



GLOBAL
EDUCATION
OFFICE

Welcome International Students





**What if I told you,
you are not alone!!**

International Students at UNM

New Students

601 Admitted:

- 287 Grads
- 219 Undergraduates
- 71 Exchange/Guest
- 21 Intensive English

88 Majors/Programs

80 Countries

Current Students

Approximately 1100 on
campus:

- 96 Countries
- Top 5 Countries
Represented: India,
China, Nepal,
Bangladesh and
Mexico

**Start Your Support
Network Now!**

ICEBREAKER!!

Find a person you don't know, who is not from your country:

Introduce yourself and tell them one story about your journey to UNM!

Find another person you don't know, who is not from your country:

Tell them how the US/New Mexico has or has not met the stereotypes you have had of the US!

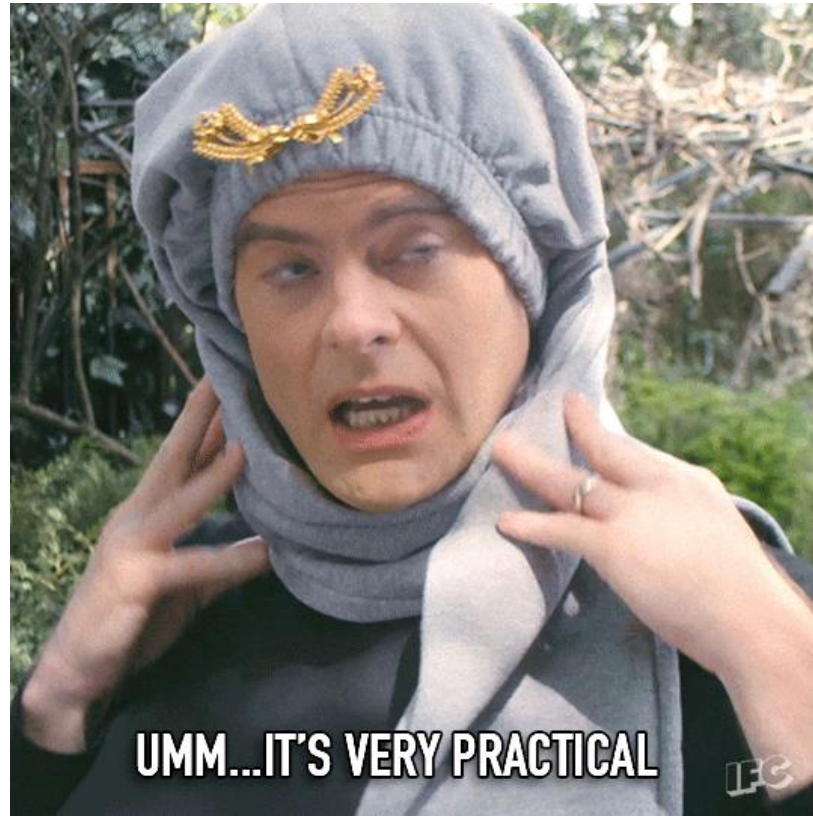
SHARE YOUR CONTACT INFO WITH TWO PEOPLE



Today's Main Messages

- **Make new friends and start your support network now!**
- **Learn to be a self-advocate**
- **Take advantage of all the great resources at UNM!!!**

Practical Information



After today find these slides at iss.unm.edu
Under: *Coming to UNM/Arrival Resources/Fall 2023*
Undergraduate Orientation

PRE-ARRIVAL ORIENTATION REVIEW

How many of you attended:

- **2 meetings?**
- **1 meeting?**
- **No meetings?**
- **Read info on teams**
- **Viewed videos (you can get some prizes today)**



Hopefully you had many of your arrival questions answered – let's see...

Mentimeter Challenge

- Friendly competition to get you engaged (with Prizes!!)
- Everyone get out your phone or device and go to this website to participate: www.menti.com
- Make sure to **NOT CLOSE** the website
- **Test question**

Mentimeter Challenge

1st round



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General Office Hours

Monday – Friday: 8:00 am – 5:00 pm

Front office open 10:00 – 4:00

Phone: 505-277-4032,

General E-mail: geo@unm.edu

Emergencies: 505-277-4GEO

International Advisors

Melissa Aragon



Phillip Gill



Fiore Bran Aragon



Linda Melville



Email: iadvisor@unm.edu, Web: iss.unm.edu

Drop-in hours to talk to advisors:

Monday – Friday 1:00 – 3:00

Or make an Appointment under *Contact US*

ISSS IS HERE TO HELP YOU:

- Maintain your legal non-immigrant status
- Identify campus resources
- Adjust to life in the U.S.

Current student Info

Important Links:



Social Media:

Facebook: ***UNMGlobal Community***

Instagram: ***UNMGlobal***

Information Packets

- **E-packet:** In MS Team or at ***iss.unm.edu*** under *Coming to UNM/Arrival Resources*; Info about work, driver's license and more!!!
- **Red Packet:** Check-in requirements, Arrival Checklist, getting involved info



Your TO DO List

COMPLETE TASKS ON YOUR ARRIVAL CHECKLIST!

Arrival Checklist

More Information in the E-Packet and also on our [Website](#)

Required Tasks:

☐ Complete Check-in Requirements

- ☐ After you arrive, check-in, attend orientation and provide all check-in information, GEO will lift the GEO orientation *HOLD* and confirm your arrival with the US government in SEVIS (REQUIRED FOR YOUR STAY TO BE LEGAL!)
- ☐ To complete check-in, you will get a message to your permanent (non-UNM) email instructing you to set up your **myGEO** portal account. The **mygeo** portal is not linked to your **my.unm.edu** account, so save this password!
 - The **Personal Information** section should always have your correct US address, US telephone number, and emergency contact information. Update at mygeo.unm.edu and also with UNM at my.unm.edu every time your information changes.
 - The **Upload Documents** section should always have your most recent immigration documents (list below).
- ☐ **You must provide proof of health insurance for the whole semester to complete check-in** (please do not upload temporary health insurance in the **mygeo** portal – degree-seeking students have 2 weeks to decide on a long-term plan and we will have health insurance sign up help during check-ins). Health insurance is REQUIRED (more info is in the e-packet or our [website](#)). Regardless of your insurance plan, you should go to the [Student Health Center](#) for all primary health care!

Social Security Number

Apply only **when you have a job** and
COMPLETE GEO CHECK-IN!!!

BRING THESE WHEN YOU GO:

- Passport
- I-94 showing F or J status (print at www.cbp.gov/I-94)
- I-20 form for F1 Students/DS-2019 form for J1
- “UNM Employment Verification Form” signed by your employer and by GEO verifying your permission to work



GET CONNECTED

STAY UP TO
DATE



UNMGlobal



MSTeam International
Student & Scholar Services



UNMGlobal
#InternationalLobo



ISSS.UNM.EDU
Calendar of events



LOBO FRIEND PROGRAM

Lobo Friend is a peer mentorship program offered by UNM GEO to foster communication, friendship, and community between current domestic and international students and incoming international students.



SOCIAL ACTIVITIES



International Student &
Scholar Services

Join ISSS MS Team!

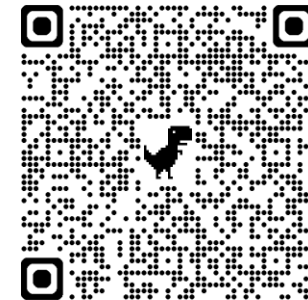
A support network is critical

Events and Workshops: Join
Social Media/ GEO Calendar

Meet others: Sign up for a
Lobo Friend Mentor

Volunteer: Join the
International Service Corps

Trips: Explore NM and the
southwest! GAGEO Getaway
Adventures



Calendar of Orientation Events for Students - August

Highlights

Friday, 8/16

Campus Tour 9-10, Library Tour 10-11

Friday, 8/16

Sandia Peak Tram Trip and Hike: 2:00 - 8:00 pm, **Sign-Up and Pay**
in advance

Saturday, 8/17


International Welcome Picnic 1:00 – 4:00 pm, Duck Pond (near
Zimmerman)




SUBMIT ALL CHECK-IN INFO

- Complete Your Check-in Info in *myGEO* Student portal :


myGEO Student & Scholar Portal
By Ellucian®



Already a user? Sign in with your E-mail address



E-mail



Password

Sign In

[Reset your password](#)

All missing info (address, **long-term** Health insurance, I-94, Passport, Visa, I-20/DS-2019)

FINISH BEFORE 8/23/2024!



**ISSS when you haven't uploaded your
required documents to mygeo portal**

#BarbieTheMovie



ISSS after you've uploaded your required documents to mygeo portal

#BarbieTheMovie

Today's Agenda

08:30 am

Orientation Registration

- Rules and Regulations (Immigration and Other Rules)
- Can I Work in the USA?
- Health Issues
- Life Outside of Class
- Academic Expectations

FREE LUNCH!!!

OR: Lunch Check-In if you didn't do check-in

- Health Insurance Sign-Up for those without insurance

Thanks for Listening!





Rules and Regulations

you must know for your stay in the US!

TOPICS

- Immigration
- Travel
- Other Rules & Laws

WARNING!!!! **YOU ARE RESPONSIBLE FOR KNOWING THESE RULES!!**

- Consequences for violations include deportation and inability to return to the US!
- Rules are complicated, illogical and agencies don't communicate!
- GEO MUST report in SEVIS: enrollment, current address, current major and level, drops below full-time - so keep us updated!
- Ask ISSS Advisors if you don't remember or understand
- RULES CHANGE, SO PAY ATTENTION TO EMAIL ALERTS!
- **Friends** aren't immigration advisors!!!

ATTENTION! Prizes are coming up!!!



Mentimeter Challenge

2nd round

What do you know about
immigration rules?



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Document Basics

(Handout In Packet)

- Always save copies of all immigration documents and tax forms for as long as you plan to remain in the US!
- Keep your documents in a safe place
- Carry immigration documents with you if you travel inside as well as outside of the US
- Key Documents (check yours):
 - Passport
 - I-20 for F1 Students/DS-2019 for J1 Students
 - I-94 arrival/departure record
 - Visa



Passport Rules

- Must be valid for 6 months into the future when entering the US
- Must be valid to work
- Renew with your embassy/consulate in the US or at home
- Update *myGEO portal* when you get a new one!

I-20 or DS-2019

- Paper sent to you by the school (J1 students May have this from an organization and not the school)
- Use it to apply for a visa (F or J)
- Must ALWAYS be valid and correct (update if there are changes)
- End date is just an estimate; permission to stay ends when you complete program requirements!
- MUST renew it BEFORE the end date if you aren't finished!

I-20

Department of Homeland Security
U.S. Immigration and Customs Enforcement

I-20, Certificate of Eligibility for Nonimmigrant Student Status
OMB NO. 1653-0038

SEVIS ID: N0012857555

SURNAME/PRIMARY NAME [REDACTED]	SEVIS ID#	GIVEN NAME [REDACTED]	CLASS F-1 ACADEMIC AND LANGUAGE
PREFERRED NAME [REDACTED]	Student Info	PASSPORT NAME	
COUNTRY OF BIRTH [REDACTED]		COUNTRY OF CITIZENSHIP [REDACTED]	
DATE OF BIRTH [REDACTED]		ADMISSION NUMBER	
FORM ISSUE REASON INITIAL ATTENDANCE - Updated Form I-20 or Name Conversion		LEGACY NAME [REDACTED]	

SCHOOL INFORMATION

SCHOOL NAME University of New Mexico University of New Mexico	Reason for this printing	SCHOOL ADDRESS Global Education Office, MSC06 3850, Albuquerque, NM 87131
SCHOOL OFFICIAL TO CONTACT UPON ARRIVAL Linda Melville Senior Operations Manager	School Info	SCHOOL CODE AND APPROVAL DATE ELP214F00205000 22 JANUARY 2003

I-20

Program Info

PROGRAM OF STUDY

EDUCATION LEVEL

MASTER'S

MAJOR 1

Electrical and Electronics
Engineering 14.1001

MAJOR 2

None 00.0000

PROGRAM ENGLISH PROFICIENCY

Required

ENGLISH PROFICIENCY NOTES

Student is proficient

EARLIEST ADMISSION DATE

09 JULY 2019

START OF CLASSES

19 AUGUST 2019

PROGRAM START/END DATE

08 AUGUST 2019 - 14 MAY 2022

Just an estimate. Don't let it expire!

FINANCIALS

ESTIMATED AVERAGE COSTS FOR: 12 MONTHS

Tuition and Fees	\$ 20,065
Living Expenses	\$ 16,447
Expenses of Dependents (0)	\$
Other	\$
TOTAL	\$ 36,512

STUDENT'S FUNDING FOR: 12 MONTHS

Personal Funds	\$ 0
Assistantship	\$ 32,584
Family Funds	\$ 3,928
On-Campus Employment	\$
TOTAL	\$ 36,512

I-20

REMARKS

7b. Includes mandatory student health insurance

SCHOOL ATTESTATION

I certify under penalty of perjury that all information provided above was entered before I signed this form and is true and correct. I executed this form in the United States after review and evaluation in the United States by me or other officials of the school of the student's application, transcripts, or other records of courses taken and proof of financial responsibility, which were received at the school prior to the execution of this form. The school has determined that the above named student's qualifications meet all standards for admission to the school and the student will be required to pursue a full program of study as defined by 8 CFR 214.2(f)(6). I am a designated school official of the above named school and am authorized to issue this form.

X

DATE ISSUED

PLACE ISSUED

SIGNATURE OF: Linda Melville, Senior Operations Manager, 25 July 2015

Albuquerque, NM

School official

STUDENT ATTESTATION

I have read and agreed to comply with the terms and conditions of my admission and those of any extension of stay. I certify that all information provided on this form refers specifically to me and is true and correct to the best of my knowledge. I certify that I seek to enter or remain in the United States temporarily, and solely for the purpose of pursuing a full program of study at the school named above. I also authorize the named school to release any information from my records needed by DHS pursuant to 8 CFR 214.3(g) to determine my nonimmigrant status. ~~Parent or guardian, and student, must sign if student is under 18.~~

X

Student

SIGNATURE OF:

Signature

DATE

NAME OF PARENT OR GUARDIAN

X

SIGNATURE

ADDRESS (city/state or province/country)

DATE

I-20 (p. 2)

Department of Homeland Security
U.S. Immigration and Customs Enforcement

I-20, Certificate of Eligibility for Nonimmigrant Student Status
OMB NO. 1653-0038

SEVIS ID: N0012857555 (F-1)

NAME:

EMPLOYMENT AUTHORIZATION

EMPLOYMENT STATUS

TYPE

EMPLOYMENT START DATE

EMPLOYMENT END DATE

EMPLOYER NAME

EMPLOYER LOCATION

COMMENTS

Any off-campus work must be authorized here or it is not legal

I-20 (p. 2)

CHANGE OF STATUS/CAP-GAP EXTENSION

REQUESTED VISA TYPE	REQUEST/PETITION STATUS	RECEIPT NUMBER	BENEFIT START DATE/REQUEST DATE
---------------------	-------------------------	----------------	---------------------------------

EVENT HISTORY

EVENT NAME	EVENT DATE
------------	------------

OTHER AUTHORIZATIONS

AUTHORIZATION	START DATE	END DATE
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Other updates are listed here

I-20 (p. 2)

TRAVEL ENDORSEMENT

This page when properly endorsed, may be used for reentry of the student to attend the same school after a temporary absence from the United States. Each certification signature is valid for one year.

SCHOOL OFFICIAL	TITLE	SIGNATURE	DATE ISSUED	PLACE ISSUED
		X		
		X		
		X		
		X		

**Need signature less than 6 months old
from ISSS advisor to reenter the US**
Get this at least 1 week before you travel!

DS-2019

Student info



U.S. Department of State

CERTIFICATE OF ELIGIBILITY FOR EXCHANGE VISITOR STATUS (J-NONIMMIGRANT)

OMB APPROVAL NO.1405-0119

09/30/2017

ESTIMATED BURDEN TIME: 45 min

*See Page 2 **SEVIS #**

1. Surname/Primary Name:	Given Name:	Gender:	N0011146616 J-1		
		MALE			
Date of Birth (mm-dd-yyyy):	City of Birth:	Country of Birth:		Citizenship Country Code:	Citizenship Country:
		PAKISTAN		PK	PAKISTAN
Legal Permanent Residence Country Code:	Legal Permanent Residence Country:	Position Code:		Position:	
PK	PAKISTAN	213		UNIVERSITY TEACHING STAFF INCLUDING R	
Primary Site of Activity: University of New Mexico					
1 University of New Mexico					
MSC06 3850					
Albuquerque, NM 87131-0001					
2. Program Sponsor: University of New Mexico			Program Number: P-1-01853		
Participating Program Official Description:					
PROFESSOR; RESEARCH SCHOLAR; SHORT-TERM SCHOLAR; SPECIALIST; STUDENT ASSOCIATE; STUDENT BACHELORS; STUDENT DOCTORATE; STUDENT INTERN; STUDENT MASTERS; STUDENT NON-DEGREE					
Reason for printing					
Purpose of this form: Updated Form DS-2019 or Name Conversion					

DS-2019

Reason

Purpose of this form: Updated Form DS-2019 or Name Conversion

3. Form Covers Period:

From (mm-dd-yyyy): 08-06-2014

To (mm-dd-yyyy): 05-09-2020

Start and End Dates

4. Exchange Visitor Category:

STUDENT DOCTORATE

Program Info

Subject/Field Code:
23.1304

Subject/Field Code Remarks:

Student has been admitted to the PhD in
Communication program

5. During the period covered by this form, the total estimated financial support (in U.S. \$) is to be provided to the exchange visitor by:

The Exchange Visitor's Government : \$178,482.00

University of New Mexico- Amigo Scholarship : \$119,694.00

Personal funds : \$35,766.00

Total : \$333,942.00

Funding Info

DS-2019

6. U.S. DEPARTMENT OF STATE / DHS USE OR CERTIFICATION BY RESPONSIBLE OFFICER OR ALTERNATE RESPONSIBLE OFFICER THAT A NOTIFICATION COPY OF THIS FORM HAS BEEN PROVIDED TO THE U.S. DEPARTMENT OF STATE (INCLUDE DATE).

7. Linda Melville

Responsible Officer

Name of Official Preparing Form
Global Education Office, MSC06 3850
1 University of New Mexico
Albuquerque, NM 87131

Title

505-277-4032

Telephone Number

07-21-2015

Date (mm-dd-yyyy)

Signature of Responsible Officer or Alternate Responsible Officer

8. Statement of Responsible Officer for Releasing Sponsor (FOR TRANSFER OF PROGRAM)

Effective date (mm-dd-yyyy): . Transfer of this exchange visitor from program number sponsored by to the program specified in item 2 is necessary or highly desirable and is in conformity with the objectives of the Mutual Educational and Cultural Exchange Act of 1961, as amended.

Signature of Responsible Officer or Alternate Responsible Officer

Date (mm-dd-yyyy) of Signature

School Official

DS-2019

PRELIMINARY ENDORSEMENT OF CONSULAR OR IMMIGRATION OFFICER REGARDING SECTION 212(e) OF THE IMMIGRATION AND NATIONALITY ACT AND PL 94-484, AS AMENDED (see item 1(a) of page 2).		TRAVEL VALIDATION BY RESPONSIBLE OFFICER (Maximum validation period is 1 year*)	
The Exchange Visitor in the above program:		*EXCEPT: Maximum validation period is up to 6 months for Short-term Scholars and 4 months for Camp Counselors and Summer Work/Travel.	
1. <input type="checkbox"/> Not subject to the two-year residence requirement.		(1) Exchange Visitor is in good standing at the present time	
2. <input checked="" type="checkbox"/> Subject to two-year residence requirement based on:		Date (mm-dd-yyyy)	
A. <input checked="" type="checkbox"/> Government financing and/or		Signature of Responsible Officer or Alternate Responsible Officer	
B. <input type="checkbox"/> The Exchange Visitor Skills List and/or		(2) Exchange Visitor is in good standing at the present time	
C. <input type="checkbox"/> PL 94-484 as amended		Date (mm-dd-yyyy)	
Name _____ Title _____		Signature of Responsible Officer or Alternate Responsible Officer	
Signature of Consular or Immigration Officer _____ Date (mm-dd-yyyy) _____		Date (mm-dd-yyyy) _____	
THE U. S. DEPARTMENT OF STATE RESERVES THE RIGHT TO MAKE FINAL DETERMINATION REGARDING 212 (e).		Signature of Responsible Officer or Alternate Responsible Officer _____	
EXCHANGE VISITOR CERTIFICATION: I have read and agree with the statement in item 2 on page 2 of this document.			
Signature of Applicant _____		Place _____ Date (mm-dd-yyyy) _____	

Home residency requirement

Signature from ISSS advisor or Org Advisor less than 6 months old to return

I-94

(Print at cbp.gov/I94)

- Also called an arrival/departure record
- Records your entry to the US
- DOWNLOAD a new one each time you reenter and save for your records (upload to **myGEO portal** for back-up)
- Shows your current legal non-immigrant status (required for proof of status so carry when out of ABQ)
- Shows the end date of your status
- Students should have D/S = “Duration of Status” – means no SPECIFIC end date



Most Recent I-94

Admission (I-94) Record Number: 68625822030

Most Recent Date of Entry: 2015 July 24

Class of Admission: F1

Admit Until Date: D/S

Details provided on the I-94 Information form:

Last/Surname:

First (Given) Name:

Birth Date:

Passport Number:

Country of Issuance: India

[Get Travel History](#)

► Effective April 26, 2013, DHS began automating the admission process. An alien lawfully admitted or paroled into the U.S. is no longer required to be in possession of a preprinted Form I-94. A record of admission printed from the CBP website constitutes a lawful record of admission. See 8 CFR § 1.4(d).

► If an employer, local, state or federal agency requests admission information, present your admission (I-94) number along with any additional required documents requested by that employer or agency.

► Note: For security reasons, we recommend that you close your browser after you have finished retrieving your I-94 number.

[For inquiries or questions regarding your I-94, please click here.](#)

[Accessibility](#) | [Privacy Policy](#)

I-94

US Visa

- Sticker with picture issued by US consulate
- Gives permission to ENTER the US in a specific immigration status (allowed to expire while you are here)
- Permission to ENTER the US with that visa between the date of issue and expiration (some exceptions for travel to Canada or Mexico)
- You do NOT need to leave if your visa expires, but the next time you DO leave the US, you need to get a new one to be able to RETURN!
- Update **myGEO portal** when you get a new one



To maintain student status, **ALWAYS...**

1. Attend the college/university on the I-20/DS-2019
2. Provide a correct residential address to GEO within 10 days of making a change
3. Maintain full-time enrollment
4. Have a correct & unexpired I-20 or DS-2019
5. Maintain a valid passport
6. Speak with GEO before transferring schools
7. Observe the grace period after completing your program
 - ▣ 60-day grace for F students
 - ▣ 30-day grace for J students

To maintain student status, **NEVER...**

8. WORK OFF CAMPUS without prior authorization on your I-20 or DS-2019
9. WORK in “ON CAMPUS EMPLOYMENT” for more than 20 hours per week while school is in session (Fall and Spring) or after you finish your program
10. Take a leave of absence, withdraw from classes, or drop below full-time until you speak with a GEO advisor (no matter what ANYONE tells you!)

Let us know if you leave UNM!

Full-Time Study

Online Restrictions

Online Course Restrictions:

- ONLY 3 credit hours of your minimum full-time credit requirement can be in “Online” courses (hybrid classes are NOT online”)
- You can take more, but only 3 credits can be counted toward the full-time minimum

Undergraduate Students Full-Time Study

- Undergraduate students must COMPLETE each semester with 12 credit hours
(≥ 9 must be face-to-face or hybrid)
- Scholarship students must take 15 credit hours
(≥ 9 must be face-to-face or hybrid)
- There are grade restrictions that affect this “full-time minimum” number for immigration rules

Exchange Students Full-Time Study

- Exchange must COMPLETE each exchange semester with 12 credit hours
(≥ 9 must be face-to-face or hybrid)
- If you came here to only take grad classes, consult an advisor (you need to be confirmed as grad)
- There are grade restrictions that affect this “full-time minimum” number for immigration rules

Full-Time Study

Grades that count

Courses that DO count toward your full-time requirement for immigration purposes:

- standard grade: A, B, C, D, F
- credit/no credit: C/NC
- Incomplete: I

Courses that Do NOT count toward the full-time requirement:

- “Audit” grade option
- “W” grade (W=withdraw/dropped course)

Full-Time Study Summer Vacation

- You **MUST** enroll full-time in fall and spring
- You do not need to enroll in Summer unless you begin or end studies in summer
- Tuition for summer classes is at the resident rate (unless flat rate program)

Exceptions to Full-Time

VERY FEW EXCEPTIONS EXIST !

All must be authorized IN ADVANCE by the international advisor!!!

EXCEPTION TYPES:

1. Academic (Uncommon and Common Types)
2. Medical



Exceptions to Full-Time

Academic:

Uncommon exceptions:

- Initial difficulties with English language, reading requirements or American teaching methods
- Improper course level placement

Common exceptions: (still need to be authorized)

- Undergraduate degree students (NOT exchange) in final semester of study (need fewer credits to graduate)



Exceptions to Full-Time

Medical:

- Medical excuse authorized by Medical Doctor or licensed psychologist
- Needs to recommend that you drop classes due to illness or medical condition



“Grace Period”

Only for students who **complete** the program:

F students have 60 days to J Students have 30 days to...

- Leave the U.S. or
- Get a new I-20/DS-2019 from a new institution/program or
- Apply for post-completion student work permission or
- Change to another immigration status

**Students who terminate their program before completing
do NOT have a grace period!!!!**

Work Following Study

- Students can apply to work after study; apply at beginning of final semester to get the work permission on time
 - F1: No job needed to apply
 - J1: Job required before the DS-2019 expires!
- After completing program requirements, you are not eligible to work on campus unless you have received post-completion work authorization



Commercial Break

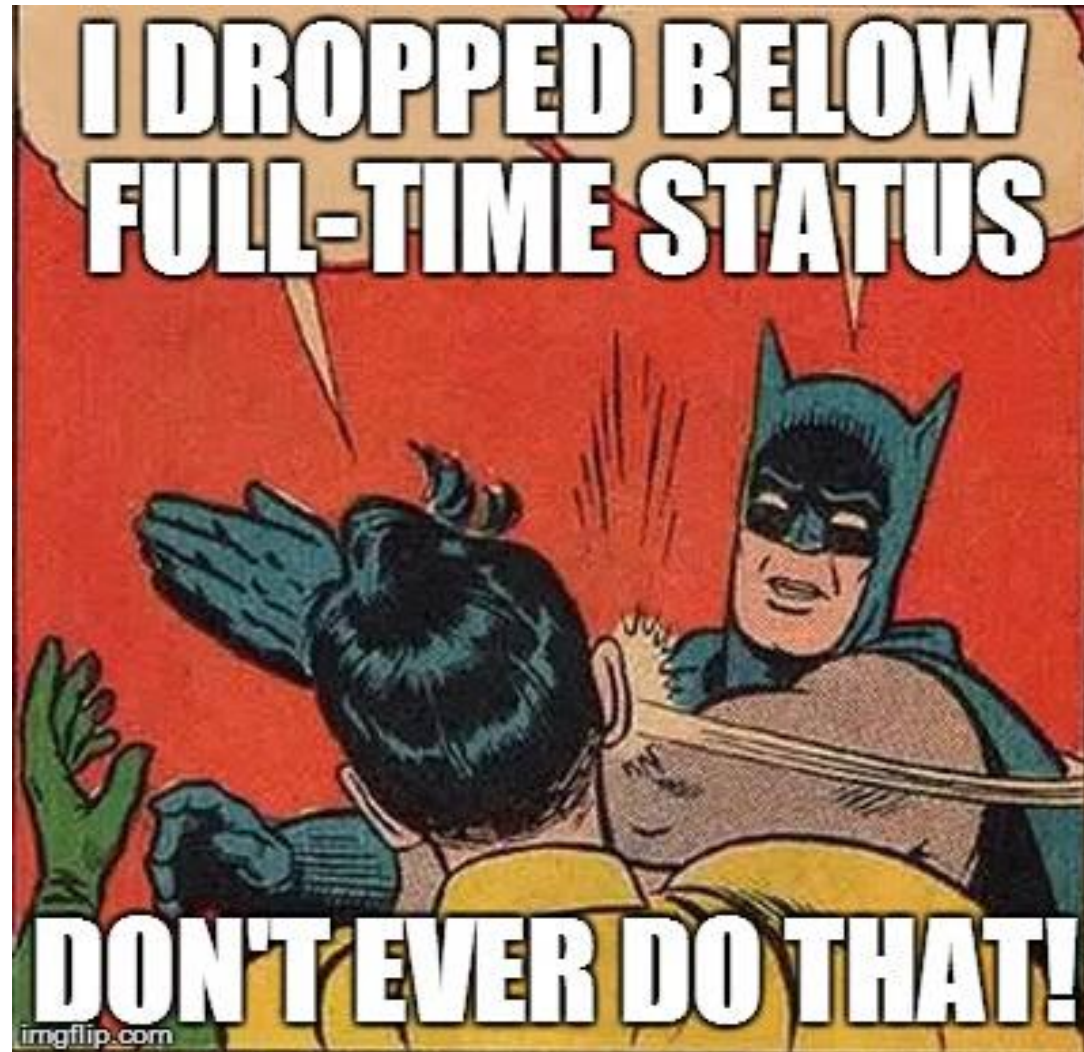
In a college far, far away, two international students are leaving class...

Professor's Office

Global Education Office

Later that day

MESSAGE?



Travel Requirements

For Travel in the US (out of ABQ)

- **Passport**
- **I-94**
- **I-20/DS-2019**
- **In ABQ e-copies work (I-94 is the actual legal requirement)**



Travel Requirements

For travel out of the US and return:

- **Passport (unexpired)**
- **US visa (unexpired);** (Travel to Canada & Mexico – ask an advisor)
- **ISSS advisor's signature less than 6 months old**
(on pg. 2 of I-20 or pg.1 of DS-2019)
- **Current Financial proof**
- **Copy of transcript**



Travel Requirements

- Get ISSS signature 1 week before travel
- If you leave the U.S. AFTER you complete your program you CANNOT re-enter on your student VISA!!!!



If you need to apply for a visa to return to the US to continue study consult an ISSS Advisor before you go

Travel Requirements

ATTENTION EXCHANGE STUDENTS!

- You have 30 days to travel around the US from the end date on your DS-2019 (grace period)
- If you leave the US during this time OR you want to travel for longer, you will have to take some action!!!

Travel Requirements

ATTENTION EXCHANGE STUDENTS!

If you travel out of the US after you complete the exchange and you will reenter the US before you go home, you **MUST** reenter as a **visitor/tourist**:

- If you come from a “visa waiver” country you will need to register in the ESTA system before you travel (<https://esta.cbp.dhs.gov/esta/>)
- If you don't, you will have to have a tourist visa in your passport to reenter.

Travel Requirements

ATTENTION EXCHANGE STUDENTS!

- If you want to travel around the US for LONGER than 30 days, you MUST do one of these things:
 - Leave the country and re-enter on a tourist visa or by registering in ESTA if you don't need a visa OR
 - Apply for a change of status by paying a \$420 fee and filing an application to USCIS

DO NOT STAY AFTER 30 DAYS!!! WITHOUT TAKING SOME ACTION!!!



Tax Issues

- Tax year: January 1st to December 31st
- Taxes due April 15 for previous year
- ALL **international** students must complete US tax forms for each year they are in the US even if they have NO US income!
- Tax system is complex so you will need to devote time to reading and filling out forms
- Tax information session for international students and tax advising in March

Other Rules and Laws

You need to know



Mentimeter Questions

3rd round

What do you know about
rules in the US?

Campus & Cultural Rules

- No alcohol on campus (outside of Faculty House and Draft & Table)
- Smoking is allowed in designated areas only and NEVER inside
- Americans are sensitive to smell - wash your clothes and body often and wear deodorant to avoid judgement from others and embarrassing situations!



UNM Campus Police:

police.unm.edu

University of New Mexico Police Department

- Contact Info:
Hokona Hall 1st floor
across from
Hospital, 505-277-
2241
- Safety Escort
Service: Takes you
from one on-campus
location to another
- Bike registry on
website: May help if
your bike is stolen.



What to do for Emergencies

- Campus Emergencies: Call **505-277-2241** # is on your Lobo card or use blue emergency phones located throughout campus
- Emergencies anywhere in US: Call **911**
- If non-medical emergency after hours:
Call GEO at **505-277-4GEO**
(e.g. stuck at a border, consulate, etc.)



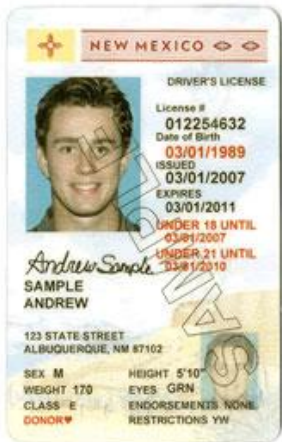
Bicycle Safety

- ALWAYS wear a helmet
- Use lights at night!
- Be careful. Some areas are not bike friendly
- Buy U locks for your bike; bike theft is common on campus– available at UNM Bicycle Shop, North Entrance to Johnson Center
- Find bike map at www.cabq.gov



Car Regulations and Safety

NEW MEXICO DRIVER'S LICENSE:



- Get a NM driver's license if you will drive regularly and will live here for more than 6 months
- If you will not drive regularly, an international license should work, but insurance is more expensive
- Driver's license or state ID is a good idea for everyone as a form of legal identification (info in e-packet and on ISSS website)
- Read the handout in the e-packet or on our website before you go!

Car Regulations and Safety

- You MUST have car insurance when driving
- Pay TICKETS! (Parking, Speeding, etc.)
- Do not make any “special request” if the police officer gives you a ticket!
- **If you are stopped by the police:** Do not get out of the car. Place your hands on the wheel where the officer can see them. Get out license, registration and insurance when asked







Car Regulations And Safety

NEVER drink and drive!
USE ALTERNATIVE TRANSPORTATION



A Albuquerque
R Rapid
T Transit



Consumer Related Issues

- Internet scams: Don't send anyone money you don't know!
- No government office or bank will call you on the phone and ask you to provide your SSN or payment.
- Buy insurance for any large money transactions or use services such as Paypal.



Housing Regulations

- Renters Rights:
<https://www.cabq.gov/office-of-consumer-protection/renters-rights>



**What??? You mean....
NO drinking under 21????**



Drinking Laws

- MUST be 21 to drink in the US!
- Government ID is required to order alcohol or enter a bar!
- IT IS A FELONY (SERIOUS CRIME) TO GIVE ALCOHOL TO ANYONE UNDER 21!!!
- ABQ Police “Party Patrol” often raids parties in the area near campus; if you are hosting a party with alcohol, make sure guests are over 21!!!

Sex, Drugs, and Guns



- Illegal drugs are ILLEGAL!!!
- Even if drugs are legal by state law, it is a violation of your immigration status!
- It is illegal to own a firearm (gun) while in the US on a visa!
- Sexual misconduct is serious in the US. Consent is the most important thing and is not possible if you are not SOBER! You must understand US rules to avoid trouble!

<https://www.internationalstudentinsurance.com/explained/sexual-assault-awareness-video.php>

Sexual Misconduct

- Degree students go through sexual assault prevention training
- Confidential reporting sites exist on campus to support victims (LGBTQ, SHAC)
- Be an advocate!
- Important to understand rules and laws since they may be different from home!

<https://www.internationalstudentinsurance.com/explained/sexual-assault-awareness-video.php>

Legal and Criminal Issues

- Important to know the laws that are problematic
- Avoid getting into trouble in the first place!
- Violations are EXPENSIVE and may affect your immigration status
- If you are charged with a crime or arrested, seek legal assistance and talk to a GEO advisor to understand the issues

If You are Stopped by the Police, Immigration or FBI*

- **Stay calm and be polite.** Don't run or resist. Keep your hands where the police can see them.
- **Right of refusal to search.** You have the right to refuse unless there is a warrant.
- **Ask if you are free to leave.** If the officer says yes, calmly walk away. If you are under arrest, you have a right to: remain silent, have an attorney and contact your consulate
- **Do not lie or give false statements and do not sign anything without talking to a lawyer.**

BREAK

Be back in 10 minutes!!!



Can I Work in the USA?

International Student Work Requirements

Photo by: Susann Kõomägi

Work Eligibility Requirements

- **Must meet eligibility criteria for specific type of work permission**
- **Must maintain legal full-time student status throughout your studies**
 - **Maintain G.P.A. of 2.0 for undergraduates**
 - **Must consult a GEO advisor well in ADVANCE for any off-campus work (needs special authorization)**

Work Types for F-1 and J-1

F-1 Students

“ON CAMPUS”

(For UNM only)

OTHER (after 1 year)

OR “OFF CAMPUS”

- 1. Curricular Practical Training (“CPT”)**
- 2. Optional Practical Training (“OPT”)**
- 3. Severe Economic Hardship**

J-1 Students

“ON CAMPUS”

(For UNM only)

OTHER (after 1 semester)

OR “OFF CAMPUS”

- 1. Academic Training (“AT”)**

On-Campus Work

How Many Hours Can I work?

- 20 hours per week:
During the Semester (MUST be taking classes)
(US students can work 30 hours, so don't get confused!)
- More than 20 is allowed during semester breaks
(summer/winter break)
IF you plan to continue your studies at UNM
More per week (restrictions depend on course enrollment
and type of work)

Types of On-campus Work for Undergraduate Students

Student Employment Jobs:

All International students **ARE ELIGIBLE**

US STUDENTS ONLY  Work Study Jobs: International students are **NOT ELIGIBLE** – Listed in job description

On-Campus Employment Process

Students with on-campus jobs need to complete work procedures

F-1 students do not need any special permission to work on campus, but will need to show passport, I-20, I-94 for processing paperwork and will need to get an SSN letter signed by the department and ISSS and apply at beginning of employment.

J-1 students will need a form from ISSS BEFORE they can begin work

Note: J-1 students must also notify GEO if there is a change of employment. Your employment information MUST be entered in SEVIS every year and when you change jobs!

UNMJobs.unm.edu

A close-up photograph of an agave plant, showing its thick, pointed leaves with serrated edges.

Are you a current
UNM Employee?
Retiree?
Hiring Coordinator or Approver?
Log in here!

I would like to...

Search for a Job

Check on my Application

Sign my Offer Letter

Complete Onboarding Tasks

Need Help?

A photograph of a campus scene with trees, a path, and buildings, overlaid with a dark red filter.

**Staff
Careers**

A photograph of a statue in front of a building with an arched entrance, overlaid with a dark teal filter.

**Faculty
Careers**

A photograph of a large group of students posing together, overlaid with a dark purple filter.

**Student
Jobs**

A photograph of a university building with a person on a bicycle in the foreground, overlaid with a dark grey filter.

**Temp
Assignments**

Explore Career Opportunities

 Enter a job title or keyword

Search

Filters

Reset

Date Posted

- ☐ Within 1 day (15)
- ☐ Within 3 days (28)
- ☐ Within 7 days (53)
- ☐ Within 15 days (76)
- ☐ Within 30 days (139)
- ☒ Anytime (214)

Current Openings

Student x

Afterschool Program Attendant
Albuquerque, NM, United States
8/10/2022

Planetarium Assistant
Albuquerque, NM, United States
8/10/2022

Community Liaison
Albuquerque, NM, United States
8/10/2022

Campus



- ☒ Main - Albuquerque, NM (169)
- ☐ Health Sciences Center (HSC) - Albuquerque, NM (17)
- ☐ Gallup (13)
- ☐ Valencia (14)
- ☐ Taos (1)

Afterschool Program Attendant

Albuquerque, NM, United States | req21396



[Apply Now](#)

[Share](#) ▼

[Save Job](#)

[← Back to Search](#)

Student Intermediate Level

Requisition ID	req21396
Working Title	Afterschool Program Attendant
Pay	\$15.00 Hourly
Campus	Main - Albuquerque, NM
Department	Off Campus Work Study (454F) 
Employment Type	Student Employment 
Student Type	Work Study 
Status	Non-Exempt
Background Check Required	Yes
For Best Consideration Date	8/17/2022
	Organization: Southwest Preparatory Learning Center Location: 10301 Candelaria Rd NE, Albuquerque, New Mexico 87112

Off Campus Work F-1 STUDENTS

**There are three types of
F1 “off- campus” work:**

ONLY after one academic year of full-time enrollment!

- CURRICULAR PRACTICAL TRAINING (CPT)
- OPTIONAL PRACTICAL TRAINING (OPT)
- SEVERE ECONOMIC HARDSHIP

NEVER work off-campus without an ISSS advisor’s written authorization!

Department of Homeland Security
U.S. Immigration and Customs Enforcement

I-20, Certificate of Eligibility for Nonimmigrant Student Status
OMB NO. 1653-0038

SEVIS ID: N0012857555 (F-1)

NAME:

EMPLOYMENT AUTHORIZATION

EMPLOYMENT STATUS	TYPE
EMPLOYMENT START DATE	EMPLOYMENT END DATE
EMPLOYER NAME	EMPLOYER LOCATION
COMMENTS	

Any off-campus work must be authorized here or it is not legal

Off Campus Work J-1 STUDENTS

J1 “off- campus” work

ONLY after one academic semester of full-time enrollment

- “Academic Training”
- Amount of Time Eligible to Work depends on length of study

J-1 Academic Training



U.S. Department of State

CERTIFICATE OF ELIGIBILITY FOR EXCHANGE VISITOR (J-1) STATUS

OMB APPROVAL NO.1405-0119

EXPIRES: 07-31-2011

ESTIMATED BURDEN TIME: 45 min

*See Page 2

1. Family Name: [REDACTED]		First Name: [REDACTED]	Middle Name:	Gender: FEMALE	NO006383176	
Date of Birth (mm-dd-yyyy): [REDACTED]		City of Birth: Suncheon	Country of Birth: SOUTH KOREA	Citizenship Country Code: KS		Citizenship Country: SOUTH KOREA
Legal Permanent Residence Country Code: KS		Legal Permanent Residence Country: SOUTH KOREA	Position Code: 215	Position: UNIVERSITY UNDERGRADUATE STUDENTS		
Primary Site of Activity: 115 Montclair SE Albuquerque, NM 87106						
2. Program Sponsor: University of New Mexico						Exchange Visitor Program Number: P-1-01853
Participating Program Official Description: PROFESSOR; RESEARCH SCHOLAR; SHORT-TERM SCHOLAR; SPECIALIST; STUDENT ASSOCIATE; STUDENT BACHELORS; STUDENT DOCTORATE; STUDENT INTERN; STUDENT MASTERS; STUDENT NON-DEGREE						
Purpose of this form: Amend a previous form; Academic Training Added						
3. Form Covers Period: From (mm-dd-yyyy): 08-19-2009 To (mm-dd-yyyy): 08-31-2010		4. Exchange Visitor Category: STUDENT NON-DEGREE Subject/Field Code: 45.1001 Subject/Field Code Remarks: Exchange student in Political Science				
5. During the period covered by this form, the total estimated financial support (in U.S. \$) is to be provided to the exchange visitor by: Personal funds : \$14,339.00 Total : \$14,339.00					Academic Training: Organizing for America - (05/16/2010 - 08/31/2010)	

Social Security Number

- **F-1 and J-1 students who work MUST obtain a Social Security Number (SSN)** (you can't get one if you don't work)
- **YOU HAVE TO GO TO THE US GOVERNMENT SOCIAL SECURITY OFFICE DOWNTOWN** and you must take:
 - Original passport
 - I-20/DS-2019
 - I-94
 - UNM employment verification form signed by an ISSS advisor

Need more information?

- ***Attend *Working as an International Student*, Friday, Aug 30th***
- **Ask an international advisor**
- **Check the info at iss.unm.edu**
- **Read email messages sent from iadvisor@unm.edu regarding immigration and work issues!!!!**





Health Issues

Photo by: Susann Kõomägi

YOUR HEALTH IS IMPORTANT!

- No one expects to get sick!
- If it happens, you need to understand the US system, where to go, and how to use your insurance



HEALTH INSURANCE AT UNM

Health insurance is **MANDATORY** for international students!!!

- **Exchange students** must buy ISI insurance:
<https://www.internationalstudentinsurance.com/schools/university-new-mexico.php>
- **Students with Athletic scholarships and Government-sponsored students** have insurance through those sponsors
- **ALL OTHER International Students** need to sign up for US-based health insurance coverage for their ENTIRE STAY in the US!

HEALTH INSURANCE AT UNM

Two Types of Plans Available to Undergrad Degree Students:

1. “Emergency” or “Illness – only” Plans designed for International Students (i.e., the ISI plan on website)

OR

2. US Marketplace Plans sold at bewellnm.com or Medicaid if under 21



International Student Plans

International Plans DO NOT:

- Cover pre-existing conditions
- Cover preventative care
- Have unlimited benefits
- Have their claims processed directly by the UNM Student Health Center
- Cover things that are not medically necessary

International Plans DO

- Cover new illnesses and injuries
- Cover medical evacuation and repatriation of remains (required for J1 visa holders)
- Have limits on how much they will cover and what they will cover
- Will require you to file claim forms if you visit the UNM student health center and want insurance to pay
- Charge more for those over 24

US Marketplace Plans

US Marketplace Plans DO NOT:

- Allow you to sign up at any time
- (You MUST sign up when you first move here or in November for the next year)
- Have an easy sign-up process

US Marketplace Plans DO

- Allow pre-existing conditions
- Allow coverage for preventative care (medical only – no dental or vision)
- Provide tax credits to students according to income
- Cover an illness without a dollar limit
- Require you to file a special tax form at which time you MAY have to pay back some of the subsidy

Marketplace sign up help is at 1:15 today after Lunch

Medicaid

Degree Students under 21 ONLY!

- Free for degree students under 21 who qualify
- Medicaid Sign-Up help is at 1:15 after lunch today!
- **MUST track your emails and respond to questions or denials**

Health Insurance

To Decide: Read the information, THEN

Think about your personal situation:

- Are you under 21 for at least one year more? Are you over 24?
- Do you have any current or recurring medical issues (“pre-existing conditions”)
- Do you take any regular medications?
- How much are you willing to RISK a huge financial bill?
- Are you willing to take the time to apply for Marketplace or Medicaid insurance and always update your info on the website?
- Do you agree to file the special tax forms? (If not, you will owe the government money back!)

**STAY FOR THE INSURANCE SESSION TODAY IF YOU DO NOT
HAVE INSURANCE FOR THE WHOLE SEMESTER!**

Health Insurance

After you buy:

1. **Upload coverage info at *myGEO* portal** - one easy page that has your name and the dates of coverage (NOT ALL PAGES)
2. **Print an insurance card** – Carry this in your wallet!
3. **Do not have a gap in your health insurance** (even if you will leave the US for vacation). If you have a gap your policy is considered NEW and NOT continuing which is a problem.
4. **Fill out claim forms for any charges within the time limit** (usually 2 months) – Do this even for health center charges so that you are adding up dollars toward meeting your “deductible”

**SO...WHERE
SHOULD YOU
GO WHEN YOU
GET SICK?**



STUDENT HEALTH & COUNSELING

- Called **SHAC**
- Open Weekdays 8-5
(Tuesday 9-5) – NO
WEEKENDS OR HOLIDAYS!
- Medical and Counseling
Services for Students:
 - Appointments & Same Day
 - Pharmacy
 - Lab and X-Ray
 - Specialties
 - Health Education



Can call after hours for
emergency advice

GO TO SHAC FOR ALL ROUTINE CARE!!!



- All currently enrolled students can be seen at SHAC
- Cost is MUCH lower than elsewhere
- Care is offered by experienced doctors, advanced practice providers, and nurses
- Same-day appointments are available

**Best place to go when you get sick!!!
BUT NOT OPEN ON WEEKENDS!**

Where to go if SHAC can't help

- If SHAC is closed and you have an urgent need, you will need to go to an “Urgent Care” facility or the hospital Emergency Room.
- Contact your insurance provider to go somewhere “in network” for the cheapest price
- BUT...DO NOT USE THE EMERGENCY ROOM FOR NON-EMERGENCIES



When to Use the Emergency Room

- Heart Attack
- Fractures/broken bones
- Seizures
- Severe pain
- Stroke
- Uncontrollable Bleeding
- Unconsciousness
- Childbirth



When to Use Urgent Care

- Allergies
- Sinus infections
- Cold
- Cough
- Flu-like symptoms
- Sore throat
- Dizziness
- Ear aches
- Fever
- Insect bites
- Minor cuts
- Back pain
- Minor Burns
- Sprains
- Strains
- Rashes
- Upset Stomach
- Vomiting
- Diarrhea



Mental Health Issues

What to remember

- Please seek help if you need it!
- There is no shame in needing someone to talk to while away from home!!!
- It's confidential
- Most resolve their issues!!!

What to do:

- Seek an individual consultation at SHAC.unm.edu
- Attend one of the self-help workshops

Mentimeter Questions

Final Round

**Again:
What do I
do if I get
sick?**

- Unless it is a medical emergency, you should always seek help from SHAC first
- If SHAC can't help go to an ***In-Network*** provider for the lowest cost
- Students are responsible for their insurance “*deductible*” and any “*co-insurance*”
- You will have to fill out a “claim form” if the provider does not take your insurance

**Again: What
do I do about
insurance?**

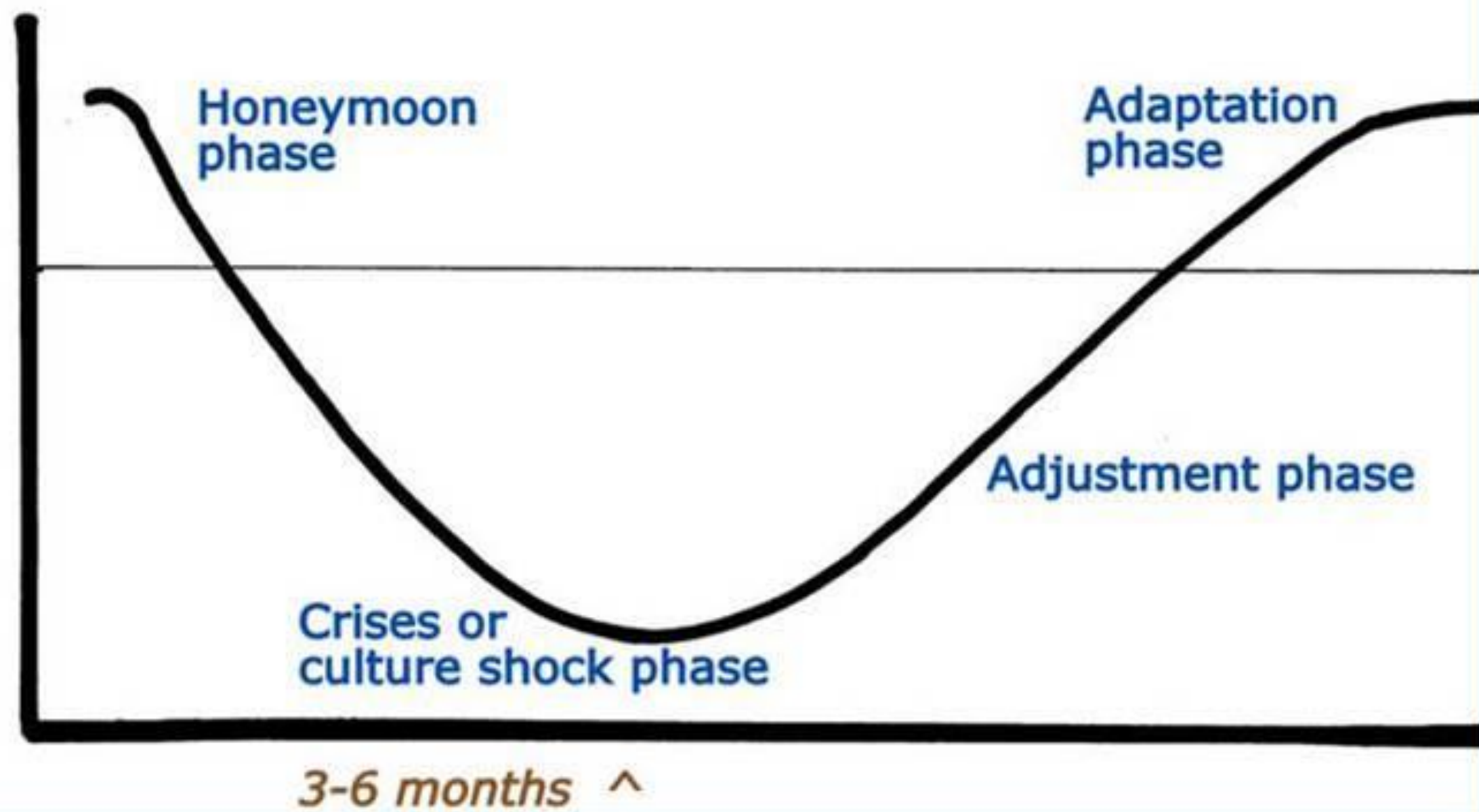
- Read the Health Insurance Information
- Attend insurance sign-up TODAY if you don't have long-term insurance!



Overcoming Culture Shock

Culture Shock U curve

By Brian Hennessy





A Word on Cultural Adjustment

IT HAPPENS TO EVERYONE!!!

Experiences and Advice from your fellow students

How to Overcome Culture Shock

- Expect ups and downs (extremes in feelings)
- Keep busy and active; take time to socialize, play sports, do hobbies
- Make American friends as well as international friends
- Learn all you can about the culture and language and think about the parts you really like
- Do the things that make you feel good at home
- Keep a sense of humor and be ready to laugh at yourself
- Realize that *everyone* who moves to a foreign culture experiences culture shock

Life Outside of Class





RECREATIONAL SERVICES

THE UNIVERSITY OF NEW MEXICO
Recreational Services

1102 Johnson Center, UNM, 505.277.0178

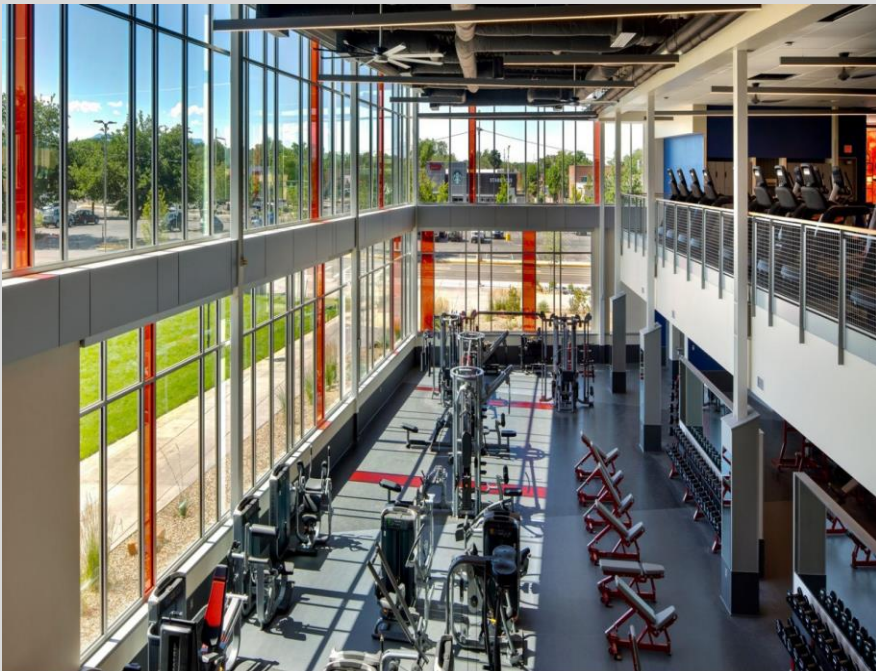
recservices.unm.edu

Division of Student Affairs
Some programs & services paid for by UNM Student Fees

UNM JOHNSON CENTER
FACILITIES:



**OLYMPIC POOL
JOHNSON POOL
THERAPY POOL**



**CARDIO & WEIGHT
ROOM**



GYMNASIUM

NM RECREATIONAL SERVICES

Intramural Sports



FALL 2024 Fitness Classes:

NM RECREATIONAL SERVICES **FALL 2024** **UNM PackFit** **AUGUST 26-DECEMBER 6**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CIRCUIT TRAINING Madelays V 12:00pm-1:00pm JC Functional Training Room	PILATES Alisha R 12:00pm-1:00pm JC Denso Room	CIRCUIT TRAINING Madelays V 12:00pm-1:00pm JC Functional Training Room	PILATES Alisha R 12:00pm-1:00pm JC Denso Room	CIRCUIT TRAINING Madelays V 12:00pm-1:00pm JC Functional Training Room
SOUL FUSION Tiffany R 12:00pm-1:00pm UNM Denso Room	YOGA Fellisa M 12:00pm-1:00pm JC Fitness Room	SOUL FUSION Tiffany R 12:00pm-1:00pm UNM Denso Room	YOGA Fellisa M 12:00pm-1:00pm JC Fitness Room	GLUTE SCULPT Madelays V 4:00pm-5:00pm JC Functional Training Room
SELF DEFENSE Markus B 6:00pm-6:50pm UNM Denso Room	DEEP WATER AEROBICS Marty M 12:00pm-1:00pm UNM Olympic Pool	AQUA JOGGING Marty M 12:00pm-1:00pm UNM Olympic Pool	CORE Sharia O 1:00pm-2:00pm Fitness Room	
AQUA JOGGING Marty M 6:30pm-7:30pm UNM Olympic Pool	CORE Sharia O 1:00pm-2:00pm Fitness Room	SELF DEFENSE Markus B 6:00pm-6:50pm UNM Denso Room	DEEP WATER AEROBICS Marty M 8:30pm-9:30pm UNM Olympic Pool	



UNM PackFit

FALL 2024 FITNESS SCHEDULE

The "PackFit" Pass is valid for all classes on the FALL 2024 "PackFit" Schedule. NO CLASSES: SEPTEMBER 2, OCTOBER 10-11, 2024. ALL classes, times, names, dates, instructors, and locations are subject to change or cancellation at any time. Please check with the UNM Recreational Services office to register and/or for changes in the schedule prior to the beginning of class. These classes are not available for academic credit. UNM Tuition Remission benefits are now available for full time UNM Faculty and Staff.

Please visit our website for the current updates on the PackFit Schedule.



FREE
to UNM
Students!

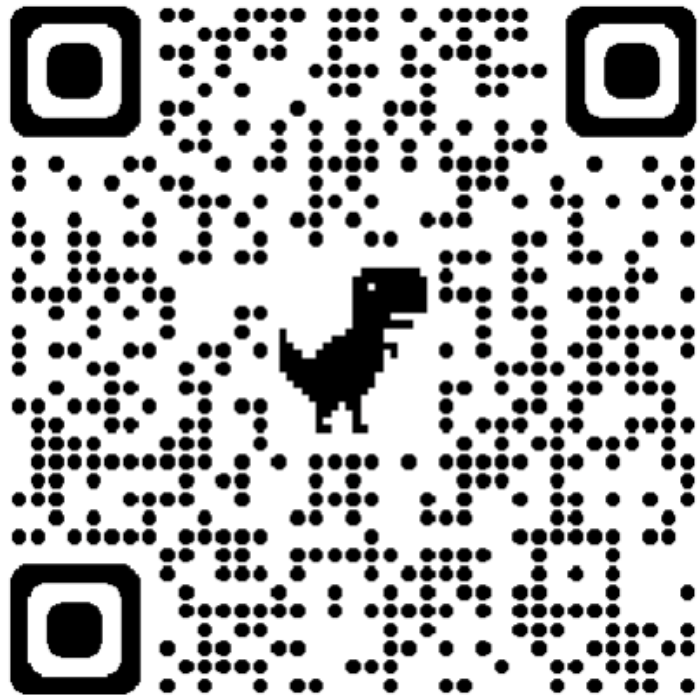


\$175.00 UNM Faculty/Staff
\$200.00 Community

THE UNIVERSITY OF NEW MEXICO
Recreational Services
1102 Johnson Center, UNM, 505.277.0178
recservices.unm.edu



Getaway Adventures



**FALL 2024
GETAWAY
ADVENTURES**



Illustration of several people climbing a large saguaro cactus, symbolizing adventure and outdoor recreation.

SEPTEMBER 28
High 5 Zip Line Tour
Glorieta Camps

SEPTEMBER 28
Santa Fe Art Studio Tour

OCTOBER 2
Balloon Ride with Rainbow Ryders

OCTOBER 5
Harvest Festival
El Rancho de las Golondrinas

OCTOBER 10
Relaxation Day Ojo Santa Fe

OCTOBER 19-20
White Sands
Organ Mountains Overnight

OCTOBER 26
Stand Up Paddle and
OctHobie Fest at Elephant Butte

NOVEMBER 2
Fall Colors Bosque Bike Ride

NOVEMBER 9
Rock Climbing Socorro Box

NOVEMBER 15
Supermoon Sandia Hike

REGISTER at the UNM Outdoor Adventure Center or
online: recservices.unm.edu

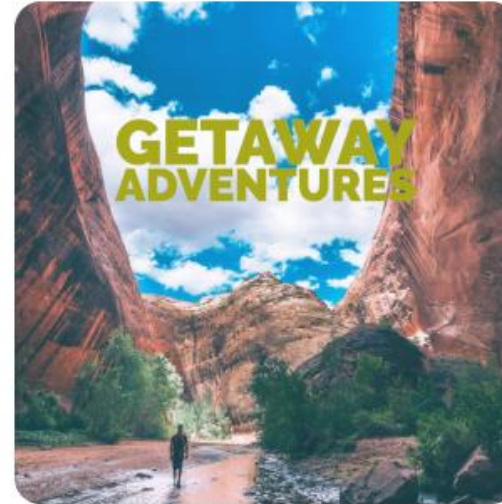
Outdoor Adventure Center

Latest News

No latest news



Reservations





Social Activities

ABQ Tram: Friday, August 16th, 2024



- ABQ Tram
- 2:00-8:00PM
- Meet at Johnson Field
- Sign-up and pay online
- Prepare for hiking and wear layers

Welcome Picnic: Saturday, August 17th, 2024

- UNM Duck Pond
- 1:00 – 4:00 pm
- Food and Music
- Free



Louie's Lounge: Wednesday, August 21, 2024

- Weekly gathering starting August 21st from 4:00-6:00PM for 6 weeks!
- Student Union Building
- Games, snacks, fun!
- Bring friends!



Other Awesome Activities

- October 9th –Balloon Fiesta
- November 2nd Dia de Lost Muertos



How to stay connected with UNM and ABQ community?

LOBO FRIENDS PROGRAM



INTERNATIONAL SERVICE CORPS



INTERNATIONAL SERVICE CORPS



Forge Valuable Connections: Build meaningful relationships for future career opportunities.

Enhance Your Resume: Gain practical experience and strengthen your resume.

Earn a Certificate of Appreciation: Receive recognition for your contributions at the end of the semester.

Promote Intercultural Interaction: Contribute to enriching interactions with the Albuquerque community.

Is your spouse in the US with you?
Invite them to join!



CERTIFICATE OF APPRECIATION

- For Participants who do 10 hrs. of volunteer work throughout the semester
- You will join us for a certification ceremony and dinner celebration

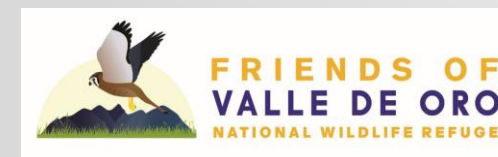


Our volunteer work

- Cultural presentations for local schools
- Pack lunches and clothes for homeless shelters
- Serve as translators for local refugee organizations
- Plant trees and participate in nature restoration events
- Support local conferences and cultural events in town



Our Community partners



BE A VOLUNTEER!



LOBO FRIENDS PROGRAM



Benefits for Mentees

- **Guidance:** Receive support in navigating a new academic and social environment.
- **Cultural Adjustment:** Learn about local customs and practices.
- **Academic Support:** Get tips and resources for academic success.
- **Social Integration:** Make friends and feel more connected to the community.



ACTIVITIES WE DO TOGETHER



A woman with dark hair is looking through a black microscope. The scene is dimly lit, with a warm orange glow on her face. In the background, two computer monitors are visible; the one in front shows a colorful image, possibly a microscopic view. The overall atmosphere is focused and scientific.

Academic Expectations

Fatima Guevara, Academic Advisor



WELCOME LOBOS

In this presentation we will cover:

For All:

- Colleges and programs at UNM
- Academic Expectations
- Registration for classes
- Academic Integrity & Use of AI
- Scenarios
- Resources at UNM

For Degree Students Only:

- Case Studies
- How to succeed in your program
- Expectations for your academic advisor
- Tools to check your degree progress



UNM Colleges & Schools

Undergraduate programs at UNM are offered through *colleges* or *schools*. Each has different *departments, programs* and *advisement units* where you go for questions.

- College of Arts & Sciences – A&S Center for Academic Success
- School of Engineering – School of Engineering Academic Advisement
- Pre-health majors – University College Advisement Center (UCAC)

Undergraduate Degrees

College of Arts & Sciences

College of Arts & Sciences	Latin American Studies (B.A.)
Africana Studies (B.A.)	Linguistics (B.A.)
American Studies (B.A.)	Mathematics (B.S.)
Anthropology (B.A. or B.S.)	Native American Studies (B.A.)
Astrophysics (B.S.)	Philosophy (B.A.)
Biochemistry (B.A. or B.S.)	Physics (B.S.)
Biology (B.A. or B.S.)	Physics and Astrophysics (B.A.)
Chemistry (B.A. or B.S.)	Political Science (B.A.)
Chicana and Chicano Studies (B.A.)	Portuguese (B.A.)
Classical Studies (B.A.)	Psychology (B.A. or B.S.)
Communication (B.A.)	Religious Studies (B.A.)
Comparative Literature and Cultural Studies (B.A.)	Russian (B.A.)
Criminology (B.A.)	Signed Language Interpreting (B.S.)
Earth and Planetary Sciences (B.A. or B.S.)	Sociology (B.A.)
East Asian Studies (B.A.)	Spanish (B.A.)
Economics (B.A.)	Speech and Hearing Sciences (B.A.)
English Studies (B.A.)	Statistics (B.S.)
English-Philosophy (B.A.)	Women, Gender, and Sexuality Studies (B.A.)
Environmental Science (B.S.)	Health, Medicine and Human Values (B.A.)
French (B.A.)	International Studies (B.A.)
Geography and Environmental Studies (B.A. or B.S.)	Journalism and Mass Communication (B.A.)
German (B.A.)	Languages (B.A.)
History (B.A.)	

College of Education & Human Sciences

Elementary Education (B.S.)
Family and Child Studies (B.S.Ed.)
Physical Education (B.S.Ed.)
Secondary Education (B.A.Ed. Or B.S.Ed.)
Special Education (B.S.Ed.)
Community Health Education (B.S.)
Exercise Science (B.S.)
Family and Child Studies (B.S.)
Nutrition and Dietetics (B.S.)

College of Pharmacy

Pharmaceutical Sciences (B.S.)

College of Population Health

Population Health (B.S.)

Honors College

Honors Interdisciplinary Liberal Arts (B.A.)

Anderson School of Management

Business Administration (B.B.A.)

School of Architecture and Planning

Architecture (B.A.A.)
Environmental Planning and Design (B.A.E.P.D.)

School of Engineering

Chemical Engineering (B.S.Ch.E.)
Computer Science (B.S.C.S.)
Computer Engineering (B.S.Cp.E.)
Civil Engineering (B.S.C.E.)
Construction Engineering (B.S.Cn.E.)
Construction Management (B.S.C.M.)
Electrical Engineering (B.S.M.E.)
Mechanical Engineering (B.S.M.E.)
Nuclear Engineering (B.S.N.E.)

School of Medicine

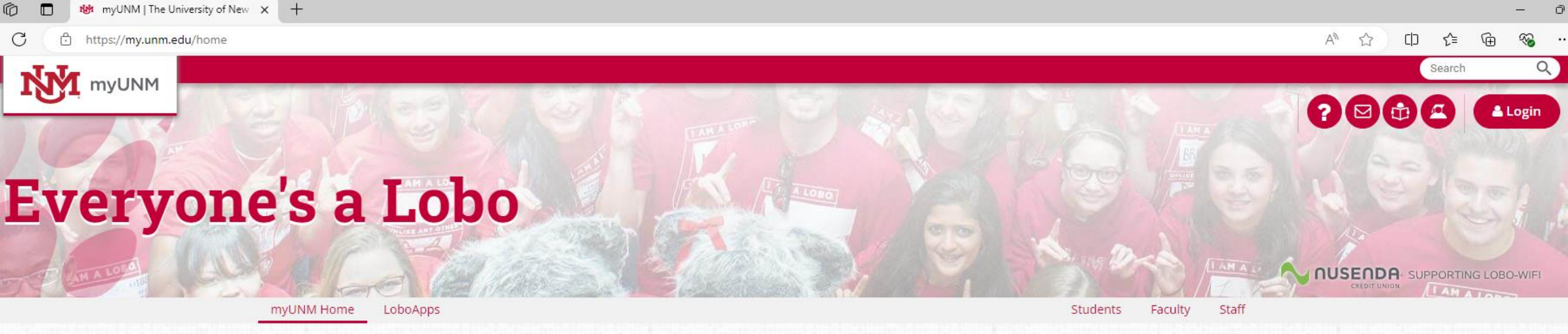
Dental Hygiene (B.S.D.H.)
Emergency Medical Services (B.S.)
Medical Laboratory Sciences (B.S.M.L.)
Radiologic Sciences (B.S.)

University College

Liberal Arts (B.A.)
Integrative Studies & Innovation (B.I.S.I.)

College of Fine Arts

Art Education (B.A.)
Art History (B.A.)
Art Studio (B.A or B.F.A.)
Dance (B.A.)
Film and Digital Arts (B.A. or B.F.A.)
Interdisciplinary Arts (B.A.)
Music (B.A. or B.M.)
Music Education (B.M.E.)
Theater (B.A.)
Design and Technology for Performance (B.F.A.)



Your program information

LoboWeb is the portal where UNM students register for classes, view holds and final grades, run degree audits, make payments, etc.

To access LoboWeb and see your program information:

- Go to **my.unm.edu** (LoboWeb)
- Log in with your NetID and password
- Click the big **RED** button that says ***“Enter Loboweb”***)
- Student Menu – **Student Profile**
- You will be able to see your program information (degree, college, major, minor, and catalog term).
- Exchange students are “Non-degree” at UNM

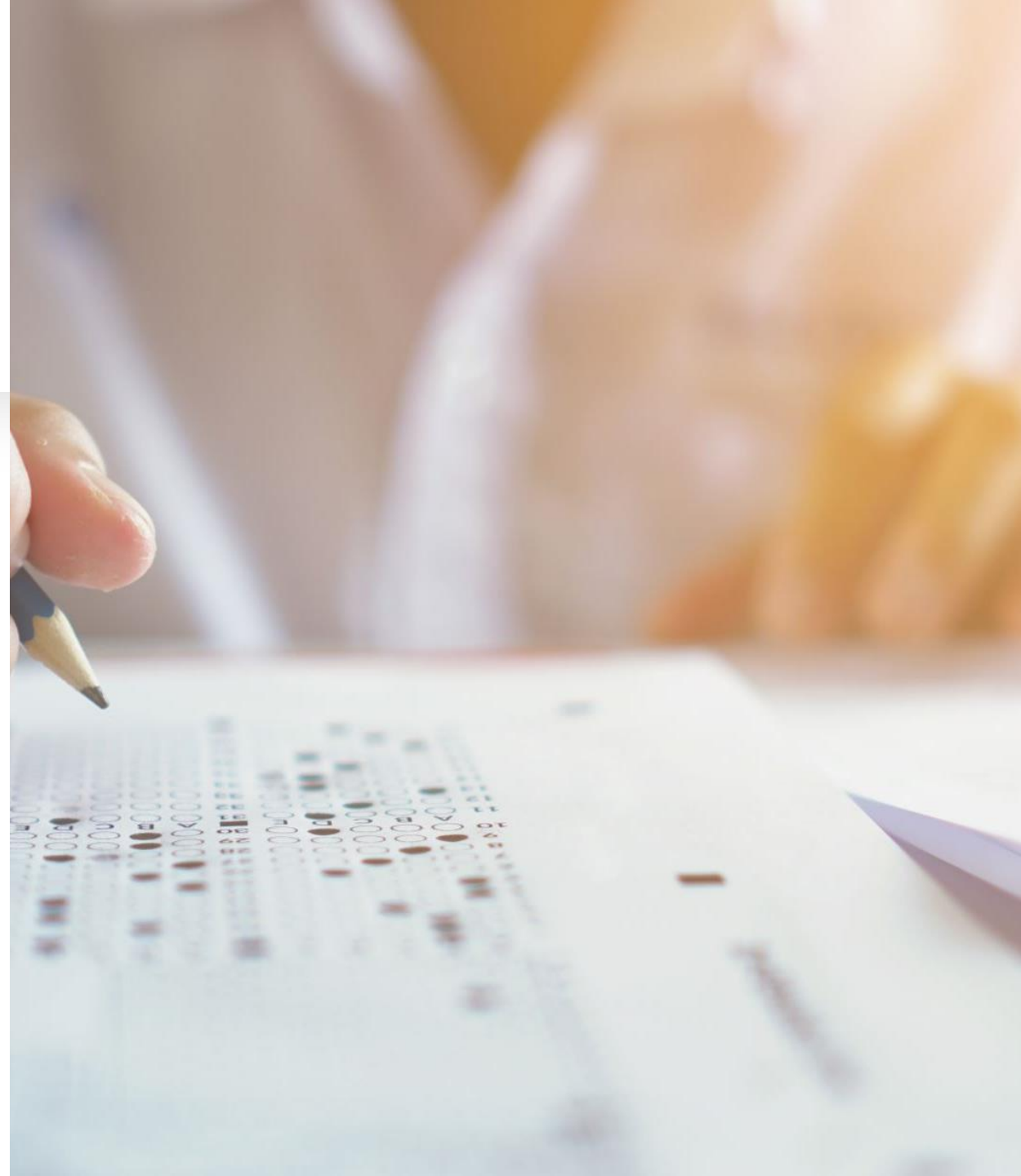
Academic development is

YOUR RESPONSIBILITY

You are the only one responsible for:

- ❖ Planning your degree
- ❖ Registering for classes
- ❖ Completing all your courses
- ❖ Communicating with your professors and advisors
- ❖ Submitting forms on time
- ❖ Complying with academic integrity policies
- ❖ Completing your program

No one else will do the job for you!



Registration for classes

- Registration for Spring begins in November, and for Fall in April
- Resolve all HOLDS before your registration appointment date (types: pre-requisite, advisor, international admissions, etc.)
- Degree-seeking students **MUST** meet with an academic advisor before registration to plan their schedule and remove advisement holds
- Your appointment date to register for classes is based on the number of credits you have earned. Registration Dates are here: (<https://registrar.unm.edu/>)
- Register for classes on your appointment date
- Registration opens at 7 am. Register ASAP as classes fill up very quickly!
- Contact your academic advisor if you have any issues with registration. Most advisement offices have drop-in hours during registration week.



Academic Integrity

Academic standards and scholastic rules vary from one country to another. It is your job to know the rules and meet expectations. Failure to comply can have severe consequences for your academic and immigration statuses in the U.S.

Academic dishonesty definition at UNM includes: “... dishonesty in quizzes, tests, or assignments; claiming credit for work not done or done by others; hindering the academic work of other students; misrepresenting academic or professional qualifications within or outside the University; and nondisclosure or misrepresentation in filling out applications or other University records.” (<https://pathfinder.unm.edu>).

Regulations and policies at UNM:

- [The Pathfinder - UNM Student Handbook](https://pathfinder.unm.edu) - <https://pathfinder.unm.edu>
- [UNM Academic Catalog - Scholastic Regulations](https://catalog.unm.edu) – <https://catalog.unm.edu>
- Student Conduct and Grievance Procedures (Faculty Handbook D175, D176) - <https://handbook.unm.edu>

Using Artificial Intelligence in College

- Generative AI can complete schoolwork for you but WILL impact your student status.
 - Using AI's work as your own is considered **plagiarism**.
- Ways to utilize AI ethically and adhere to academic integrity standards:
 - Check with your instructors to ask what is allowed in each course
 - If using AI is allowed, use it only as permitted
 - Disclose all AI usage

Issues with AI



AI tools are not independently intelligent. They can't replicate human creativity and critical thinking skills when writing and analyzing information.



Information provided may be decontextualized, biased, false, or inaccurate.



Content generated can be linguistically correct but scientifically impossible.



AI can generate citations that don't exist, attributing content to the wrong author.



Privacy considerations.

How to talk about AI usage for class

- Before you ask questions, review the syllabus.
- If the use of AI isn't clear in the syllabus, here are some questions you can ask:
 - *I am wondering what the AI policy for the course is?*
 - *Can you share your perspective on using AI, like ChatGPT or other tools for our assignments?*
 - *If I can use AI, how would I disclose my use?*
 - *Can I use Grammarly** or other tools that use AI for my paper? (Be ready to explain to your instructor what the tool does).*

** Grammarly's premium version includes a generative AI feature; make sure to clarify which part of Grammarly you may be allowed to use!

TL;DR about AI?

- Check in about general policies on the use of AI in the course before using it
- Understand the limitations of AI
- **NEVER** submit AI's work as your own; **ALWAYS** disclose usage of AI
- When writing something, consider a platform that can track your editing history (as a precaution)
- Think of AI as your conversation buddy for a brainstorm your final product (not as a tool to create the final product!)

pla·gia·rism



Is it plagiarism or not?

Scenario #1

You are writing your final paper for one of your classes and you find a good article online with data that supports your main idea. You decide to copy and paste the data exactly as in the article and you do not provide a citation.

Yes, this is plagiarism. You must cite work done by others including text, data, images, etc.

Scenario #2

You paraphrase an idea from an article using your own words and writing style while citing the author in the text and including the full source (author, article, year, page, etc.) in your bibliography.

No, this is not plagiarism. The intellectual work of the original author has been acknowledged and the full source included.

Scenario #3

One of your assignments includes replying to a post on an online discussion board. You read one of your classmates' posts, but you don't know what to reply so you decide to use ChatGPT to create a response. You change a few words and submit the response as your own.

Yes, this is plagiarism. Presenting someone else's work (even work generated by AI) as your own work is a form of academic dishonesty.

Scenario #4

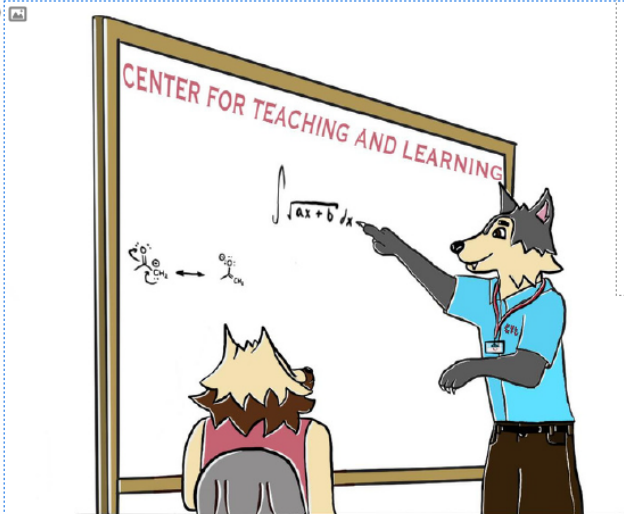
While writing a mid-term paper, you include the authors of the articles you used in the body of your paper, but you forget to include the rest of the citation (title, year, page, etc.) in the bibliography.

Yes, this is plagiarism. Even if you include the author in your text, you must include the full source.

ALWAYS give credit to the author and include the full source.

Resources at UNM

- **Accessibility Resource Center (ARC)** – accommodations for disabilities
- **UNM Libraries** - Zimmerman, Centennial, Fine Arts (borrow books and materials, reserve study rooms, talk to a librarian, computers, etc.)
- **UNM AI Resources Website**
- **Career Services** – support with resumes, cover letters, interview preparation
- **Student Centers** – ISSS/GEO, El Centro de la Raza, African American Student Services, Asian American Pacific Islander Resource Center, LGBTQ Resource Center, Women's Resource Center
- **LoboRespect Advocacy Center**
- **TimelyCare** and SHAC healthcare for students
- **Lobo Food Pantry**
- **Center for Teaching and Learning (CTL)** – workshops, tutoring, proofreading, etc.



CENTER FOR
TEACHING & LEARNING

STUDENT LEARNING ASSISTANCE

HELPS WITH:

- TUTORING
- WORKSHOPS
- ONLINE SUPPORT
- OWL (ONLINE WRITING LAB)



Exchange Student Breakout

- Degree-seeking students will stay for some case studies and additional information for degree-seeking students

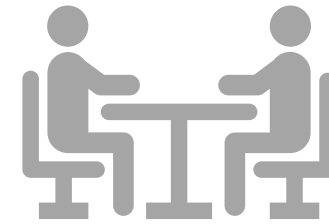
EXCHANGE:

- Get out Transcript Request form (to give to GEO staff)
- Take all your belongings and exit through the back of the room
- You will grab lunch and be able to ask other exchange questions before we join you (an academic advisor will be there to answer registration questions)

Case Studies



We will be reading 3 case studies.



After each, you will spend about 2 minutes chatting with the person next to you about it and brainstorming ways to address the situation.

Case 1

It is 8:45 am and you just woke up! You are running late for your 9:00 am class and you are exhausted. You get to a class a few minutes after it has started. You sit down quickly but once the professor starts talking you keep falling asleep. Your professor does not say anything to you about your lateness or falling asleep. You decide the class is too early in the morning, so you stop going to class because the professor puts all the lectures online anyway. You receive a bad grade on your first assignment, which is worth 25% of your grade. When you approach your professor about improving your grade, they are unsympathetic. What has happened and how can you correct the situation?

Case 2

Midterms are here! All your classes have assignments or exams this week. You have a huge assignment due in two days but have not started because you were studying for an exam in another class. You find out your friend took the same class two semesters ago and they send you their assignment to help you understand what is required. You decide to use your friend's paper as a template, but you only moderately edit the paper (and some of it through using AI). The professor gives you a zero for your assignment and drops you from the course. Your friend gets accused of cheating by sharing the paper with you and they get kicked out of their research lab. Why did the professor do this? What are the lessons learned from this example? How can you prevent this from happening?

Case 3

Things seem to be going well in your classes. Then out of nowhere, you get the flu! Before you realize it, you have missed two weeks of class and an exam. You receive an email from the professor warning you will be dropped from the course because you have not attended and are failing. What steps should you take to make up for what you missed? What should you have done to prevent this situation?

Pathfinder: UNM Student Handbook

- Academic Integrity violations are serious!
- Consequences include course failure, loss of scholarship, removal from your program, and expulsion from UNM.
- Students are expected to know the rules.
- When in doubt, look it up!
- UNM rules are in the Pathfinder at:
<https://pathfinder.unm.edu/index.html>
- Program and course rules also exist.

Meeting your Academic Advisor

Meet with your academic advisor at least once a semester before registration opens to:

- Discuss requirements for your degree
- Adjust your schedule if needed (first 2 weeks of the semester to add or drop classes)
- Talk about your academic and career goals
- Submit academic forms
- Change your major if desired
- Remove advisement holds
- Always use your UNM email to communicate with your advisor. Academic advisors do not respond to non-UNM emails.

You can always meet with your advisor to seek guidance on your academic journey.

****Academic advisors do NOT advise about scholarships or student visa requirements.**

Advisor Expectations

Academic Advisors are excellent resources to you while on your academic journey and can answer questions about your program's curriculum and degree requirements. While they aren't counselors or experts in other UNM fields, they can refer you to various resources and services on campus.

Advisor Dos

- Help you register during orientation.
- Recommend classes that will progress your degree.
- Know curriculum requirements for your department.
- Be well versed in academic UNM policies.
- Guide you through your degree progress and help you make sure you're on track.
- Be accessible by appointment, drop-ins, or email.
- Help you navigate various resources and services on campus.
- Maintain confidentiality.

Advisor Donts

- Answer scholarship and financial aid questions.
- Drop classes or register for you.
- Remove holds outside of academic advising (NSO, Bursar's, Admissions, Faculty).
- Let you register for classes that are full or override waitlists.
- Answer questions about housing/meal plans/etc.



LoboMail

When emailing your advisor, please provide:

- Remember to only use your UNM email account so that we can keep your academic record secure and confidential.
- Be sure to include your full name, major, and UNM ID number.
- A precise subject in the subject line that indicates the type of information you seek.
- Full information about your concerns/questions. Try to **provide as much detail as possible** so that your advisor can answer your questions correctly and promptly.
- Reference any background information that can be helpful
- Advisors will do their best to reply promptly. You can usually expect a reply within two (2) business days, after which you should feel free to send a follow up email.


LoboAchieve

LoboAchieve is the software you use to schedule appointments with academic advisors, and access advising session notes.

Your assigned advisor(s) will appear in the first page of LoboAchieve once you sign in.

Process for Current students to access LoboAchieve

1. Go to: loboachieve.unm.edu
2. Select UNM SIGN IN and sign in with your UNM information

 THE UNIVERSITY OF
NEW MEXICO

LOBOACHIEVE

UNM SIGN INNON-UNM SIGN IN

LOBOACHIEVE IS YOUR #1 TOOL FOR:
Scheduling an appointment with your advisor
Accessing your advising session notes

YOUR ADVISOR IS YOUR RESOURCE!
They provide you with information to help you make decisions according to your degree and career goals
They know everything about your major and degree requirements
They keep you on track toward graduation, especially if you meet with them at least once a semester

GET STARTED

Not A UNM Student?

Plan on attending main campus?

If you are considering attending UNM Main Campus in Albuquerque and would like meet with an advisor we would love to help you! To get started, create an account using the link below.

[CREATE AN ACCOUNT](#)

Plan on attending a branch campus?

If you are interested in an advisor from another UNM campus, visit:

Gallup

Taos

Los Alamos

Valencia

Have an account?

Current UNM Students:[UNM SIGN IN](#)

Prospective Students:[NON-UNM SIGN IN](#)

Use your Degree Audit

LoboTrax degree audit helps you check your progress towards your degree

The report what you have completed and what you still need to complete, as well as other requirements for your degree. If you have transfer credits from other institutions that have been counted toward the degree, they should appear with their UNM course equivalent.

Ask your advisor if you don't see your transfer credits reflected, or they don't match the appropriate UNM course.

 THE UNIVERSITY OF
NEW MEXICO.

LoboWeb

Student Financial Aid Faculty & Advisors Employee Payment

Search

Registration & Records Menu

Registration

[College Scheduler](#)
[Registration \(Add / Drop\), Course Search](#)
[Check Your Registration Status](#)
[Check Your Registration Appointment Date](#)
[View Holds](#)
[Withdraw from Term Info](#)

Records

[Select Term](#)
[View Final Grades](#)
[Access LoboAchieve](#)
[Submit or View LOBO Trax degree audits](#)
[Unofficial Academic Transcript](#)
[Advisement Transcript - UNM](#)
[Order Official Transcript from Parchment](#)
[Check Status of Official Transcript Order](#)



How to succeed in your program: 10 Tips

1. Ask questions
 2. Use academic resources (you are PAYING)
 3. Go to class
 4. Communicate
 5. Use professional communication
-
6. Schedule assignments at the start of the semester and do them all!
 7. Schedule time to study
 8. Participate in class
 9. Use faculty office hours (introduce yourself right away)
 10. Be curious – you are here to LEARN!



How to succeed in your program: Main Issues

- Maintain good relationships with your faculty and advisors through frequent **COMMUNICATION!** (absences, difficulties, things you like, things you are curious about)
- Understand all requirements – **READ!**
- Be **PROACTIVE** – Don't wait until you are in trouble to seek help!

WELCOME TO THE LOBO FAMILY!





LUNCH!!!

Important Questions:
Chicken or Veggie? (Banh Mi Sandwiches)
Let us know if you requested Gluten Free

**Missed Check-In?
Leave now and eat while checking in.**