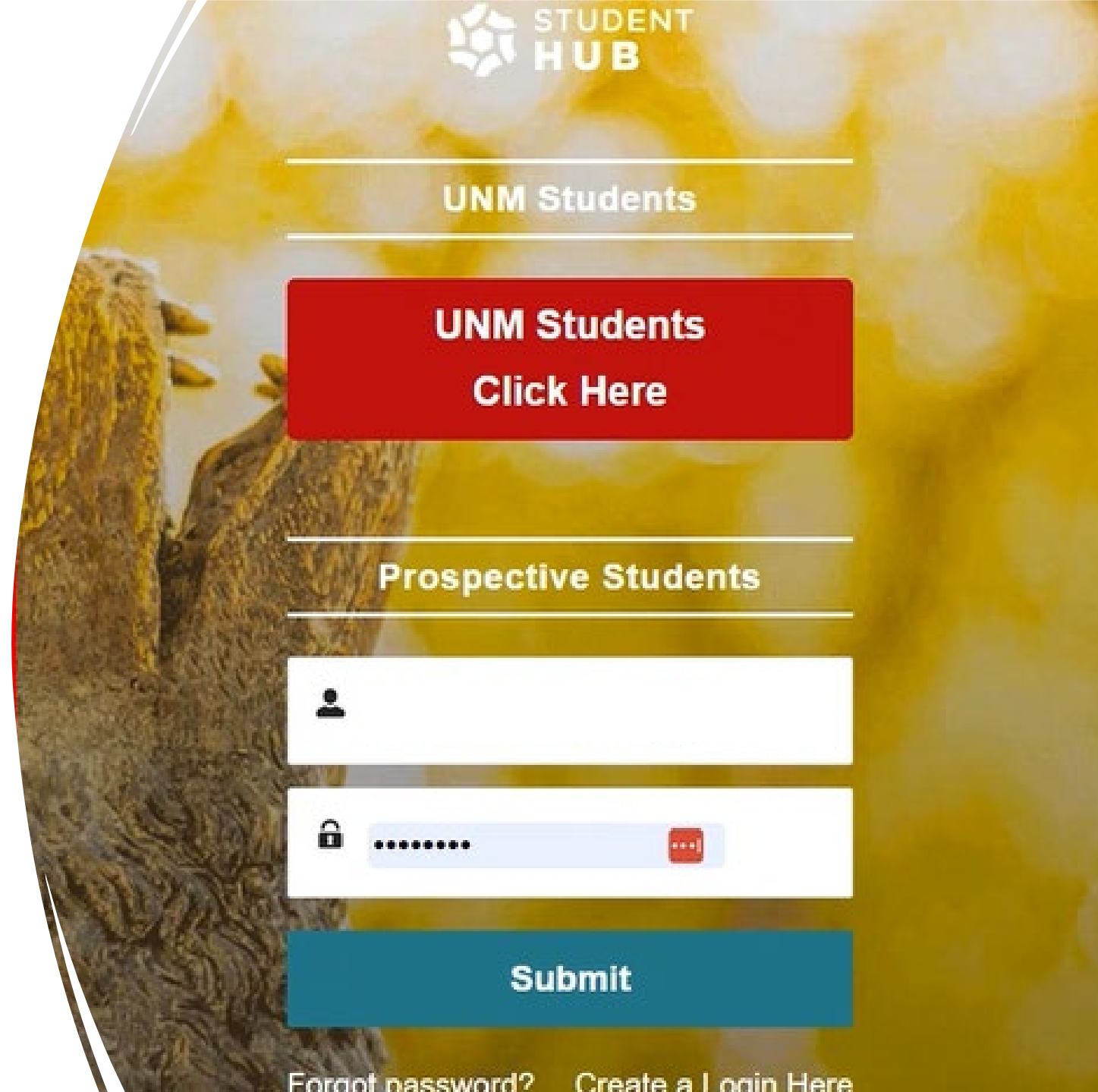
You can always meet with your advisor to seek guidance on your academic journey.

****Academic advisors do NOT advise about scholarships or student visa requirements.**

Student HUB (formerly LoboAchieve)

Student Hub is the software you use to schedule appointments with academic advisors, and access advising session notes.

To Access Student Hub:
studenthub.unm.edu


A screenshot of the Student HUB login page. The background is a warm, yellowish-orange gradient with a faint image of a person's face. At the top right is the 'STUDENT HUB' logo. Below it is a horizontal line, followed by the text 'UNM Students'. Another horizontal line follows. Then, a red button with white text says 'UNM Students Click Here'. Below this is another horizontal line, followed by the text 'Prospective Students'. Another horizontal line follows. Then, there is a white input field with a person icon on the left. Below that is another white input field with a lock icon on the left, followed by a series of dots representing a password, and a red 'X' icon on the right. Below these fields is a teal button with white text that says 'Submit'. At the bottom, there are two links: 'Forgot password?' and 'Create a Login Here'.

Use your Degree Audit

LoboTrax degree audit helps you check your progress towards your degree

The report what you have completed and what you still need to complete, as well as other requirements for your degree. If you have transfer credits from other institutions that have been counted toward the degree, they should appear with their UNM course equivalent.

Ask your advisor if you don't see your transfer credits reflected, or they don't match the appropriate UNM course.

 THE UNIVERSITY OF
NEW MEXICO.

LoboWeb

Student Financial Aid Faculty & Advisors Employee Payment

Search

Registration & Records Menu

Registration

[College Scheduler](#)
[Registration \(Add / Drop\), Course Search](#)
[Check Your Registration Status](#)
[Check Your Registration Appointment Date](#)
[View Holds](#)
[Withdraw from Term Info](#)

Records

[Select Term](#)
[View Final Grades](#)
[Access LoboAchieve](#)
[Submit or View LOBO Trax degree audits](#)
[Unofficial Academic Transcript](#)
[Advisement Transcript - UNM](#)
[Order Official Transcript from Parchment](#)
[Check Status of Official Transcript Order](#)



Communicating with Professors and Advisors

- Most offices use UNM email only
- Make sure you communicate in a professional manner
- Use your full name, ID# and any relevant course information
- Make sure the “SUBJECT” line accurately relates to your question
- Provide as much background information and detail about your question as possible



How to succeed in your program: Main Issues

- Maintain good relationships with your faculty and advisors through frequent COMMUNICATION! (absences, difficulties, things you like, things you are curious about)
- Understand all requirements – READ!
- Be PROACTIVE – Don't wait until you are in trouble to seek help!

Academic Integrity

- Rules and standards vary by country
- Know the rules and meet the expectations to succeed
- Failure can have severe consequences for your life: academic, immigration, financial
- Academic dishonesty is not tolerated in the U.S.!

Regulations and policies at UNM: <https://pathfinder.unm.edu>

Student Conduct and Grievance Procedures (Faculty Handbook D175, D176) - <https://handbook.unm.edu>

Using Artificial Intelligence in College



Check in about general policies on the use of AI in the course before using it. Ask your professor first!



Understand the limitations of AI: AI often generates data that is decontextualized, inaccurate or false, biased, linguistically complicated and/or lacks citations.



NEVER submit AI's work as your own; ALWAYS disclose your usage of AI. Plagiarism will affect your student status!



AI tools are not independently intelligent. They can't reproduce human creativity and critical thinking skills when writing and analyzing information.



Think of AI as your conversation buddy for brainstorming your final product (not as a tool to create the final product!)

How to talk about AI usage for class

- Before you ask questions, review the syllabus.
- If the use of AI isn't clear in the syllabus, here are some questions you can ask:
 - *I am wondering what the AI policy for the course is?*
 - *Can you share your perspective on using AI, like ChatGPT or other tools for our assignments?*
 - *If I can use AI, how would I disclose my use?*
 - *Can I use Grammarly** or other tools that use AI for my paper? (Be ready to explain to your instructor what the tool does).*

** Grammarly's premium version includes a generative AI feature; make sure to clarify which part of Grammarly you may be allowed to use!

pla·gia·rism



Is it academic dishonesty or not?

Scenario #1

One of your assignments includes replying to a post on an online discussion board. You read one of your classmates' posts, but you don't know what to reply so you decide to use ChatGPT to create a response. You change a few words and submit the response as your own.

Yes, this is plagiarism. Presenting someone else's work (even work generated by AI) as your own work is a form of academic dishonesty.

Scenario #2

You paraphrase an idea from an article using your own words and writing style while citing the author in the text and including the full source (author, article, year, page, etc.) in your bibliography.

No, this is not plagiarism. The intellectual work of the original author has been acknowledged and the full source included.

Scenario #3

While writing a mid-term paper, you include the authors of the articles you used in the body of your paper, but you forget to include the rest of the citation (title, year, page, etc.) in the bibliography. You also use an AI tool to develop the conclusions section but do not mention the use of AI.

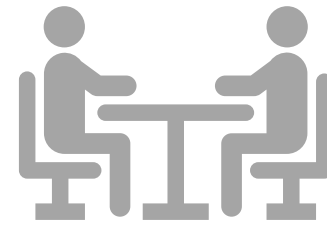
Yes, this is plagiarism. Even if you include the author in your text, you must include the full source. Moreover, presenting AI-generated work as your own is considered academic dishonesty.

ALWAYS give credit to the author and include the full source.

Case Studies



We will be reading 3 case studies.



After each, you will spend about 2 minutes chatting with the person next to you about it and brainstorming ways to address the situation.

Case 1

It is 8:45 am and you just woke up! You are running late for your 9:00 am class and you are exhausted. You get to a class a few minutes after it has started. You sit down quickly but once the professor starts talking you keep falling asleep. Your professor does not say anything to you about your lateness or falling asleep. You decide the class is too early in the morning, so you stop going to class because the professor puts all the lectures online anyway. You receive a bad grade on your first assignment, which is worth 25% of your grade. When you approach your professor about improving your grade, they are unsympathetic. What has happened and how can you correct the situation?

Case 2

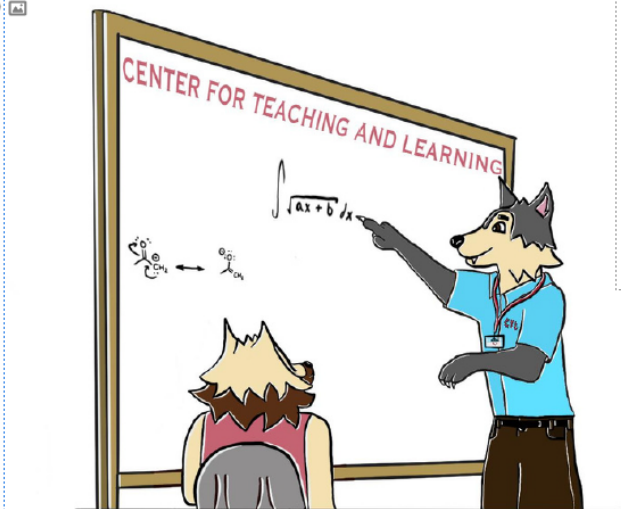
Midterms are here! All your classes have assignments or exams this week. You have a huge assignment due in two days but have not started because you were studying for an exam in another class. You find out your friend took the same class two semesters ago and they send you their assignment to help you understand what is required. You decide to use your friend's paper as a template, but you only moderately edit the paper (and some of it through using AI). The professor gives you a zero for your assignment and drops you from the course. Your friend gets accused of cheating by sharing the paper with you and they get kicked out of their research lab. Why did the professor do this? What are the lessons learned from this example? How can you prevent this from happening?

Case 3

Things seem to be going well in your classes. Then out of nowhere, you get the flu! Before you realize it, you have missed two weeks of class and an exam. You receive an email from the professor warning you will be dropped from the course because you have not attended and are failing. What steps should you take to make up for what you missed? What should you have done to prevent this situation?

Pathfinder: UNM Student Handbook

- Academic Integrity violations are serious!
- Consequences include course failure, loss of scholarship, removal from your program, and expulsion from UNM.
- Students are expected to know the rules.
- When in doubt, look it up!
- UNM rules are in the Pathfinder at:
<https://pathfinder.unm.edu/index.html>
- Program and course rules also exist.



CENTER FOR
TEACHING & LEARNING

STUDENT LEARNING ASSISTANCE

HELPS WITH:

- TUTORING
- WORKSHOPS
- ONLINE SUPPORT
- OWL (ONLINE WRITING LAB)



Resources at UNM

- **Accessibility Resource Center (ARC)** – accommodations for disabilities
- **UNM Libraries** - Zimmerman, Centennial, Fine Arts (borrow books and materials, reserve study rooms, talk to a librarian, computers, etc.)
- **UNM AI Resources Website**
- **Career Services** – support with resumes, cover letters, interview preparation
- **Student Centers** – ISSS/GEO, El Centro de la Raza, African American Student Services, Asian American Pacific Islander Resource Center, LGBTQ Resource Center, Women's Resource Center
- **LoboRespect Advocacy Center**
- **TimelyCare** and SHAC healthcare for students
- **Lobo Food Pantry**
- **Center for Teaching and Learning (CTL)** – workshops, tutoring, proofreading, etc.

WELCOME TO THE LOBO FAMILY!



Student Breakout

ALL WHO NEED CHECK-IN:

- Leave first with Melissa

EXCHANGE WHO ALREADY DID CHECK-IN:

- Complete Transcript Request form while degree students are breaking into groups

DEGREE STUDENTS WHO ALREADY DID CHECK-IN:

- When your group is called... **Take all your belongings and quickly exit through the back of the room**

Breakout Groups for Degree Students

Group 1 -	Group 2	Group 3	Group 4
Anderson School of Management (Business)	School of Engineering (Engineering and Computer Science)	University College and College of Arts & Sciences (Liberal Arts, Languages, Humanities, Sciences, Math, Communication)	Everyone Else: College of Education College of Fine Arts School of Architecture Nursing Undecided



LUNCH!!!

Important Questions:

Chicken or Veggie? (Banh Mi Sandwiches)

Let us know if you requested Gluten Free

Missed Check-In?

Leave now and eat while checking in.



REQUIREMENTS FOR EXCHANGE STUDENTS

ARRIVAL FORMS

- Many of you have forms from your universities that you need signed as proof of arrival.
- Please come see us as soon as possible to have your arrival forms signed!
- We can sign and stamp them during walk-in hours from 1pm to 3pm.

TUITION AND FEES

- If you have any charges you feel are not correct on your account, let us know.
- You are always responsible for paying COURSE FEES (listed in the schedule of classes) and the “Immigration Processing Fee.”
- There are late registration and late payment fees so pay attention to deadlines!
- If you have PENDING PAYMENT at the end of the semester, you will not receive an official transcript from UNM.
- To pay your bill, visit the Bursar’s Office OR pay online using LoboWeb.

OFFICIAL TRANSCRIPTS

- We email one official transcript to the International Office at your home university. These are sent by February 1st for Fall term (if you end the exchange in fall) and July 1st for Spring term (if you end in spring)
- Unless your school requests otherwise, an electronic transcript will be sent. Please notify your home school to look for the transcripts near the send date.
- You should order a second copy, for your own records. To do this you have to wait until all grades have been posted, then log in to your **Parchment account** and order on-line.
- Be sure to pay any fees before you leave or you will not receive your transcript!!!

UNM HOUSING ISSUES

- If you are in the dorms for only the Fall semester, you MUST fill out special papers to **CANCEL YOUR CONTRACT by October 31st** or you will be charged a \$500 fee!!!
- If you are in Lobo Village or Casas del Rio, you have to find someone else to take over your lease if you leave after fall!!!
- If you stay for two semesters, you MUST continue to live in the dorms – you cannot cancel the contract.
- If you have issues with your roommate, let your Resident Assistant (RA) know immediately and they will help you! Come to us if you do not get help from the RA
- Do you still need a place to stay? Talk to us after the orientation 😊

REGISTERING FOR CLASSES

- You can add and drop courses during the first two weeks of the semester. Those changes will not show on your transcript.
- If you are unable to register for a course because it is full, get on the waitlist and then try to contact the professor via email or go to class on the first day to explain that you are an exchange student trying to add.
- If you are unable to register for a course because you do not have the prerequisites, go to the advisor for that department and explain that you are an exchange student. They can look up your transcript in “On-Base” to see if you have the equivalent prerequisites (**or you can show them a paper copy**). You may need a course description from your home school catalogue.